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CAROLE K. HOLAHAN

Curriculum Vitae

PRESENT POSITION

Professor Emerita, Department of Kinesiology and Health Education
Health Behavior and Health Education
University of Texas at Austin

ADDRESS

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EDUCATION

Duquesne University, B.S. in Ed., 1967 (Mathematics)
University of Massachusetts, M.Ed., 1971 (Educational Research)
University of Texas at Austin, Ph.D., 1976 (Educational Psychology, concentration in quantitative methods)
University of Texas at Austin, 1976-1978 (Postdoctoral Research Associate with Janet T. Spence, Psychology Department, social-developmental psychology)

HONORS

Dean's Fellowship, College of Education, University of Texas at Austin, Fall 2000, Spring 2005, Spring 2016
Fellow, Gerontological Society of America, Social and Behavioral Sciences Section, 2001
Fellow, American Psychological Association, Division 20, Adult Development and Aging, 2000
Mensa Education and Research Foundation Award for Excellence in Research, 1996, 2000
Fellow, Association for Psychological Science, 1990
Fellow, American Psychological Association, Division 35, Psychology of Women, 1986
Scientific Associate, Texas/WHO Collaborating Center for Research and Training in Mental Health and Psychosocial Factors in Health, 2001-2003
Visiting Scholar, Center for Research on Women, Stanford University, 1978-1980

PROFESSIONAL EXPERIENCE

Professor Emerita, Department of Kinesiology and Health Education, University of Texas at Austin (January 2020-present).

Associate Professor to Professor, Department of Kinesiology and Health Education, University of Texas at Austin (1997-January 2020).

Courtesy Appointment, Department of Psychology, University of Texas at Austin (1997-January 2020).

Lecturer to Senior Lecturer, Department of Educational Psychology, University of Texas at Austin, 1989-1997; Lecturer, Department of Psychology, University of Texas at Austin, 1980-1990.

Associate Director, Measurement and Evaluation Center, University of Texas at Austin, 1980-1997.

Research Associate, Terman Study of the Gifted (directed by Robert R. Sears), Department of Psychology, Stanford University, 1978-1980, and Visiting Scholar, Center for Research on Women, Stanford University, 1978-1980.

Postdoctoral Research Associate with Janet T. Spence, Psychology Department, University of Texas at Austin, 1976-1978.

Editor, Mental Ability Tests, Harcourt Brace Jovanovich, New York, New York, 1971-1973.

ARTICLES

Holahan, C. J., & Holahan, C. K. (1977). Sex-related differences in the schematization of the behavioral environment. *Personality and Social Psychology Bulletin*, *3*, 123-126.

Wicker, F., & Holahan, C. K. (1978). Analogy training and synesthetic phenomena. *Journal of General Psychology*, *98*, 113-122.

Holahan, C. K., & Kelley, H. P. (1978). The relationship of the characteristics of entering transfer students and their previous colleges to their attitudes and performance. *Educational Research Quarterly*, *3*, 58-66.

Holahan, C. K. (1979). Stress experienced by women doctoral students, need for support, and occupational sextyping: An interactional view. *Sex Roles*, *5*, 425-536.

Holahan, C. K., & Holahan, C. J. (1979). The relationship of psychological masculinity and femininity and gender to environmental descriptions. *Personality and Social Psychology Bulletin*, *5*, 231-235.

Holahan, C. K., & Gilbert, L. A. (1979). Conflict between major life roles: Women and men in dual career couples. *Human Relations*, *32*, 451-467.

Holahan, C. K., & Gilbert, L. A. (1979). Interrole conflict for working women: Careers versus jobs. *Journal of Applied Psychology*, *64*, 86-90.

Holahan, C. K., & Gilbert, L. A. (1979). A dual career lifestyle. *Discovery: Research and Scholarship at The University of Texas at Austin, 3(3),* 24-27.

Spence, J. T., Helmreich, R. L., & Holahan, C. K. (1979). Negative and positive components of psychological masculinity and femininity and their relationship to self-reports of neurotic and acting out behaviors. *Journal of Personality and Social Psychology*, *37*, 1673-1682.

Helmreich, R. L., Spence, J. T., & Holahan, C. K. (1979). Psychological androgyny and sex-role flexibility: A test of two hypotheses. *Journal of Personality and Social Psychology*, *37*, 1631-1644.

Holahan, C. K., & Spence, J. T. (1980). Desirable and undesirable masculine and feminine traits in counseling and unselected students. *Journal of Consulting and Clinical Psychology*, *48*, 300-302.

Gallessich, J., Gilbert, L. A., & Holahan, C. K. (1980). A training model to facilitate professional effectiveness in power- and sex-salient situations. *Professional Psychology*, *11*, 15-23.

Gilbert, L. A., Holahan, C. K., & Manning, L. (1981). Coping with conflict between professional and maternal roles. *Family Relations*, *30*, 419-426.

Holahan, C. K., & Stephan, C. W. (1981). When beauty isn't talent: The influence of attitudes toward women, physical attractiveness and competence on impression formation. *Sex Roles*, *7*, 867-876.

Holahan, C. K. (1981). Lifetime achievement patterns, retirement and life satisfaction in gifted aged women. *Journal of Gerontology, 36*, 741-749.

Stephan, C. W., & Holahan, C. K. (1982). The influence of status and sex-typing on assessments of occupational outcome. *Sex Roles*, *8*, 823-833.

Gilbert, L. A., & Holahan, C. K. (1982). Conflicts between student/professional, parental and self-development roles: A comparison of high and low effective copers. *Human Relations*, *35*, 635-648.

Holahan, C. K., Thomas, L. M., & Kelley, H. P. (1982). The formation of student performance expectancies: The relationship of student perceptions and social comparisons. *Journal of College Student Personnel*, *23*, 497-502.

Holahan, C. K., Green, J. L., & Kelley, H. P. (1983). A six-year longitudinal analysis of transfer student performance and retention. *Journal of College Student Personnel*, *24*, 305-310.

Holahan, C. K. (1983). The relationship of information search in the parenting decision to life satisfaction. *Family Relations*, *32*, 527-535.

Holahan, C. K. (1984). Marital attitudes over forty years: A longitudinal and cohort analysis. *Journal of Gerontology*, *39*, 49-57.

Holahan, C. K., Holahan, C. J., & Belk, S. S. (1984). Adjustment in aging: The roles of life stress, hassles, and self-efficacy. *Health Psychology*, *3*, 315-328.

Holahan, C. K. (1984-1985). The relationship between life goals at thirty and perceptions of goal attainment and life satisfaction at seventy for gifted men and women. *International Journal of Aging and Human Development*, *20*, 21-31.

Holahan, C. K., & Holahan, C. J. (1987). Self-efficacy, social support, and depression in aging: A longitudinal analysis. *Journal of Gerontology*, *42*, 65-68.

Holahan, C. K. (1987). *Post-retirement adjustment: Effective coping with the stresses of aging*. Hogg Foundation for Mental Health. Austin, TX: The University of Texas, 1-10.

Holahan, C. K., & Holahan, C. J. (1987). Life stress, hassles, and self-efficacy in aging: A replication and extension. *Journal of Applied Social Psychology*, *17*, 574-592.

Holahan, C. K. (1988). Relation of life goals at age 70 to activity participation and health and psychological well-being among Terman's gifted men and women. *Psychology and Aging*, *3*, 286-291.

Holahan, C. K. (1992). Psychological issues in aging among gifted men and women. *Discovery: Research and Scholarship at The University of Texas at Austin*, *12 (2),* 13-16.

Holahan, C. J., Moos, R. H., Holahan, C. K., & Brennan, P. L. (1995). Social support, coping, and depressive symptoms in a late middle-aged sample of patients reporting cardiac illness. *Health Psychology*, *14*, 152-163.

Holahan, C. J., Moos, R. H., Holahan, C. K. & Brennan, P. L. (1996). Social support, coping strategies, and psychosocial adjustment to cardiac illness: Implications for assessment and prevention. *Journal of Prevention and Intervention in the Community*, *13*, 33-52.

Holahan, C. K. (1996). Lifetime achievement among the Terman gifted women. *Gifted and Talented International*, *11*, 65-71.

Holahan, C. J., Moos, R. H., Holahan, C. K., & Brennan, P. L. (1997). Social context, coping strategies, and depressive symptoms: An expanded model with cardiac patients. *Journal of Personality and Social Psychology, 72*, 918-928.

Holahan, C. J., Holahan, C. K., Moos, R. H., & Brennan, P. L. (1997). Psychosocial adjustment in patients reporting cardiac illness. *Psychology and Health*, *12*, 345-359.

Holahan, C. K. (1998). Change in psychosocial functioning and health from age 70 to age 80: Findings from the Terman Sample. *Journal of Mental Health and Aging*, *4*, 335-345.

Polasky, L. J., & Holahan, C. K. (1998). Maternal self-discrepancies, interrole conflict, and negative affect among married professional women with children. *Journal of Family Psychology*, *12*, 388-401.

Holahan, C. K., & Holahan, C. J. (1999). Being labeled as gifted, self-appraisal, and psychological well-being: A life-span developmental perspective. *International Journal of Aging and Human Development, 48,* 161-173.

Holahan, C. K., Holahan, C. J., & Wonacott, N. L. (1999). Self-appraisal, life satisfaction, and retrospective life choices across one and three decades. *Psychology and Aging*, *14*, 238-244.

Holahan, C. J., Moos, R. H., Holahan, C. K., & Cronkite, R. (1999). Resource loss, resource gain, and depressive symptoms: A 10-year model. *Journal of Personality and Social Psychology*, *77*, 620-629.

Holahan, C. J., Moos, R. H., Holahan, C. K., & Cronkite, R. (2000). Long-term posttreatment functioning among patients with unipolar depression: An integrative model. *Journal of Consulting and Clinical Psychology, 68*, 226-232.

Holahan, C. J., Moos, R. H., Holahan, C. K., Cronkite, R. C., & Randall, P. K. (2001). Drinking to cope, emotional distress, and alcohol use and abuse: A 10-year model. *Journal of Studies on Alcohol*, *62*, 190-198.

Holahan, C. K., Holahan, C. J., & Wonacott, N. L. (2001). Self-appraisal, life satisfaction, and retrospective life choices across one and three decades. *Mensa Research Journal*, *32*, 6-20. (This is a republication of the article published in *Psychology and Aging*.)

Mackie, K. S., Holahan, C. K., & Gottlieb, N. H. (2001). Employee involvement management practices, work stress, and depression in employees of a human services residential care facility. *Human Relations*, *54,* 1065-1092.

Holahan, C. K., Holahan, C. J., & Wonacott, N. L. (2001). Psychological well-being at age 80: Health-related and psychosocial factors. *Journal of Mental Health and Aging*, *7*, 1-17.

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Holland, K. & Holahan, C. K. (2003). The relation of social support and coping to positive adaptation to breast cancer. *Psychology and Health*, *18*, 15-29.

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Kenney, B, A., Holahan, C. J., North, R. L., & Holahan, C. K. (2006). Depressive symptoms and cigarette smoking in American workers. *American Journal of Health Promotion*, *20*, 179-182.

Holahan, C. K., & Suzuki, R. (2006). Motivational factors in health-promoting behavior in later aging. *Activities, Adaptation, and Aging*, *30*, 47-60.

Holahan, C. K., Moerkbak, M., & Suzuki, R. (2006). Social support, coping, and depressive symptoms in cardiac illness among Hispanic and non-Hispanic White cardiac patients. *Psychology and Health, 21*, 615-631.

Harris, K. K., Loyo, J., Holahan, C. K., Suzuki, R., & Gottlieb, N. (2007). Cross-sectional predictors of reading to young children among participants in the Texas WIC program. *Journal of Research in Childhood Education*. *21*, 254-268.

Holahan, C. J., Moos, R. H., Moerkbak, M. L., Cronkite, R. C., Holahan, C. K., & Kenney, B. A. (2007). Spousal similarity in coping and depressive symptoms over 10 years. *Journal of Family Psychology, 21,* 551-559.

Holahan, C. K., Holahan, C. J., Velasquez, K., & North, R. (2008). Longitudinal change in happiness during aging: The predictive role of positive expectancies*. International Journal of Aging and Human Development, 66*, 229-241.

Holahan, C. K., Holahan, C. J., & Suzuki, R. (2008). Purposiveness, physical activity, and perceived health in cardiac patients. *Disability and Rehabilitation, 30,* 1772-1778.

Velasquez, K. S., Holahan, C. K., & You, X. (2009). Relationship of perceived environmental characteristics to leisure time physical activity and meeting recommendations for physical

activity among Texas men and women. *Preventing Chronic Disease: Public Health Research, Practice, and Policy, 6 (1)*.

Kenney, B. A., Holahan, C. J., Holahan, C. K., Brennan, P. L., Schutte, K. K., & Moos, R. H. (2009). Depressive symptoms, drinking problems, and smoking cessation in older smokers. *Addictive Behaviors, 34,* 548-553.

Holahan, C. J., Pahl, S. A., Cronkite, R. C., Holahan, C. K., North, R. J., & Moos, R. H. (2010). Depression and vulnerability to incident physical illness across 10 years. *Journal of Affective Disorders, 123,* 222-229.

Holahan, C. J., Schutte, K. K., Brennan, P. L., Holahan, C. K., Moos, B. S., & Moos, R. H. (2010). Late-life alcohol consumption and 20-Year mortality. *Alcoholism: Clinical and Experimental Research*, *34*, 1961-1971.

Holahan, C. K., & Velasquez, K. S. (2011). Perceived strategies and activities for successful later aging. *International Journal of Aging and Human Development, 72*, 343-359.

Holahan, C. K., Holahan, C. J., Powers, D. A., Hayes, R. B., Marti, C. N., & Ockene, J. K. (2011). Depressive symptoms and smoking in middle-aged and older women. *Nicotine and Tobacco Research*, *13*, 722-731. PMID: 21504881.

Holahan, C. K., Holahan, C. J., Velasquez, K. E., Jung, S., North, R. J., & Pahl, S. A. (2011). Purposiveness and leisure-time physical activity in women in early midlife. *Women & Health, 51*, 661-675.

Holahan, C. J., Schutte, K. K., Brennan, P. L., North, R. J., Holahan, C. K., Moos, B. S., & Moos, R. H. (2012). Wine consumption and 20-year mortality among late-life moderate drinkers. *Journal of Studies on Alcohol and Drugs, 73,* 80-88.

Holahan, C. J., North, R. J., Holahan, C. K., Hayes, R. B., Powers, D. A., & Ockene, J. K. (2012). Social influences on smoking in middle-aged and older women. *Psychology of Addictive Behaviors, 26,* 519-526. PMID: 2204130.

Holahan, C. K., Holahan, C. J., North, R. J., Hayes, R. B., Powers, D. A., & Ockene, J. K. (2013). Smoking status, physical health-related quality of life, and mortality in middle-aged and older women. *Nicotine & Tobacco Research*, *15*, 662-669. PMID: 22965789

Holahan, C. K., Holahan, C. J., Li, X., & Jung, S. (2013). Social influences on smoking in American workers: The role of the presence of smokers in the workplace and in the home. *American Journal of Health Promotion, 28,* 105-107.

Holahan, C. J., Schutte, K. K., Brennan, P. L., Holahan, C. K., & Moos, R. H. (2014). Episodic heavy drinking and 20-year total mortality among late-life moderate drinkers. *Alcoholism: Clinical and Experimental Research*, *38*, 1432-1438.

Li, X., Holahan, C. K., & Holahan, C. J. (2015). Sociodemographic and psychological characteristics of very light smoking among women in emerging adulthood, National Survey of Drug Use and Health, 2011. *Preventing Chronic Disease*, *12*, 140547.

Holahan, C. K., Holahan, C. J., & Li, X. (2015). Living with a smoker and physical inactivity: An unexplored health behavior pathway. *American Journal of Health Promotion, 30*, 19-21.

Holahan, C. J., Schutte, K. K, Brennan, P. L., Holahan, C. K., & Moos, R. H. (2015). Drinking level, drinking pattern, and twenty-year total mortality among late-life drinkers. *Journal of Studies on Alcohol and Drugs*, *67*, 552-558.

Vassillière, C. T., Holahan, C. J., & Holahan, C. K. (2016). Race, perceived discrimination, and emotion-focused coping. *Journal of Community Psychology*, *44*, 524-530.

Holahan, C. K., Holahan, C. J., Li, X., & Chen, Y. (2017). Association of health-related behaviors, attitudes, and appraisals to leisure-time physical activity in middle-aged and older women. *Women & Health*, 57, 121-136.

Holahan, C. J., Brennan, P. L., Schutte, K. K., Holahan, C. K., Hixon, J. G., & Moos, R. H. (2017). Late-life drinking problems: The predictive roles of drinking level vs. drinking pattern. *Journal of Studies on Alcohol and Drugs, 78,* 435-441.

Holahan, C. J., Brennan, P. L., Schutte, K. K., Holahan, C. K., Hixon, J. G., & Moos, R. H. (2018). Drinking level vs. drinking pattern and cigarette smoking among older adults. *Alcoholism: Clinical & Experimental Research*, *42*, 795-802.

Chen, Y. T., Holahan, C. K., Holahan, C. J., & Li, X. (2018). Leisure-time physical activity, subjective age, and self-rated memory in middle-aged and older adults. *International Journal of Aging and Human Development, 87,* 377-391.

Walsh, D. W., Green, B. C., Holahan, C.K., Cance, J. D., & Lee, D. (2019). Healthy aging? An evaluation of sport participation as a resource for older adults in retirement. *Journal of Leisure Research, 50,* 56-80. https://doi.org/10.1080/00222216.2018.1554092

Holahan, C. J., Holahan, C. K., Zhen, L., & Powers, D. A. (2019). Living with a smoker and general and central adiposity in middle-aged and older women. *American Journal of Health Promotion*, *33*, 925-927.

Holahan, C. J., Holahan, C. K., Lim, S., & Powers, D. A. (2019). Living with a smoker, health risk behaviors, and adiposity: An analysis with middle-aged and older women. *Journal of Behavioral Medicine, 43*, 850-858. https://doi.org/10.1007/s10865-019-00098-1

Holahan, C. K., Holahan, C. J., Chen, Y. T., & Li, X. (2020). Leisure-time physical activity and affective experience in middle-aged and older women. *Journal of Women and Aging*, 32, 672-683. https://doi.org/10.1080/08952841.2019.1607680.

Zhang, W., Radhakrishnan, K., Becker, H., Acton, G., & Holahan, C. (2020). Self-regulation strategies as predictors: Managing multimorbidities among community-dwelling people aging with arthritis. *Western Journal of Nursing Research*. Epub 2020 Jan. 16. https://doi.org/10. 10.1177/0193945919893679.

Berkley, A. S., Carter, P. A., Yoder, L. H., Acton, G., & Holahan, C. K. (2020). The effects of insomnia on older adults' quality of life and daily functioning: A mixed methods study. *Geriatric Nursing*. https://doi.org/10.1016/j.gerinurse.2020.05.008.

Holahan, C. J., Holahan, C. K., Lim, S., & Powers, D A. (2021). Living with a smoker and multiple health risk behaviors. *Annals of Behavioral Medicine.* Published online 20 August 2020. https://doi.org/10.1093/abm/kaaa059

Holahan, C. K. (2021). Achievement across the life span: Perspectives from the Terman Study of the Gifted. *Gifted Child Quarterly*, *65*, 185-195. https://doi.org/10.1177/00169862209344

Holahan, C. J., Holahan, C. K., Lim, S., Powers, D. A., & North, R. J. (2022). Living with a smoker and physical inactivity across eight years in high-risk medical patients. *Behavioral Medicine*, *48*, 284-293. https://doi.org/10.1080/08964289.2021.1889458 PMID: 33780324, PMCID: PMC8478957

Holahan, C. J., Holahan, C. K., & Moos, R. H. (2022). Binge drinking and alcohol problems among moderate average-level drinkers. *American Journal of Preventive Medicine*, *63*, 324-330. https://doi.org/10.1016/j.amepre.2022.03.021

Li, X., Holahan, C. K., Loukas, A., Holahan, C. J., Pasch, K., & Marti, C. N. (2023). Alternative tobacco use and cigarette smoking transitions among young adults. *Substance Use and Misuse, 58, 389-396*. https://doi.org/10.1080/10826084.2023.2165408

BOOK

Holahan, C. K., & Sears, R. R. in association with L. J. Cronbach (1995). *The gifted group in later maturity.* Stanford, CA: Stanford University Press, 363 pages.

This book includes an analysis of four waves of data collected between 1972 and 1986 on the subjects in the Terman Study of the Gifted during their aging years, as well as analyses of antecedent factors from the Terman files associated with health and well-being in aging.

CHAPTERS

Holahan, C. K. (1980). Role conflict and role strain in dual career couples. In *Weekly Psychology Update Series*. Princeton, NJ: Biomedia.

Holahan, C. K. (1986). Marital attitudes over forty years: A longitudinal and cohort analysis. In Lillian E. Troll (Ed.), *Family Issues and Current Gerontology*. New York: Springer. (This is a republication of the article published in the *Journal of Gerontology*, 1984.)

Holahan, C. K. (1994). Women's goal orientations across the life cycle: Findings from the Terman Study of the Gifted. In B. Turner & L. Troll (Eds.), *Women Growing Older: Psychological Perspectives*. Thousand Oaks, CA: Sage Publications.

Holahan, C. J., Moos, R. H., Holahan, C. K., & Brennan, P. (1996). Social support, coping strategies, and psychosocial adjustment to cardiac illness: Implications for assessment and prevention. In J. D. Piette, R., M. Kaplan, & J. R. Ferrari (Eds.), *Preventing Illness Among People with Coronary Heart Disease*. Binghamton, New York: Haworth. (This is a republication of the article published in *Journal of Prevention and Intervention in the Community*.)

Holahan, C. J., Moos, R. H., Holahan, C. K., & Brennan, P. L. (2014). Social context, coping strategies, and depressive symptoms: An expanded model with cardiac patients. In H. T. Reis (Ed.), *Methodological innovations in social psychology*. Thousand Oaks, CA: Sage. (This is a republication of an article previously published in the *Journal of Personality and Social Psychology*.)

ENCYCLOPEDIA ENTRIES

Holahan, C. K. (2006). Sears, Robert. In N. J. Salkind (Ed.). *Encyclopedia of Human Development*. Thousand Oaks, CA: Sage Publications.

BOOK REVIEWS

Holahan, C. K. (1978). Review of "Women–Volume I" by Florence L. Denmark (Ed.) for *Contemporary Psychology*, *23*, 199.

Holahan, C. K. (1981). Dual career marriages: A challenging alternative. *Contemporary Psychology*, *26*, 134-135.

Holahan, C. K. (1981). Review of "Women Over Forty: Visions and Realities" by Marilyn F. Block, Janice L. Davidson, and Jean D. Grambs (Eds.) for *Contemporary Psychology*, *26*, 562.

Holahan, C. K. (1982). Review of "Women Under Stress" by Donald R. Morse and M. Lawrence Furst for *Contemporary Psychology*, *27*, 743.

Holahan, C. K. (1985). Review of "The World of the Older Woman: Conflicts and Resolutions" by Gari Lesnoff-Caravaglia (Ed.) for *Contemporary Psychology*, *30*, pp. 999-1000.

GRANTS

Living with a Smoker, Cross-Domain Health Risk Behaviors, and Obesity. National Cancer Institute (R03). Multiple PI (with C. J. Holahan, Multiple PI and D. A. Powers, Co-I), August 1, 2017 to July 31, 2020.

Depressive symptoms and smoking among middle-aged and older women. National Institute on Drug Abuse (R03). Multiple PI (with C. J. Holahan, Multiple PI and D. A. Powers, Co-I), May 15, 2009 to April 30, 2012.

Co-morbidity between depression and physical illness across 10 years. Anthony Marchionne Foundation, Health, Behavior, and Medicine Program. Co-PI (with C. J. Holahan, PI, R. H. Moos and R. Cronkite, Co-Investigators), 2007-2008.

Smoking among older adults: Risk and protective factors. Pilot project funded by the Center for Health Promotion Research, University of Texas at Austin School of Nursing, NINR, Co-Investigator (with C. J. Holahan, PI, C. Taxis & R. H Moos, Co-Investigators), June, 2006 to May, 2007.

Evaluation of WIC Nutrition Education. Bureau of Nutrition Services, Texas Department of Health, Co-Investigator (with N. H. Gottlieb, PI), September, 2002-August, 2005.

Social support and mental health in cardiac illness: A comparison of Hispanic and non-Hispanic white cardiac patients. Hogg Foundation for Mental Health, Principal Investigator, October, 2001-June, 2003.

Social resources, coping, and aging. National Institute on Aging (R03), Co-Investigator (with C. J. Holahan, PI), 2001-2002.

Health-promoting self-care behavior in community-dwelling older adults. Pilot project funded by the Center for Health Promotion Research, The University of Texas at Austin School of Nursing, NINR, Co-Investigator (with G. Acton, PI, C.M. Brown, M. Aguilar, W. Spirduso, Co-Investigators), January, 2000-December, 2000.

Work and family stressors and alcohol use and an integrative model of vulnerability and protective factors. Alcoholic Beverage Medical Research Foundation, Co-PI (with C. J. Holahan, PI), June, 1998-May, 2000.

Psychological functioning and health of the Terman subjects in later aging. Hogg Foundation for Mental Health, University of Texas, Principal Investigator (with C. J. Holahan, Co-PI), 1995-1997.

Development of a four-year model of psychosocial adjustment to cardiovascular illness. National Heart, Lung, and Blood Institute (R03), Co-Investigator (with C. J. Holahan, P.I., and R. H. Moos, Co-Investigator), 1992-1994.

Research on adjustment to cardiovascular illness. American Heart Association, Texas Affiliate, Co-Investigator (with C. J. Holahan, P.I.), 1990.

Women's occupational history, life goals, and psychological adjustment in aging. Hogg Foundation for Mental Health, University of Texas, Principal Investigator, 1988.

Life stress, self-efficacy, and emotional and physical health in aging. Hogg Foundation for Mental Health, University of Texas, Principal Investigator (with C. J. Holahan, Co-PI), 1982-1984.

CONFERENCE PRESENTATIONS

Holahan, C. K., Dittmar, N., Yancey, B., & Kelley, H. P. (April, 1976). *The evaluation of a scholarship program for Black and Chicano freshmen at the University of Texas at Austin*. Paper presented at annual meeting of American Educational Research Association, San Francisco, CA.

Dittmar, N. D., Holahan, C. K., Yancey, B., & Kelley, H. P. (April, 1976). *The prediction of freshman GPA for Blacks and Mexican Americans.* Paper presented at annual meeting of American Educational Research Association, San Francisco, CA.

Holahan, C. J., & Holahan, C. K. (April, 1976). *Sex Differences in the perception of contrasting environmental settings*. Paper presented at 23rd annual meeting of Southwestern Psychological Association, Albuquerque, NM.

Holahan, C. K. (March, 1978). *Stress experienced by women doctoral students: An interactional perspective*. Paper presented at annual meeting of Association for Women in Psychology, Pittsburgh, PA.

Spence, J. T., Helmreich, R. L., & Holahan, C. K. (April, 1978). *Psychological masculinity and femininity, trait stereotypes, and toy preferences in children*. Paper presented at annual meeting of Western Psychological Association, San Francisco, CA..

Holahan, C. K., & Holahan, C. J. (April, 1978). *Androgyny, gender, and environmental schematization.* Paper presented at annual meeting of Western Psychological Association, San Francisco, CA.

Simms, R. E., Davis, M. H., Fouschee, H. C., Holahan, C. K., Spence, J. T., & Helmreich, R. L. (April, 1978). *The relationship of psychological masculinity and femininity in children to trait stereotypes and toy preferences.* Paper presented at annual meeting of Southwestern Psychological Association, New Orleans, LA.

Spence, J. T., Helmreich, R. L., & Holahan, C. K. (August, 1978). *Negative masculinity and femininity: neuroticism and acting out*. Paper presented at annual meeting of American Psychological Association, Toronto, CA.

Holahan, C. K., & Gilbert, L. A. (August, 1978). *Role conflict in dual career couples: The effects of gender and parenthood*. Paper presented at annual meeting of American Psychological Association, Toronto, CA.

Gilbert, L. A., & Holahan, C. K. (August, 1979). *Conflict with the parent role: Perceived cost of effective coping*. Paper presented at annual meeting of American Psychological Association, New York.

Holahan, C. K. & Gilbert, L. A. *Role perceptions and interrole conflict for working and career women*. (1980). Paper presented at annual meeting of Association for Women in Psychology, Santa Monica, CA.

Holahan, C. K., Thomas, L. M., & Kelley, H. P. (August, 1981). *The formation of student performance expectancy*. Paper presented at annual meeting of American Psychological Association, Los Angeles, CA.

Holahan, C. K. (August, 1981). *Activity involvement in aging women: Career patterns and retirement*. Paper presented in the symposium, Middle-Aged and Older Women and Achievement, at annual meeting of American Psychological Association, Los Angeles, CA.

Holahan, C. K. (November, 1981). *Marriage and achievement: The Terman subjects and a contemporary cohort.* Paper presented in the symposium, Antecedents of Change in Adult Life, at annual meeting of Gerontological Society of America, Toronto.

Holahan, C. K. (March, 1982). *The Terman Study of the Gifted: A life-span perspective*. Paper presented in the symposium, Giftedness Within the Context of Development, at annual meeting of American Educational Research Association, New York.

Holahan, C. K., & Jordan, E. W. (April, 1983). *Life satisfaction patterns of extreme versus balanced career focused male executives*. Paper presented at annual meeting of Eastern Psychological Association, Philadelphia, PA.

Holahan, C. K., Holahan, C. J., & Belk, S. S. (November, 1983). *The relationship of life stress and self-efficacy to psychological adjustment in aging*. Paper presented at annual meeting of Gerontological Society of America, San Francisco, CA.

Holahan, C. K. (March, 1984). *Life goals at thirty and perceptions of goal attainment at seventy for gifted men and women*. Paper presented at biennial meeting of Southwestern Society for Research in Human Development, Denver, CO.

Holahan, C. J., & Holahan, C. K. (April, 1984). *Stress, efficacy and adjustment on a community sample of aging adults*. Paper presented at annual meeting of Eastern Psychological Association, Baltimore, MD.

Holahan, C. K. (November, 1984). *Work and family goal orientations in early adulthood and satisfaction in aging: The Terman men and women*. Paper presented at annual meeting of Gerontological Society of America, San Antonio, TX.

Holahan, C. K., & Holahan, C. J. (August, 1985). *Life stress, hassles, and efficacy in aging: A longitudinal analysis*. Paper presented at annual meeting of American Psychological Association, Los Angeles, CA.

Holahan, C. K. (November, 1988). *The relationship of lifetime achievement patterns to life goals, activity participation, health, and well-being among gifted aged women*. Paper presented at annual meeting of the Gerontological Society of America, San Francisco, CA.

Holahan, C. K. (November, 1990). *Interests and activities of the Terman men and women in aging*. Paper presented at annual meeting of the Gerontological Society of America, Boston, MA.

Holahan, C. J., Moos, R. H., Holahan, C. K. & Brennan, P. L. (March, 1991). *Cardiovascular illness and depression: A longitudinal model*. Presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Holahan, C. J., Moos, R. H., Holahan, C. K., & Brennan, P. L. (August, 1991). *Cardiovascular illness: A longitudinal mode*l. Presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Holahan, C. K. (November, 1992). *Early adulthood and midlife antecedents of health and psychological well-being in aging for the Terman men and women*. Paper presented at the annual meeting of the Gerontological Society of America, Washington, DC.

Holahan, C. K. (January, 1993). *Interpretation of course-instructor surveys*. Paper presented at the Experienced Faculty Conference, The University of Texas at Austin.

Holahan, C. K. (March, 1993). *Issues in the implementation of mandatory course-instructor surveys at the university level*. Paper presented at the Annual Texas Testing Conference, Austin, TX.

Holahan, C. K. (March, 1994). *Issues in the administration of a course-instructor survey system at the university level*. Presented at the Annual Texas Testing Conference, Austin, TX.

Holahan, C. J., Moos, R. H., Holahan, C. K., & Brennan, P. L. (May, 1994). *Psychological adjustment among women and men with cardiac illness*. Presented at American Psychological Association Conference, Psychosocial and behavioral factors in women's health: Creating an agenda for the 21st Century, Washington, DC.

Holahan, C. K. (November, 1994). *Women's goal orientations across the life cycle: Findings from the Terman Study of the Gifted*. Paper presented at the annual meeting of the Gerontological Society of America, Atlanta, GA.

Holahan, C. K. (April, 1995). *Patterns of Achievement in Terman's Gifted Sample: A life-span developmental perspective*. Paper presented in the symposium, Longitudinal Studies of the Intellectually Gifted, at the annual meeting of the American Educational Research Association, San Francisco, CA.

Holahan, C. K. (May, 1995). *Achievement patterns in the Terman Study of the Gifted: A life-span perspective*. Paper presented at the biennial Wallace Research Symposium on Talent Development, University of Iowa, Iowa City, IA.

Holahan, C. K. (November, 1995). *Patterns of change in psychosocial functioning among the Terman Sample from age 70 to age 80.* Paper presented at the annual meeting of the Gerontological Society of America, Los Angeles, CA.

Holahan, C. K., Holahan, C. K., & Wonacott, N. L. (November, 1996). *Midlife appraisals and life satisfaction at age 80: Analyses with the Terman Sample*. Poster presented at the annual meeting of the Gerontological Society of America, Washington, DC.

Holahan, C. K. (August, 1998). *Giftedness and successful aging: Findings from the Terman Study*. Paper presented in the symposium, Giftedness, Talent, and Talent Development, at the annual meeting of the American Psychological Association.

Holahan, C. K., & Holahan, C. J. (August, 1998). *Being labeled as gifted: A life-span developmental perspective*. Poster presented at the annual meeting of the American Psychological Association.

Holahan, C. K., Holahan, C. J., & Wonacott, N. L. (November, 1998). *Successful aging at age 80: Findings from the Terman Study of the Gifted*. Poster presented at the annual meeting of the Gerontological Society of America, Philadelphia, PA.

Holahan, C. K. (February, 2000). *Strategies for successful aging: Learning from gifted individuals.* Paper presented at University of Texas Lifelong Learning Conference, UT Continuing and Extended Education, Austin, TX.

Holahan, C. K., & Chapman, J. (November, 2000). *Mid-life and early aging antecedents of productive aging at age 80*. Poster presented at the annual meeting of the Gerontological Society of America, Washington, DC.

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Acton, G., Aguilar, M., Brown, C., Holahan, C. K., Spirdoso, W. (November, 2000). *Health-promoting self-care in older adults*. Poster presented at the annual meeting of the Gerontological Society of America, Washington, DC.

Holahan, C. K., & Suzuki, R. (November, 2001). *Health-related and psychosocial correlates of health-promoting behavior in later aging*. Poster presented at the annual meeting of the Gerontological Society of America, Chicago, IL.

Holahan, C. K. & Chapman, J. R. (November, 2001). *Longitudinal predictors of proactive goals and activity participation at age 80*. Poster presented at the biennial meeting of the Southwestern Society for Research in Human Development, Austin, TX.

Holahan, C. K., & Suzuki, R. (November, 2003). *Motivational correlates of health-promoting behavior in later aging.* Poster presented at the annual meeting of the Gerontological Society of America, San Diego, CA.

Holahan, C. K., Moerkbak, M., Garcia-Bravo, K., & Jordan, T. (November, 2003). *Social support, coping, and depression in Hispanic and non-Hispanic white cardiac patients*. Poster presented at the annual meeting of the Gerontological Society of America, San Diego, CA.

Suzuki, R., Graham, S. A., & Holahan, C. K. (March, 2004). *Quality of life in cardiac illness among Hispanic and Non-Hispanic white men and women*. Poster presented at the annual meeting of the Society for Behavioral Medicine, Baltimore, MD.

Holahan, C. K., Holahan, C. J., Suzuki, R., & Horton, K. (April, 2005). *Psychosocial correlates of health promoting behavior in Hispanic and Non-Hispanic white cardiac patients*. Poster presented at the Conference on Promoting Health in Underserved Populations: Persons with Chronic and Disabling Conditions, University of Texas at Austin School of Nursing.

Spaulding, C., Harris, K. K., Gottlieb, N. H., & Holahan, C. (September, 2005). *Texas WIC reading initiative implementation evaluation*. Texas Public Health Association 2005 Annual Meeting, Irving, TX.

Loyo, J. J., Harris, K. K., Suzuki, R., Holahan, C. K., & Gottlieb, N. H. (September, 2005). *Cross-sectional predictors of reading to young children among participants in the Texas WIC program*. Texas Public Health Association 2005 Annual Meeting, Irving, TX.

Loyo, J. J., Harris, K. K., Suzuki, R., Holahan, C. K., & Gottlieb, N. H. (September, 2005). *Evaluations of the Texas WIC "Feed Your Child's Future" book project: A clinic-based program to promote reading to young children*. Texas Public Health Association 2005 Annual Meeting, Irving, TX.

Holahan, C. K., Holahan, C J., Velasquez, K. E., & North, R. J. (November, 2006). *The role of positive expectancy in predicting happiness from early to later aging*. Poster presented at the annual meeting of the Gerontological Society of America, Dallas, TX.

Velasquez, K. S., You, X., and Holahan, C. K. (February, 2007). *Neighborhood predictors of physical activity in Texas men and women using the 2004 Behavioral Risk Factor Surveillance System*. Poster presented at the Texas Public Health Association 82nd Annual Educational Conference in Galveston, TX.

Holahan, C. K., Holahan, C J., Velasquez, K. E., & North, R. J. (February, 2008). *The role of positive expectancy in predicting happiness from early to later aging*. Poster presented at the Conference on Promoting Health in Underserved Populations: Advancing Healthy Aging, University of Texas at Austin School of Nursing.

Velasquez, K. S., You, X., and Holahan, C. K. (February, 2008). *Neighborhood predictors of physical activity in Texas men and women using the 2004 Behavioral Risk Factor Surveillance System*. Poster presented at the Conference on Promoting Health in Underserved Populations: Advancing Healthy Aging, University of Texas at Austin School of Nursing.

Kenney, B., Holahan, C. J., Pahl, S., North, R., & Holahan, C. K., Cronkite, R., & Moos, R. (March, 2009). *Depression and tobacco smoking in adulthood*. Poster presented at the annual meeting of the Society for Behavioral Medicine.

Pahl, S., Holahan, C., North, R., Kenney, B., Holahan, C. K., Cronkite, R., & Moos, R. (March, 2009). *Depressive symptoms and physical illness across 10 years*. Poster presented at the annual meeting of the Society for Behavioral Medicine,

Holahan, C. K., & Velasquez, K. S. (November, 2010). *Strategies and activities in successful later aging*. Poster presented at the annual meeting of the Gerontological Society of America, Atlanta, GA.

Holahan, C. K., Holahan, C. J., Powers, D. A., & Ockene, J. K. (November, 2010). *The relation of depressive symptoms to smoking in middle-aged and older women*. Poster presented at the annual meeting of the Gerontological Society of America, New Orleans, LA.

Holahan, C. K., Holahan, C. J., Powers, D. A., Hayes, R. B., Marti, C. N., & Ockene, J. K. (March, 2011). *Depressive symptoms and smoking in middle-aged and older women*. Poster presented at the annual conference of the Center for Health Promotion and Disease Prevention Research in Underserved populations, School of Nursing, The University of Texas at Austin.

Holahan, C. K., Holahan, C. J., North, R. J., Hayes, R. B., Powers, D. A., & Ockene, J. K. (November, 2011). *The relation of smoking status to quality of life in middle-aged and older women*. Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Li, X., King, K., Vidourek, R., & Holahan, C. K. (March, 2013). *Does Asian American adolescent life-time depression differ based on sex, age and parental involvement?* Poster presented at the Texas Public Health Association Annual Educational Conference, San Antonio, TX.

Li, X., & Holahan, C. K. (March, 2014). *Very light smoking among women in emerging adulthood*. Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.

Holahan, C.J., & Holahan, C. K. (April, 2015). *The association of living with a smoker to low physical activity, unhealthy diet, and obesity.* Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX.

Walsh, D. W., Green, B. C., Holahan, C. K., & Cance, J. (June, 2015). *Sport as a resource caravan: Examining the efficacy of sport as a resource provider for adults experiencing the retirement transition*. Poster presented at the North American Society of Sport Management, Ottawa, Ontario,

Holahan, C. K., Holahan, C. J., Li, X., & Chen, Y. T. (October, 2015). *Association of health-related attitudes, behaviors, and appraisals to leisure-time physical activity in middle-aged*

and older women. Poster presented at the Society for the Study of Human Development, Austin, TX.

Chen, Y. T., Holahan, C. K., Holahan, C. J., & Li, X. (March, 2017). *Mediation of women's physical activity, cognitive performance and self-ratings.* SHAPE America National Convention and Expo. Boston, MA.

Chen, Y. T., Holahan, C. K., Holahan, C. J., & Li, X. (March, 2017). *The roles of subjective age and cognitive attitudes in middle-aged and older women's physical activity and cognition*. St. David's Center for Health Promotion and Disease Prevention Research in Underserved Populations Conference, Austin, TX.

Li, X., Loukas, A., Holahan, C. K., & Perry, C. (March, 2017). *Effect of electronic cigarette use on transition in cigarette smoking among college students: A Markov model.* National Conference on Tobacco or Health, Austin, TX.

Holahan, C. K, Holahan, C. J., Powers, D. A., & Lee, K. (November, 2018). *The relation of living with a smoker to obesity in middle-aged and older women.* Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Chen, Y. T., Holahan, C. K., & Li, X. (November, 2018). *Loneliness, physical activity, and self-rated health in middle-aged and older adults.* Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Chen, Y. T., Castelli, D., & Holahan, C. K. (March, 2019). *The association of health behaviors, psychosocial factors, and TV watching to leisure-time physical activity in middle-aged and older women.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Li, X., Holahan, C. K., Loukas, A., Pasch, K. E., Holahan, C. J., & Cance, J. D. (May, 2019). *Trends of very light smoking and alternative tobacco use among young adult smokers.* Poster presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.

Holahan, C. K, Holahan, C. J., Lim, S., & Powers, D. A. (November, 2019). *Sociodemographic disadvantage, living with a smoker, and obesity in middle-aged and older women*. Poster presented at the annual meeting of the Gerontological Society of America, Austin, TX.

Zhang, W., Radhakrishnan, K., Becker, H., Acton, G., & Holahan, C. K. (November, 2019). *Managing multi-morbidities among community-dwelling people aging with arthritis: Self-regulation strategies, the associated factors and health outcomes.* Poster presented at the annual meeting of the Gerontological Society of America, Austin, TX.

Holahan, C. K, Holahan, C. J., Lim, S., & Powers, D. A. (February, 2020). *Sociodemographic disadvantage, living with a smoker, and obesity in middle-aged and older women*. Poster presented at the annual conference of the St. David's Center for Health Promotion and

Disease Prevention Research in Underserved Populations, School of Nursing, University of Texas at Austin.

Holahan, C. K., Holahan, C. J., Lim, S. Powers, D. A., & Chen, Y. T. (November, 2020). *Sociodemographic disadvantage, living with a smoker, and health risk behaviors in middle-aged and older women.* Poster presented at the virtual annual meeting of the Gerontological Society of America.

Chen, Y. T., Holahan, C. K., & Holahan, C. J. (November, 2020). *Attitudes toward aging, physical activity, and functional limitations ten years later in middle and older adults.* Poster presented at the virtual annual meeting of the Gerontological Society of America.

Li, X., Loukas, A., Holahan, C. K., Pasch, K., Holahan, C. J., Perry, C. L., & Cance, J. D. (February, 2021). *Use of alternative tobacco products on longitudinal transitions in cigarette smoking among college students: A Markov Model.* Poster presented at the virtual annual meeting of the Society for Research on Nicotine & Tobacco.

Agarwal, D., Loukas, A., Pasch, K. E., Wilkinson, A. V., & Holahan, C. K. (March 2022). *Characterizing young adult electronic delivery system users*. Poster accepted for the annual meeting of the Society for Research on Nicotine & Tobacco, Baltimore, MD.

RESEARCH INTERESTS

Adult development and aging; psychosocial predictors of health behavior; successful aging; and women's health.