Janice S. (Jan) Todd, Ph.D.
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Educational Background

1995 Ph.D. The University of Texas at Austin — American Civilization Program.
Specialization areas: Exercise and Sport History, Sociology and Gender, American History, American Studies.

1976 M.Ed. Mercer University, Macon, Georgia.
Specialization: English & Education

1974 B.A. Mercer University, Macon, Georgia
Majors: Philosophy and English. Minor: Education.

Employment

2024-date Chair, Department of Kinesiology and Health Education
Professor & Roy J. McLean Fellow in Sport History,
Director, H. J. Lutcher Stark Center for Physical Culture and Sports,
The University of Texas at Austin

2022-2024 Interim Chair, Department of Kinesiology and Health Education
Professor & Roy J. McLean Fellow in Sport History,
Director, H. J. Lutcher Stark Center for Physical Culture and Sports
The University of Texas at Austin

2013-date Professor and Roy J. McLean Fellow in Sport History,
Director, H. J. Lutcher Stark Center for Physical Culture and Sports;
Coordinator, Sport Management and Physical Culture and Sport Studies;
Cross-Appointed in Women and Gender Studies;
Kinesiology and Health Education, University of Texas at Austin.

2007-2013 Professor and Roy J. McLean Fellow in Sport History, Director, H. J. Lutcher Stark Center for Physical Culture and Sports; Kinesiology and Health Education, University of Texas at Austin.

2002-2007 Associate Professor, Undergraduate Advisor, Department of Kinesiology and Health Education, University of Texas at Austin.

2000-2002 Assistant Professor and Undergraduate Advisor, Department of Kinesiology and Health Education, University of Texas at Austin.

1997-2000 Assistant Professor and Coordinator of Strength Training and Conditioning, Department of Kinesiology and Health Education, University of Texas at Austin.

1989-1997 Lecturer and Coordinator of Strength Training and Conditioning, Department of Kinesiology and Health Education, University of Texas at Austin.

1985-1989 Specialist in Weight Training; Department of Kinesiology and Health Education, University of Texas at Austin. I began teaching in January of 1985.

1984-1985 Research Associate, Department of Kinesiology and Health Education, University of Texas at Austin. Worked on unpacking and organizing the Todd-McLean Collection.

1983-1985 Author and Columnist. Research and writing of *Lift Your Way to Youthful Fitness* a *Sports Illustrated* Book published by Little, Brown and Company; and columnist for *Strength Training for Beauty*, monthly fitness magazine published by *Runners World,* Inc.

1979-1983 Fitness and strength training consultant, Diversified Products Corporation, Opelika, Alabama.

1981-1982 Strength Coach for Women (part-time) Auburn University Athletic Department, Auburn University.

1980-1981 Managing Editor, *The Powerlifter,* official magazine of the United States Powerlifting Federation.

1976-1979 Teacher—English and History, New Germany Rural High School, New Germany, Nova Scotia, Canada.

1975-1976 Administrative Assistant, Department of Music, Dalhousie University, Halifax, Nova Scotia, Canada.

1974-1975 Assistant Director, University Year for Action Project, Mercer

University, Macon, Georgia. (UYA was a federally funded program designed to provide college students with internships at social service agencies.)

Honors, Awards and Professional Recognition

July 2025: National Strength and Conditioning Association's Lifetime Achievement Award for Scholarly Impact (Al Roy Award).

May 2025 North American Society for Sport History's Roberta Park Award for Scholarly Distinction across a career.

May 2025 Feature Story in New York Times at: https://www.nytimes.com/2025/05/26/well/move/jan-todd-strength-training.html

June 2024 Cover Story in *Texas Leader* Magazine for my work with Stark Center. This is the UT Development magazine.

March 2025 Featured (more than 100 pages) in Michael Josph Gross's book new book *Stronger* (Dutton Publishing, Released in March 2025.

2020 Graduate Teaching Award Winner, Department of Kinesiology and Health Education, UT-Austin.

2020 Runner-up for NASSH Book Award for Jason Shurley, Jan Todd & Terry Todd, *Strength Coaching in America: A History of the Innovation that Transformed Sports.* (University of Texas Press, December 2019).

2019 Lifetime Achievement Award Presented by the Arnold Sports Festival, Columbus, Ohio, March 2019

2019 Selected by *Alcalde* Magazine for the 2019 "Faculty Members Who Are a 10" special issue.

2018 Induction to The International Sports Hall of Fame, Columbus, Ohio.

2015 Elected to Six-Year Term as President Elect, President, and Past President of the North American Society for Sport History. Began serving in May 2016.

2013 North American Society for Sport History Honor Award for Contributions to the Field of Sport History.

2013 Selected to appear in *Game-Changers* television series for University of Texas at Austin. Aired in August 2013.

2012 Gary A. Dudley Manuscript Excellence Award, National Strength and Conditioning Association for: Todd, J, Shurley, J, and Todd, T, "Thomas L. DeLorme and the Science of Progressive Resistance Exercise." *Journal of Strength and Conditioning Research* 26(11)

(November 2012): 2913-2923.

2011 Elected as Fellow (#511), National Academy of Kinesiology.

2010 Chosen by ACSM for inclusion in their "Distinguished Leaders in Sports Medicine and Exercise Science." April 2010.

2010 Joan S. Hult Women's History Distinguished Lecturer, "The Muscle Problem: Myths about Women, Strength and Sports," University of Maryland, March 31, 2010.

2009 Inducted into National Fitness Hall of Fame, Chicago, Illinois.

2008 Selected as the 2008 Seward Staley Honor Lecturer for the North American Society for Sport History. Address delivered in Lake Placid, New York, on May 24, 2008.

2008 Recipient Oscar Heidenstam Lifetime Achievement Award, London, England, for contributions to the field of physical education.

2008 Inducted, inaugural class, Plant City High School Hall of Honor, Plant City, Florida.

2006 Elected President of the History Research Academy of NASPE/AAHPERD.

2004-date Appointed as the Fellow in the Roy J. McLean Fellowship in Sport History, Kinesiology and Health Education, The College of Education, The University of Texas at Austin.

2004 Inducted, Inaugural Class, USAPL Women's Powerlifting Hall of Fame.

2001 Runner-up, Gilbert Teaching Excellence Award in Women's Studies, The University of Texas at Austin.

2001 Outstanding Service Award, Center for Women's Studies, The University of Texas at Austin

2000 Nominated for Robert W. Hamilton Book Award in 2000 for *Physical Culture and the Body Beautiful.*

2000 Finalist, Friar's Society Undergraduate Teaching Excellence Award, The University of Texas at Austin.

2000 Profiled on Discovery Health Channel's *FitTeam Power Hour,* a documentary about notable women athletes and their training.

2000 John Grimek Award for contributions to the study of strength training and physical culture, Italian Bodybuilding Federation, Sapri, Italy, July 10, 2000.

2000 Lifetime Achievement Award presented by the Pan American Powerlifting

Federation, Chicago, Illinois.

1999 Featured in *Health* magazine for work in the field of strength training and sport history. See: Ann Japenga, "Strong Woman," *Health*, November/December 1999.

1999 Finalist, Friar's Society Undergraduate Teaching Excellence Award, The University of Texas at Austin.

1998 Featured in *Lingua Franca* (October 1998) as one of the rising scholars in the emerging field of body culture/body studies. See: "Bodies that Matter."

1998 D. B. Dill Historical Lecturer for the 1998 Annual Meeting of the American College of Sports Medicine in Orlando, Florida.

1995 Nominated by Department of American Studies at the University of Texas for the Ralph Henry Gabriel Award for best dissertation by a graduate student in the field of American Studies.

1995 Nominated by Department of American Studies at the University of Texas for the University Dissertation Prize. Each doctoral program at UT may nominate one dissertation per year.

1995 Convocation Speaker, Mercer University, Macon, Georgia, January 25, 1995.

1992 One of eight women athlete/coaches nominated by Women's Sports Foundation for induction into International Women's Sports Hall of Fame. (Not inducted.)

1992 Lifetime Achievement Award, Oldetime Barbell and Strongman Association, September 1992.

1989 President's Award, National Strength and Conditioning Association, for contributions to the profession. June 1989.

1987 Graduate Student Essay Winner, North American Society for Sport History, 1986.

1981 First woman inducted into International Powerlifting Hall of Fame.

Publications, Creative Projects & Presentations:

A. Books & Edited Anthologies

1. Jan Todd, editor & author: "Special Issue: The Terry Todd Collectanea," *Iron Game History: The Journal of Physical Culture*, 15, no. 1 (Winter 2020): 1-136. (I selected all articles and photographs, edited all articles, wrote introductions for all 20 pieces included, and did all layouts for this 136-page book/special issue.)

2. Jason Shurley, Jan Todd & Terry Todd, *Strength Coaching in America: A History of the Innovation that Transformed Sports.* (University of Texas Press, December 2019), 310 pages. Peer-Reviewed.

3. Jan Todd, *Physical Culture and the Body Beautiful: Purposive Exercise in the Lives of American Women*. (Macon: Mercer University Press, 1998), 369 pages. Peer-Reviewed.

4. Jan Todd and Terry Todd, *Lift Your Way to Youthful Fitness: The Comprehensive Guide to Weight Training*, (Boston: Little, Brown and Company, 1985), 339 pages.

B. Original-Research—Book Chapters (*=Corresponding Author)

1. Kristen Wilson and Jan Todd,* "Paige Palmer: TV Fitness Pioneer," *Cleveland Sports: Physical Culture on the Lake Erie Shores* Andrew Linden, editor (Little Rock: University of Arkansas Press, 2025) Under contract; forthcoming.

2. Schelfhout, Sam, Tolga Ozyurtcu & Jan Todd*. "Spectatorship and the Sportification of Esports." In *Das Phänomen E-Sports*, edited by Annette R. Hofmann, (Aachen, Germany: Meyer & Meyer Verlag, 2020), 158-185.

3. Jan Todd,* "Constructores de la Fuerza Fisica: una Historia de Barras, Mancuernas y Clavas," in Pablo Ariedl Scharagrodsky and Cesar Torres, eds, *El Rostro Cambiante Del Deporte: Perspectivas historiograficas angloparlates,* (Buenos Aires: Prometeo Libros, 2019), 237-269.

4. Jan Todd* and Daniel Rosenke, "'The Event that Shook the Whole World Up': Historicizing the 1983 Pan American Games Doping Scandal," *Historicizing the Pan-American Games,* Bruce Kidd and Cesar Torres eds. (London: Routledge Press, 2017), 164-185.

5. Jan Todd* and Jason Shurley, "Building American Muscle: A Brief History of Barbells, Dumbbells and Pulley Machines, *The Routledge History of American Sport*. Eds. Linda Borish, David K. Wiggins, and Gerald R. Gems. (New York: Routledge, 2017), 332-344.

6. Jan Todd,* "The Halcyon Days of Muscle Beach: An Origin Story," *Sport in Los Angeles* (Little Rock: University of Arkansas Press, 2017),

7. Thomas M. Hunt and Janice S. Todd,* "Powerlifting's Watershed: *Frantz v. United States Powerlifting*, the Legal Case that Changed the Nature of a Sport," in Samuel Regalado and Sarah Fields, *Sport and the Law: Historical and Cultural Intersections,* (University of Arkansas Press, 2014), 75-93.

8. Jan Todd* and Terry Todd, "Reflections on the Parallel Federation to the Problem of Drug Use in Sport: The Cautionary Tale of Powerlifting," Thomas Murray, ed., *Performance Enhancing Technologies in Sport: Ethical, Conceptual and Scientific Issues.* (John Hopkins University Press, Press, 2009).

9. Jan Todd,* "Katie Sandwina and the Construction of Celebrity," *Sport and Gender Matters in Western Countries: Old Borders and New Challenges,* edited by Gigliola Gori, (Academia Verlag, 2008), 97-110.

10. Jan Todd* and Terry Todd, "Legacy of Iron: A History of the Men, Women and Implements that Created the "Iron Game,'" in Lewis Bowling, ed., *Resistance Training: The Total Approach.* (North Carolina Academic Press, 2007), 165-215.

11. Jan Todd* and Terry Todd, "Significant Events in the History of Drug Testing and the Olympic Movement: 1960-1999," in Wayne Wilson and Edward Derse, eds., *Doping in Elite Sport: The Politics of Drugs in the Olympic Movement*," (Champaign: Human Kinetics, 2000), 65-128.

12. Jan Todd,* "Bring on the Amazons: An Evolutionary History," Joanna Freuh, Judith Stein and Laurie Fierstein, eds., *Picturing the Modern Amazon* (New York: Rizzoli Internationale, 2000), 48-61.

13. Jan Todd,* "Women's Sport History," in Eleanor Amico, ed., *Reader's Guide to Women's Studies*, (Chicago: Fitzroy Dearborn Press, 1998), 462-463.

14. Jan Todd,* "Physical Fitness" in Eleanor Amico, ed., *Reader's Guide to Women's Studies* (Chicago: Fitzroy Dearborn Press, 1998), 567-569.

15. Jan Todd,* "Bernarr Macfadden: Reformer of Feminine Form," in: *Sport and Exercise Science: Essays in the History of Sports Medicine*, Jack W. Berryman and Roberta J. Park, eds. (Urbana: University of Illinois Press, 1992), 213-232.

16. Chapter: Jan Todd, "Powerlifting," in: Bill Pearl, *Getting Stronger* (Bolinas, CA: Shelter Publications, 1987), 124-129.

C. Peer-Reviewed Articles of Original Research and Scholarly Reviews (*=Corresponding Author)

1. Jan Todd and Jason Shurley, "The Father of Strength Science: William J. Kraemer and The National Strength and Conditioning Association," Iron Game History, 18, no 2, (Spring 2025); In Press.

2. Jan Todd, "Thanking David Webster," *Iron Game History: The Journal of Physical Culture,* 18, no 1 (Winter 2024): 4-12.

3. Jan Todd,* "The Origin of Muscle Beach: A Reconsideration," *Iron Game History: The Journal of Physical Culture*, 17, no 2 (Summer 2023) 26-37.

4. Lucy Boucher and Jan Todd,* "Britain's Thomas Inch: More than a Dumbbell," *Iron Game History: The Journal of Physical Culture,* 17, no 2 (Summer 2023) 49-57.

5. Lucy Boucher and Jan Todd,* "Mary Macfadden and the Media Narrative of the Physical Culture Family, *Iron Game History: The Journal of Physical Culture*, 17, no 1 (Winter 2023): 12-21.

6. Jan Todd* and Kristen Wilson, "The True Pioneer of TV Fitness: Paige Palmer of Cleveland's WEWS TV" *Iron Game History: The Journal of Physical Culture,* 16, no 2 (Summer 2022): 1-12.

7. Jan Todd* The First Female Celebrity Fitness Author: Vaudeville's Belle Gordon—Champion Lady Bag Puncher of the World." *Iron Game History: The Journal of Physical Culture,* 16, no 2 (Summer 2022): 28-42.

8. Jan Todd* and Ryan Murtha, "The Extraordinary Life of David P. Willoughby, Part One: Education and the Iron Game," *Iron Game History: The Journal of Physical Culture* 15, no 2 (2021): 24-36.

9. David Willoughby and Jan Todd, ed. "My Remembrance of Jean Paul Getty," *Iron Game History: The Journal of Physical Culture* 15, no 2 (2021): 58-60.

10. Florian Hemme, Morais, D., Bowers, M.T., & Todd, J.S., "Leading Culture Change in Public Recreation," *Journal of Sport Management* 35, no. 6 (2021): 485-498.

11. Jan Todd* and Ryan Murtha, "The Extraordinary Life of David P. Willoughby, Part Two: The Measure of a Man," *Iron Game History: The Journal of Physical Culture* 15, no 2 (2021): 38-57.

12. Tolga Ozyurtcu and Jan Todd, "Critical Mass: Oral History, Innovation Theory, and the Fitness Legacy of The Muscle Beach Scene," *International Journal of the History of Sport,* 37, no. 16 (2020): 1696-1714.

13. William J. Kraemer, Caldwell, L.K., Post, E. DuPont, W.H., …Todd, J.S., *et.al*; "Body Composition in Elite Strongman Competitors," *Journal of Strength & Conditioning Research*, 34, no. 12 (2020); 3326-3330.

14. Hemme, F., Bowers, M.T., & Todd, J.S. (2020). Enacting Logics in Practice: A Critical Realist Perspective. *Journal of Change Management*, *20* (2), 99-122. doi.org/10.1080/14697017.2019.1703025.

15. Shurley, Jason, Victoria Felkar, Lindsey Greviskes, and Jan Todd. "Historical and Social Considerations of Strength Training for Female Athletes." *Strength and Conditioning Journal* 42, no. 4 (2020): 22-35.

16. Mickey Phillips and Jan Todd,* "Walter Camp: America's Forgotten Physical Culture Entrepreneur," *Iron Game History: The Journal of Physical Culture,* 14, no. 4 (October 2019): 27-26.

17. Lauren Osmer and Jan Todd,*""It Is Now Within Your Reach": Annette Kellerman and

Feminine Agency in Physical Culture." *Iron Game History: The Journal of Physical Culture*, 14, no. 4 (October 2019): 4-11.

18. Jason Shurley and Jan Todd. "Thirty Years On: A Narrative Review of Research on Strength Training for Female Athletes Since the National Strength and Conditioning Association's Position Paper," *Journal of Kinesiology and Wellness*, 7 (1) (November 2018): 46-72.

19. Florian Hemme, Matthew T. Bowers, & Jan S. Todd, "Change Readiness as Fluid Trajectories: A Longitudinal Multiple-case Study. *Journal of Organizational Change Management*. (2018) doi.org/10.1108/JOCM-07-2017-0284.

20. Austin Duckworth, Thomas M. Hunt, and Jan Todd. "Cold Hard Cash: Commercialization, Politics, and Amateurism in Track and Field," *Sport in History* 38, no. 2 (2018): 1-19.

21. Florian Hemme, Dominic G. Morais, Matthew T. Bowers, & Jan S. Todd, "Extending Sport-based Entrepreneurship Theory through Phenomenological Inquiry," *Sport Management Review* 20, no. 4 (February 2017): 92-104.

22. William J. Kraemer, Nicholas A. Ratamess, Shawn D. Flanagan, Jason P. Shurley, Janice S. Todd, and Terry C. Todd, "Understanding the Science of Resistance Training: An Evolutionary Perspective," Sports Medicine, 10 (September 2017): at DOI 10.1007/ s40279-017-0779-y).

23. Benjamin Pollack and Jan Todd, "Before Charles Atlas: Earle Liederman, the King of 1920s Mail-Order Muscle," *Journal of Sport History*, 44 (3), (Fall 2017): 399-420.

24. Jan Todd* and Terry Todd, "Remembering Tommy Kono: America's Greatest Weightlifter," *Iron Game History: The Journal of Physical Culture* 14(2 & 3) (July/August 2017): 1-3.

25. Jason Shurley, Jan Todd* and Terry Todd, "The Science of Strength: Reflections on the NSCA and the Emergence of Research-Based Strength and Conditioning," *The Journal of Strength and Conditioning Research* 31(2) (February 2017): 517-530.

26. Florian Hemme, Morais, D.G., Bowers, M.T., & Todd, J. S.*, "Extending Sport-based Entrepreneurship Theory through Phenomenological Inquiry," *Sport Management Review, September 2016, 1-16.*

27. Benjamin Pollack & Jan Todd,* "American Icarus: Vic Tanny and America's First Modern Health Club Chain," *Iron Game History: The Journal of Physical Culture* 13, no. 3 (December 2016), 17-37.

28. Jan Todd* and Daniel Rosenke, "'The Event that Shook the Whole World Up': Historicizing the 1983 Pan American Games Doping Scandal," *International Journal of*

the History of Sport, 33 nos. 1-2 (January 2016): 164-185.(Reprinted in *Historicizing the Pan American Games* (Routledge, 2017). See above.

29. Jan Todd,* Dominic Morais, Ben Pollack, and Terry Todd, "Shifting Gear: A Historical Analysis of the Use of Supportive Apparel in Powerlifting," *Iron Game History, The Journal of Physical Culture*, 13, nos. 2&3 (November/December 2015): 37-56.

30. Dominic Morais, Benjamin Pollack, and Jan Todd* "Weighing the Options: Conversations on the Use of Performance Enhancing Gear in Powerlifting," *Iron Game History, The Journal of Physical Culture*, 13, nos. 2&3 (November/December 2015): 57-64. (Corresponding Author)

31. Jan Todd, "Reflections on Physical Culture and History: Defining Our Field and Protecting its Integrity," *Iron Game History, The Journal of Physical Culture*, 13, nos. 2&3 (November/ December 2015): 1-8.

32. Tolga Ozyurtcu and Jan Todd*, A Prelude to Big Time Football: H.J. Lutcher Stark and the 1910 University of Texas Football Season," *Iron Game History, The Journal of Physical Culture*, 13, nos. 2 & 3 (November/December 2015): 66-80. (Corresponding Author).

33. Ben Pollack and Jan Todd,* *Keepers of the Flame: NFL Films and the Rise of Sports Media*, *Journal of Sport Management*, 29, no 3 (2015):336-337. (Book Review)

34. Dominic Morais and Jan Todd,* *Learning to Breathe Fire: The Rise of CrossFit and the Primal Future of Fitness, Sport Management Review*, 18, no. 4 (2015): 631-632. (Book Review)

35. Jan Todd,* Jason Shurley and Terry Todd, "Science from Strength: Thomas L. DeLorme and the Medical Acceptance of Progressive Resistance Exercise," *Iron Game History: The Journal of Physical Culture*, 12(4) (August 2014): 68-80.

36. Jan Todd* and Michael O'Brien, "Breaking the Physique Barrier: Steve Reeves and the Promotion of Hercules," *Iron Game History: The Journal of Physical Culture*, 12(4) (August 2014): 8-29.

37. Dominic Morais and Jan Todd,* (Book Review) Jonathan Black's, *Making the American Body: The Remarkable Saga of the Men and Women Whose Feats, Feuds and Passions Shaped Fitness History. Journal of Sport History,* 41, no.3, (Fall 2014), 501-502.

38. Florian Hemme and Jan Todd,* "Beyond the Hack Squat: George Hackenschmidt's Forgotten Legacy as a Strength-Training Pioneer," *Iron Game History: The Journal of Physical Culture*12, 3(August 2013): 3-18.

39. Dominic G. Morais and Jan Todd,* "Lifting the Iron Curtain, Paul Anderson and the Cold War's First Sports Exchange," *Iron Game History: The Journal of Physical*

Culture 12, 2(February/March 2013): 16-39.

40. Terry Todd and Jan Todd,* "The Science of Reps: The Strength Training Contributions of Dr. Richard A. Berger," *Iron Game History: The Journal of Physical Culture* 12, 2(February/March 2013): 12-15.

41. Jason Shurley and Jan Todd,* "The Strength of Nebraska": Boyd Epley, Husker Power, and the Formation of the Strength Coaching Profession." *Journal of Strength and Conditioning Research,* 26, 12(December 2012): 3177-3188.

42. Jan Todd, Jason Shurley, J, and Terry Todd, "Thomas L. DeLorme and the Science of Progressive Resistance Exercise." *Journal of Strength and Conditioning Research* 26, 11(November 2012): 2913-2923. *Winner of the Gary A. Dudley Manuscript Excellence Award.*

43. Jason P. Shurley and Janice S. Todd,* "Boxing Lessons: An Historical Review of Chronic Head Trauma in Boxing and Football," *Kinesiology Review* 1, 3(August 2012): 170-184.

44. Jason Shurley and Jan Todd, * "Joe Weider, All American Athlete, and the Promotion of Strength Training for Sport, 1940-1969," *Iron Game History: The Journal of Physical Culture* 12, 1 (August 2012): 4-27.

45. Jan Todd* and Desiree Harguess, "Doris Barrilleaux and the Beginnings of Modern Women's Bodybuilding," *Iron Game History: The Journal of Physical Culture* 11, 4 (January 2012): 7-21.

46. Kat Richter and Jan Todd, * "Jim Lorimer's Unexpected Path: From the Ohio Girls Track Club to the Arnold Sport Festival.," *Iron Game History: The Journal of Physical Culture*, 11, 3(January 2011): 20-31.

47. Jason Shurley and Jan Todd,* "If Anyone Gets Slower, You're Fired": Boyd Epley and the Formation of the Strength Coaching Profession," *Iron Game History: The Journal of Physical Culture*, 11, 3(June 2011): 4-19.

48. Kim Beckwith and Jan Todd,* "George Hackenschmidt vs. Frank Gotch: Media Representations and the World Wrestling Title of 1908,'" *Iron Game History: The Journal of Physical Culture* 11, 2(June 2010): 7-21.

49. Jan Todd* and Terry Todd, "*Scenes from the Front Line*," *Hastings Center Report*, 40, 2(2010): 15-18.

38. Jan Todd, "Sex! Murder! Suicide! New Revelations about the 'Mystery of Minerva,'" *Iron Game History: The Journal of Physical Culture* 10, 4(January 2009): 7-21.

50. John B. Bartholomew, Matthew A. Stults-Kolehmainen, Christopher C. Elrod, and Janice S. Todd, "Strength Gains Following Resistance Training: The Effect of

Stressful, Negative Life Events," *Journal of Strength and Conditioning Research.* 22, 4 (2008): 1215-21.

51. Jan Todd, "Center Ring: Katie Sandwina and the Construction of Celebrity, *Iron Game History: The Journal of Physical* Culture 10, 1(November 2007): 29-33.

52. Jan Todd, "Why I Loved Al Thomas," *Iron Game History: The Journal of Physical* Culture 10, 3(August 2008): 29-33.

53. Jan Todd, "Size Matters: Reflections on Muscle, Drugs and Sport," *Iron Game History: The Journal of Physical* Culture 10, 3(August 2008): 3-22.

54. Jan Todd, "The Perfect Woman: Katie Sandwina and the Construction of Celebrity," *Abstracts and Programme of the Third Meeting of the Transnational Scholars for the Study of Gender and Sport*, Universita Degli Studi di Urbino 'Carlo Bo', Urbino, Italy, 2007.

55. Thomas Hunt and Jan Todd,* "Powerlifting's Watershed: 'Frantz, et. al, vs. the International Powerlifting Federation': The Lawsuit that Changed the Nature of a Sport," *Iron Game History: The Journal of Physical Culture* 9, 3(January/February 2007): 7-19.

56. Jurgen Giessing and Jan Todd,* "The Origins of German Bodybuilding: 1790- 1970," *Iron Game History: The Journal of Physical Culture* 9, 2(December 2005): 8-20.

57. Jan Todd,* "The History of Cardinal Farnese's Weary Hercules,'" *Iron Game History: The Journal of Physical Culture* 9, 1(July/August 2005): 29-34.

58. Kim Beckwith and Jan Todd,* "*Strength*: America's First Muscle Magazine: 1914-1935," *Iron Game History: The Journal of Physical Culture* 9, 1(July/August 2005): 11-28.

59. Cortez-Cooper, Miriam, Allison Devan, Maria Anton, Roger Farrar, Kimberly Beckwith, Janice Todd and Hirofumi Tanaka, "Effects of High Intensity Resistance Training on Arterial Stiffness and Wave Reflection in Women," *American Journal of Hypertension*. 18(July 2005): 930-934.

60. Jan Todd* and Terry Todd, "The Conversion of Dr. Peter Karpovich," *Iron Game History: The Journal of Physical Culture* 8, 4(March 2005): 4-12.

61. Jan Todd,* "Chaos Can Have Gentle Beginnings: The Early History of the Quest for Drug Testing in American Powerlifting: 1964-1984," *Iron Game History: The Journal of Physical Culture* 8, 3(May-June 2004): 3-22.

62. Terry Todd and Jan Todd,*, "Professor Pat O'Shea: Strength Science Pioneer," *Iron Game History: The Journal of Physical Culture*, 7, 4(April/May 2003): 26-29.

63. Jan Todd,* "The Strength Builders: A History of Barbells, Dumbbells, and Indian Clubs, *International Journal of the History* of Sport, 20, 1(March 2003): 65-90.

64. Jan Todd* and Terry Todd, "Pioneers of Strength Research: Peter V. Karpovich: Transforming the Strength Paradigm, *Journal of Strength and Conditioning Research* 17, 2 (2003): 213-220.

65. Jan Todd, "Father to a Strongwoman," *Aethlon: The Journal of Sport Literature*, 19, 2(Spring 2002): 15-24.

66. Jan Todd,* "'As Men Do Walk a Mile, Women Should Talk an Hour . . .Tis Their Exercise,' and Other Pre-Enlightenment Thought on Women and Purposive Exercise," *Iron Game History: The Journal of Physical Culture* 7(June/July 2002): 54-72.

67. Kim Beckwith and Jan Todd,* "Requiem for a Strongman: Reassessing the Career of Professor Louis Attila," *Iron Game History: The Journal of Physical Culture* 7, 2&3 (July 2002): 35-41.

68. Nick Bourne, Jan Todd,* and Terry Todd, "The Influence of the Cold War in the Development of Training Theory in Boxing," *Iron Game History: The Journal of Physical Culture* 7, 2&3 (July 2002): 16-20.

69. Terry Todd and Jan Todd,* "Pioneers of Strength Research: Herbert A deVries: 60 Years of Exercise and Science, *Journal of Strength and Conditioning* Research 16, 1 (2001): 5-8.

70. Terry Todd and Jan Todd,* "Pioneers of Strength Research: John Patrick O'Shea: A Man for All Seasons, *Journal of Strength and Conditioning Research* 15, 4(2001): 401-404.

71. John Bartholomew, Justin Moore, Jan Todd, Terry Todd and Christopher C. Elrod, "Psychological States Following Resistant Exercise of Different Workloads," *Journal of Applied Sport Psychology* 13(2001): 399-410.

72. Terry Todd and Jan Todd,* "Pioneers of Strength Research: The Legacy of Dr. Richard A Berger, *Journal of Strength and Conditioning Research* 15, 3(2001): 275-278.

73. Jan Todd and Michael Murphy*, "Portrait of a Strongman: The Circus Career of Ottley Russell Coulter—1912-1916," *Iron Game History: The Journal of Physical Culture* 7, 1(June 2001): 4-21.

74. Jan Todd* and Terry Todd, "Steve Reeves: The Last Interview," *Iron Game History: The Journal of Physical Culture* 6, 4(December 2000): 1-14.

75. Jan Todd,* Book Review: "Sandow the Magnificent: Eugen Sandow and the Beginnings of Bodybuilding," *Journal of Sport History* 26 2(Summer 1999): 404- 407.

76. Andy Kozar and Jan Todd,* "Physical Fitness Magazine: Why Did It Fail?" *Iron Game History: The Journal of Physical Culture* 5, 3(December 1998): 8-11.

77. Jan Todd, "From Milo to Milo: A History of Barbells, Dumbbells, and Indian Clubs," *Iron Game History: The Journal of Physical Culture* 3 6(April 1995): 4-16.

78. Jan Todd, "'Strength is Health:' George Barker Windship and the First American Weight Training Boom," *Iron Game History: The Journal of Physical Culture* 3,1(September 1993): 3-14.

79. Jan Todd,* "The Classical Ideal and Its Impact on the Search for Suitable Exercise: 1774-1830," *Iron Game History: The Journal of Physical Culture* 2, 4(November 1992): 6-16.

80. Jan Todd,* "The Origins of Strength Training for Female Athletes in North America," *Iron Game History: The Journal of Physical Culture* 2, 2(April 1992): 3- 14.

81. Jan Todd,* "The Legacy of Pudgy Stockton," *Iron Game History: The Journal of Physical Culture* 2, 1(January 1992): 5-7.

82. Jan Todd,* Dorothy Lovett and Terry Todd, "The Status of Women in the Strength and Conditioning Profession," *National Strength and Conditioning Association Journal* 13(December/January 1991-1992): 35-38.

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88. Jan Todd,* "Strength Training for Female Athletes," *Journal of Health, Physical Education, Recreation and Dance* 56(August 1985): 38-39.

D. Editorials, Book Reviews and Commentaries in Peer-Reviewed Journals

E.

1. Jan Todd and Terry Todd, "Remembering Tommy Kono: America's Greatest Weightlifter," *Iron Game History: The Journal of Physical Culture* 14(2 & 3) (July/August 2017): 1-2.

2. Terry Todd and Jan Todd, "A Final Note," *Iron Game History: The Journal of Physical Culture* 12(4) (August 2014): 67.

3. Jan Todd, "Strongest of the Strong," *Iron Game History: The Journal of Physical Culture 9*(4) (May 2007): 1-6.

4. Jan Todd, "Changing the Paradigm for Sport Studies," *AAFLA Annual Report* (Los Angeles, CA: AA.

5.Jan Todd, "Honoring Al Thomas *Iron Game History: The Journal of Physical Culture* 4(October 1995): 1-2.

6. Terry Todd and Jan Todd, "Gregg Ernst: Bringing Back the Backlift," *Iron Game History: The Journal of Physical Culture* 3(September 1994): 1-2.

7. Jan Todd and Terry Todd, "The Need for A Hall of Fame," *Iron Game History: The Journal of Physical Culture* 2(November 1992): 1-2.

8. Jan Todd and Terry Todd. "Weakness is a Crime (Book Review)," JOPERD: The Journal of Physical Education, Recreation and Dance 63 (February 1992): 75-76.

9. Jan Todd,* Book Review: Patricia Vertinsky's *The Eternally Wounded Woman: Women, Exercise and Doctors in the Late Nineteenth Century*," *Journal of Sport History* 19, 2(Summer 1992): 177-179.

10. Jan Todd and Terry Todd, "Looking Back and Moving Forward," *Iron Game History: The Journal of Physical Culture* 1(June 1990): 1-2.

10.Terry Todd and Jan Todd, "A Statement of Purpose," *Iron Game History: The Journal of Physical Culture*1(February 1990): 1-2.

11. Jan Todd,* "Book Review: Helen Lenskyj's Out of Bounds: Women, Sport and Sexuality," *Journal of Sport History* 16, 1(Spring 1989): 88-89.

12.Jan Todd, "Former Powerlifter Calls for Steroid Curbs," *Los Angeles Times* and syndicated nationally, (September 12, 1993).

13. Jan Todd, "Steroids Should be Controlled Substances," Guest editorial, *USA Today* (August 17, 1983): A-18.

F. Research-Based Documentary Films, Other Publications, and Projects

1. Historical Consultant, WWE/NetFlix documentary on Olympian and pro-wrestler Mark Henry, Aired in Summer 2024.

2. Historical Consultant for BBC documentary series on History of Bodybuilding and Its impact on modern culture. 2024.

3, Historical Consultant for Netflix 3-part Biography of Arnold Schwarzenegger. I contributed primarily to episode one. Aired in Summer 2023.

4. Consultant and Producer, *The Commissioner of Power*, 88-minute feature film produced in cooperation with Rogue Fitness, released in October 2021 at the Austin Film Festival.

5. Producer and Historical Consultant, Documentary Film: *Saxon: Chapter Five*, *Rogue Legends Series.* 40-minute documentary produced in cooperation with Rogue Fitness on career of strongman Arthur Saxon of Germany. Released in April 2020.

6.Producer and Historical Consultant, Documentary Film: *Sandwina: Chapter Four*, *Rogue Legends Series.* 40-minute documentary produced in cooperation with Rogue Fitness on career of strongwoman Katie Sandwina of Germany. Released in October 2019.

7.Producer and Historical Consultant, Documentary Film: *Hackenschmidt: Chapter Three*, *Rogue Legends Series.* 40-minute documentary produced in cooperation with Rogue Fitness on career of strongman George Hackenschmidt of Estonia. Released in September 2018.

8.Producer and Historical Consultant, Documentary Film: *Fullsterkur*, 1.5 hour documentary produced in cooperation with Rogue Fitness on the strength culture of Iceland. Released September 2018. *Fullsterker* was chosen as a "Marquee Feature" of the 2018 Austin Film Festival.

9.Producer and Historical Consultant, Documentary Film: *Apollon: Chapter Two, Rogue Legends Series.* 30-minute documentary produced in cooperation with Rogue Fitness on career of strongman Louis Uni of France. Released in October 2017.

10.Producer and Historical Consultant, Documentary Film: *Sandow: Rogue Legends Series.* 30-minute documentary produced in cooperation with Rogue Fitness on the career of strongman Eugen Sandow, Released May 2017. (More than 2.5 views in August 2017.)

11.Consulting Producer, *Born Strong* (Released November 2017). Documentary Film on Arnold Strongman Classic Competition, Triple Threat Productions.

12.Producer and Historical Consultant, Documentary Film: *Stoneland*, 45-minute

documentary film produced in cooperation with Rogue Fitness on Scottish Stone Lifting, Released December 2016. (More than 25M views by Dec 2020.). At: www.facebook.com/search/top/? q=Rogue%20Fitness %20stoneland.

13. Film: *Levantadores*, Producer and Historical Consultant, 30-minute documentary film produced in cooperation with Rogue Fitness on Basque Stone Lifting, Released November 2015. (More than 4M views in March 2017.) At: www.youtube.com/watch?v= vck32S27RmM.

14. Article: Jan Todd and Terry Todd, "The Collections of the H.J. Lutcher Stark Center," *The Collections: The University of Texas at Austin*, Andree Bober, ed., (Austin: University of Texas Press, 2016): 227-249.

15. Research-based website: Jan Todd, Brent Sipes and Taylor Brown, "Clyde Littlefield: Life of a Texas Legend," at: www.starkcenter.org. Launched in October 2014.

17. Research-based Website: Jan Todd, Terry Todd, Matt Bowers, Dominic Morais, Peter Ullmann, Ryan Munson & Jenna Galloway. *Longhorn Power: The History of Strength Training at Texas*. Launched in October 2012 at http://www.starkcenter.org/research/web/longhorn-power-the-history-of-strength-training-at-texas/.
18. Research-based website: Jan Todd, Matt Bowers, Peter Ullmann and Andy Miller, *The Quest for Victory: An Illustrated History of Strength Training for Sports:* www.starkcenter.org/research/ web/questforvictory/. Launched in 2010.

19. Research-based website: Jan Todd, Thomas Hunt and Jarrod Schenawark, *Longhorn Legacy: 100 Years of Football Programs at:* www.starkcenter.org. Launched 2005.

20. Video: Jan Todd, *Women and Weights: An Illustrated History.* Videotape lecture produced in cooperation with the American College of Sports Medicine (Monterey: Healthy Learning Videos, 1999): 54 minutes.

F. Encyclopedia Articles

1.Jan Todd, "Kate Roberts: Professional Strongwoman (revised essay)" *Berkshire Encyclopedia of World Sport*, 3rd. edition. (Berkshire Publishing, 2013).

2.Thomas M. Hunt and Jan Todd, "Drugs, Performance-Enhancing," in Steven A. Riess, ed., *Sports in America from Colonial Times to the Twenty-First Century: An Encyclopedia* (Armonk, NY: M.E. Sharpe, 2011).

3.Jan Todd, "Women's Weightlifting," Karen Christiansen, Allen Guttmann and Gertrud Pfister, eds., *The International Encyclopedia of Women and Sport* (NY and Great Barrington,

MS: Berkshire Reference Works/Macmillan Reference, 1999): 1260-1264.

4. Jan Todd, "Women's Powerlifting," Karen Christiansen, Allen Guttmann and Gertrud Pfister, eds., *The International Encyclopedia of Women and Sport* (NY and Great Barrington, MS: Berkshire Reference Works/Macmillan Reference, 1999): 899-902.

5. Jan Todd, "Kate Roberts, British Professional Strongwoman," Karen Christiansen, Allen Guttmann and Gertrud Pfister, eds., *The International Encyclopedia of Women and Sport* (NY and Great Barrington, MS: Berkshire Reference Works/Macmillan Reference, 1999): 937.

6.Jan Todd, "Bodybuilding," Tom Pendergast and Sara Pendergast, eds. *St. James Encyclopedia of Popular Culture*. 5 vols. (Farmington Hills: St. James Press, 1999): 305-308.

7.Jan Todd, "Cory Everson," Tom Pendergast and Sara Pendergast, eds. *St. James Encyclopedia of Popular Culture*. 5 vols. (Farmington Hills: St. James Press, 1999): 48.

8.Jan Todd, "Lenda Murray," Tom Pendergast and Sara Pendergast, eds. *St. James Encyclopedia of Popular Culture*. 5 vols. (Farmington Hills: St. James Press, 1999): 451.

9.Jan Todd, "Abbye 'Pudgy" Stockton," Tom Pendergast and Sara Pendergast, eds. *St. James Encyclopedia of Popular Culture*. 5 vols. (Farmington Hills: St. James Press, 1999): 541.

10.Jan Todd and Terry Todd "John Grimek," Tom Pendergast and Sara Pendergast, eds. *St. James Encyclopedia of Popular Culture.* 5 vols. (Farmington Hills: St. James Press, 1999): 316-317.

11.Jan Todd, "Muscle Beach," Tom Pendergast and Sara Pendergast, eds. *St. James Encyclopedia of Popular Culture*. 5 vols. (Farmington Hills: St. James Press, 1999): 453-455.

12.Jan Todd and Terry Todd, "Rachel McLish," Tom Pendergast and Sara Pendergast, eds. *St. James Encyclopedia of Popular Culture*. (Farmington Hills: St. James Press, 1999): 328-329.

13.Jan Todd and Terry Todd, "Steve Reeves," Tom Pendergast and Sara Pendergast, eds. *St. James Encyclopedia of Popular Culture.* 5 vols. (Farmington Hills: St. James Press, 1999): 193-194.

G. Peer-Reviewed Abstracts & Proceedings

The North American Society for Sport History stopped publishing their proceedings after 2019. See "Presentations" for scholarly abstracts and presentations since then.

1. Jan Todd, "Documenting the Life of Strongman Arthur Saxon," *Proceedings of the North American Society for Sport History* (2019),

2. Ciera Jones and Jan Todd,* "Austin Playground Experiences in the 1940s and 50s: A Culmination of City Planning, Leadership and Community Support," *Proceedings of*

the North American Society for Sport History (2019),

3. Kendrea Austin and Jan Todd,* "The Hard and the Soft: The Early Promotion of Yoga for Athletes," *Proceedings of the North American Society for Sport History* (2019),

4. Jan Todd, " Intercollegiate Strength Associations: Testing and Measuring Human Performance in Fin de Siècle American Universities," *Proceedings of the North American Society for Sport History* (2018): 13.

5.Florian Hemme, and Jan Todd,* "Shifting Institutional Logics in Public Recreation: A Modified Content Analysis," *Proceedings of the North American Society for Sport History* (2017), 47.

6.Jan Todd, "Thomas Topham, Dr. John Theophilus Desaguliers and the Early Search for the Limits of Human Strength," *Proceedings of the North American Society for Sport History* (2017), 111.

7.Mickey Phillips, and Jan Todd,* "Women's Collegiate Physical Education: World War II Comes to Campus," *Proceedings of the North American Society for Sport History* (2017), 91.

8.Dan Rosenke and Jan Todd,* The Curious Case of Pro-Hormones: An Analysis of Legislative History and Advertising Content," *Proceedings of the North American Society for Sport History* (2017), 103.

9. Mike Brenneman and Jan Todd* " Science, Steroids or . . . Matveyev? Soviet Sporting Supremacy During the Cold War and the Influence of Periodization," *Proceedings of the North American Society for Sport History* (2017), 19.

10. Ben Pollack and Jan Todd,* "Mail-Order Muscle: Advertising Physical Culture Correspondence Courses, 1889-1929, " *Proceedings of the North American Society for Sport History* (2016), 86.

11. Sam Shelfhout and Jan Todd,* " Lifting 'Round the World: The Political Impact of the USA Weightlifting Team's 1955 Goodwill Tour to the Middle East, *Proceedings of the North American Society for Sport History* (2016), 98.

12.Jan Todd, "Dumbbells, Pulleys, and Muscle: American Gymnasiums and Weight Training in the Pre-Civil War Era," *Proceedings of the North American Society for Sport History* (2016), 112.

13.Mickey Phillips and Jan Todd,* "Walter Camp: The Forgotten Physical Culture Entrepreneur," *Proceedings of the North American Society for Sport History* (2016), 81.

14.Daniel Rosenke and Jan Todd,* "Dr. Robert Kerr: 'The Steroid Guru,'" *Proceedings of the North American Society for Sport History* (2016), 93.

15. Jan Todd, "The Dirty Dozen: The 1983 Pan American Games and America's First Great Doping Scandal," *Proceedings of the North American Society for Sport History* (2015), 83.

16.Florian Hemme and Jan Todd,*“ To Go or Not to Go: A Historio-ethical Exploration of the 1936 Olympic Boycott Debate, *Proceedings of the North American Society for Sport History* (2015), 36.

17.Dominic G. Morais and Jan Todd,* Bulking Up Brand Community: *Strength & Health* Magazine, 1932 -1941, *Proceedings of the North American Society for Sport History* (2015), 53.

18.Mickey Phillips and Jan Todd,* “Physical Culture and America’s Preparation for World War I, *Proceedings of the North American Society for Sport History* (2015), 63.

19. Ben Pollack and Jan Todd, * “Vic Tanny and the Beginning of the Commercial Gym Business, 1912-1985,” *Proceedings of the North American Society for Sport History* (2015), 65.

20. Daniel Rosenke and Jan Todd, * “Autonomy and Biopower in the Anti-Doping Establishment: A ‘Rogue Agent of Governmentality’,” *Proceedings of the North American Society for Sport History* (2015), 74.

21.Jan Todd, “Boxing, Beauty, and Physical Culture: Vaudeville’s Belle Gordon—Champion Lady Bug Puncher of the World,” *Proceedings of the North American Society for Sport History* (2014), 104.

22.Florian Hemme and Jan Todd, * “After Mat: The Post-competitive Career of Wrestler and Philosopher George Hackenschmidt, *Proceedings of the North American Society for Sport History* (2014), 53.

23.Dominic G. Morais and Jan Todd, * “Using Material Culture in the Classroom *Proceedings of the North American Society for Sport History* (2014), 80.

24.Tolga Ozyurtcu and Jan Todd, * “California Dreams, California Schemes: Joe Weider’s Muscle Beach Myth,” *Proceedings of the North American Society for Sport History* (2014), 86.

25. Ben Pollack and Jan Todd, * “Joe Dube and the 1968 Olympic Games: The Role of Training Systems in Olympic Weightlifting,” *Proceedings of the North American Society for Sport History* (2014), 90.

26.Samuel T. Twito and Jan Todd, * “A History of Indian Clubs: From Ancient Wrestling to American Physical Culture,” *Proceedings of the North American Society for Sport History* (2014), 106.

27.Jan Todd and Terry Todd, Thomas L. DeLorme: Weightlifting Physician and Father of Progressive Resistance Exercise, * *Proceedings of the North American Society for Sport History (2013),* 95.

28.Dominic G. Morais, Matt Katz, and Jan Todd, * “Sandow’s Followers: An Historical Case Study of Brand Community,” Abstracts of the 2013 Annual Meeting, *North American Society for Sport Management*, 396-397.

29.Dominic G. Morais and Jan Todd, * “Vanderbilt Vice: The 1985 Vanderbilt University Steroid Controversy, *Proceedings of the North American Society for Sport History* (2013), 65.

30.Tolga Ozyurtcu and Jan Todd, * "Prepare For the Weirdness. Get Ready for Cannibalism": Hunter S. Thompson at ESPN," *Proceedings of the North American Society for Sport History* (2013), 69.

31.Ben Pollack and Jan Todd, * "The Old Lion is Awake at Last": Physical Culture in Britain on the Home Front and Front Lines During the Second World War, *Proceedings of the North American Society for Sport History* (2013), 72

32.Jan Todd, Thomas M. Hunt, Kim Beckwith and Tolga Ozyurtcu, * "Physical Culture Studies and Sport History: A Panel Discussion," *Proceedings of the North American Society for Sport History* (2012):180.

33.Jason Shurley and Jan Todd, * "Don't Worry, You Just Got Your Bell Rung": The Evolution of the Understanding of Chronic Head Trauma in Sports," *Proceedings of the North American Society for Sport History* (2011): 84.

34.Desiree Harguess and Jan Todd, * "Doris Barrilleaux and the Beginnings of Women's Bodybuilding," *Proceedings of the North American Society for Sport History (*2011): 43.

35.Tolga Ozyurtcu and Jan Todd, * "Re-Inventing the Wheel: Polyurethane Wheels and the Evolution of Skateboard Technology and Culture," *Proceedings of the North American Society for Sport History (*2011): 68.

36.Matthew T. Bowers and Jan Todd, * "Sociohistorical Perspectives on the Benefits of Youth Sport Participation: Reconceptualizing the 'Setting'" *Proceedings of the North American Society for Sport History (*2009): 6.

37.Matthew T. Bowers and Jan Todd, * "The President's Council on Physical Fitness and the Systematization of Children's Play in America," *Proceedings of the North American Society for Sport History (*2009): 182.

38.Jan Todd, "Before Musclebound: Strength Training for Male Athletes in Nineteenth and Early-Twentieth Century America," *Proceedings of the North American Society for Sport History (*2009), 56-57.

39. Jan Todd, "Seward Staley Honor Address: "Size Matters: Reflections on Muscle, Drugs and Sport," *Proceedings of the North American Society for Sport History (*2008), 199-200.

40.Jan Todd: "The Perfect Woman: Katie Sandwina and the Construction of Celebrity," Abstracts and Programme of the Third Meeting of the Transnational Scholars for the Study of Gender and Sport, Universita Degli Studi di Urbino 'Carlo Bo', (Urbino, Italy, 2007), 28-29.

41.Jan Todd, "Reconsidering the Career of Kati Sandwina: Germany's Herculean Venus," *Proceedings of the North American Society for Sport History*, (2007), 56.

42. Jan Todd, "Sport, Doping and the Parallel Federation Solution: An Historio-Ethical Analysis," *Proceedings of the International Journal for the Philosophy of Sport*, 2006: 46.

43. Jan Todd, "Weightlifting's Polymath: The Amazing Career of David P. Willoughby," *Proceedings of the North American Society for Sport History*, 2006: 101-102.

44. Jan Todd, "Hercules vs. Apollo: Bodybuilding Ideology in the Early Twentieth Century," *British Society for Sport History Bulletin*, 23(Summer 2006): 20-21.

45. Jan Todd, "An Ideal for All Time: The History and Iconic Significance of the Farnese Hercules in Sport and Physical Education," *Proceedings of the North American Society for Sport History*, 2005: 56-58.

46.Jan Todd, "Chaos Can Have Gentle Beginnings: An Autobiographical History of the Impact of Drug Testing on Powerlifting," *Proceedings of the North American Society for Sport History*, 2004: 116-117.

47. Cortez-Cooper, M.Y., A.E. DeVan, A. Anton, R. Farrar, K. Beckwith, Jan Todd, and H. Tanaka. The Effects of Strength Training on Arterial Stiffness in Women," *Medicine and Science in Sports and Exercise*. 36(5): S50, 2004.

48. Jan Todd, "Death of the Amazon: An Illustrated History of the Changing Ideal in Modern Women's Bodybuilding," *Proceedings of the Second International Conference on New Directions in the Humanities*, Monash University Centre, 2004, 372.

49.Jan Todd, "Growing Up Strong: Pat McCormick, Relna Brewer and Muscle Beach," *Proceedings of the North American Society for Sport History*, 2001: 107.

51. Jan Todd, "The Bodies of Muscle Beach: 1945-1970," *Proceedings of the North American Society for Sport History*, 2000: 32-33.

52. Josh Grau and Jan Todd, * "The Influence of Television on Professional Wrestling," *Proceedings of the North American Society for Sport History*, 2000: 60.

54. Pam Wuestenberg and Jan Todd,* "The Portrayal of Female Athletes in Film," Proceedings of the North American Society for Sport History, 2000: 66.

55.Kim Beckwith and Jan Todd,* "'Well, Old Boy, It one Me a great Deal of Good: Professor Attila, James J. Corbett and the Introduction of Systematic Strength Training for Athletes," *Proceedings of the North American Society for Sport History*, 2000: 26-27.

56.Nick Bourne and Jan Todd, * "Science Discovers Strength: The Growth of Weight Training in Athletics, 1950-1970," *Proceedings of the North American Society for Sport History*,2000: 28-29.

57. Francie Larrieau Smith and Jan Todd, * "Geography is Destiny: Sport and Physical Education for Women—A Case Study of Southwestern University," *Proceedings of the North American Society for Sport History*, 2000: 114-115.

58. Heather A. Huskins and Jan Todd, * "From a Strongman Comes Forth a New Woman: The Influence of Eugen Sandow on Women's Body Ideology, 1900- 1925." *Proceedings of the North American Society for Sport History*, 2000: 29- 30.

59.Jan Todd, "Reconsidering Antebellum Exercise: German Gymnastics and Women," *Proceedings of the North American Society for Sport History*, 1999: 29-30.

60. Jan Todd, "Picturing Amazons: Journalism and Muscular Womanhood," *Proceedings of the North American Society for Sport History*, 1998: 20-21.

61. Jan Todd, "Entertainers of Athletes? Professional Strongwomen, Vaudeville and the Early Twentieth Century Fascination with Female Strength," *Proceedings of the North American Society for Sport History* (1996): 13-14.

62. Jan Todd, "Pudgy Stockton and the Post-World War II Phenomenon of the Muscle Beach Girls," *Proceedings of the North American Society for Sport History* (1995): 57-59.

63. Jan Todd, "Bigger Bodies, Better Brains: The Nineteenth Century's Other Ideal of Womanhood," *Proceedings of the North American Society for Sport History* (1994): 9-10.

64. Jan Todd, "Beyond the Ivy Clad Walls: Observations on the Study of Women and Sport," *Proceedings of the North American Society for Sport History* (1992): 25.

65. Jan Todd, "The Strong Lady in America: Professional Strongwomen and the Police Gazette," *Proceedings of the North American Society for Sport History* (1990): 98-99.

66. Jan Todd, "The Feminine Mystique: The Interpretation of Femininity in an Athletic Context and the Impact of this Interpretation on Sex and Drug Testing for Female Athletes." *Proceedings of the North American Society for Sport History* (1989): 51.

67. Jan Todd, "Against All Odds: The Origins of Weight Training for Female Athletes," Proceedings of the North American Society for Sport History (1988): 33.

68. Terry Todd and Jan Todd*, George Hackenschmidt—The Russian Lion," *Proceedings of the North American Society for Sport History* (1987): 12-13.

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70. Jan Todd, "Bernarr Macfadden: Reformer of Feminine Form," *Proceedings of the North American Society for Sport History* (1986): 24.

G. Popular Articles in Trade Magazines and Newspapers

1. Jan Todd, “Strongest of the Strong: Is the Lithuanian Samson, Zydrunas Savickas, The Strongest Man to Ever Walk the Earth?” *Planet Muscle,* August/September 2007: 199-210.

2. Jan Todd, "Mastodons Return to Missouri: The 2003 American Strongman Championships," *Iron Man* 55(December 2003): 256-266, 270.

3. Jan Todd, "Women Power: The Herstory of Women and Weights," *Pure Power* 1(July 2001): 56-61.

4. Jan Todd, "Eating to Heal," *Prime* 2(Fall 1996): 6-117.

5. Jan Todd, "Mark Henry, The World's Strongest Man is One for the Record Books," *Iron Man* 55(June 1996): 140-145.

6. Jan Todd, "Mark Henry's Olympic Challenge," *Austin American Statesman* (September 12, 1991): C-7.

7. Jan Todd and Terry Todd, "Hermann Goerner," *Muscle and Fitness* 52(August 1991): 85-91.

8. Jan Todd, "Lift Your Way to Youthful Fitness," *Female Bodybuilding and Weight Training* 55(October 1986): 37-42.

9. Jan Todd, "The 1986 Women's Powerlifting Nationals," *Iron Man* 45(July 1986): 52-54.

10. Jan Todd, "The Longhorn Open," *Powerlifting Today* 2(December 1985): 7-9.

11. Jan Todd, "The World Masters Championships," *Power Digest* 1(December 1985): 12-16.

12. Jan Todd, "1985 Senior Nationals," *Power Digest* 1(October 1985): 17-20.

13. Jan Todd, "1985 ADFPA Men's National Championships," *Power Digest* 1(October 1985): 6-10.

14. Jan Todd, "The Women's World Powerlifting Championships," *Iron Man* 45(September 1985): 57-60.

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16. Jan Todd, "A Viennese Diary," *Power Digest* 1(August 1985): 21-26.

17. Jan Todd, "Reflections on theADFPA Women's Nationals," *Power Digest* 1(August 1985): 22-26.

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19. Jan Todd, "Pillow Talks," *Strength Training for Beauty* 2(July 1985): 65-69.

20. Jan Todd, "Pumping Iron II—A Book Review," *Strength Training for Beauty* 2(May 1985): 67-68.

21. Jan Todd, "Should Women Train Differently Than Men?," *Strength Training for Beauty* 2(March 1985): 82-86.

22. Jan Todd, "Winning the Losing Game," *Strength Training for Beauty* 2(January 1985): 70-75.

23. Jan Todd, "Richard Sandlin Got Rid of Drugs," *Iron Man* 44(January 1985): 15, 103.

24. Jan Todd, "Turn of the Century Bodybuilding," *Strength Training for Beauty,* 1(October 1984): 88-94.

25. Jan Todd, "Training for the Gold," *Strength Training for Beauty* 1(September 1984): 50-53.

26. Jan Todd, "Strength Training and Aging," *Strength Training for Beauty* 1(July 1984): 54-59.

27. Jan Todd and Nate Foster, "Women's National Power Championships," *Iron Man* 43(May 1984): 60-63, 70.

28. Jan Todd, "Powerful Training," *Strength Training for Beauty,* 1(May 1984): 90- 96.

29. Jan Todd, "World Powerlifting Championships: Part One" *Iron Man* 43(March 1984): 62-64.

30. Jan Todd, "World Powerlifting Championships: Part Two" *Iron Man* 43(May 1984): 65, 70-72.

31. Jan Todd, "Women's World Powerlifting Championships," *Iron Man* 42(September 1983): 58, 61-64.

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33. Jan Todd, "World and National Masters Championships," *Iron Man* 42(January 1983): 86-88, 109.

34. Jan Todd, "U.S. Wins World Power Championships," *Iron Man* 42(March 1983): 51-55.

35. Jan Todd, "Reflections on Adelaide," *Body Talk* 1(May 1983): 8-22.

36. Jan Todd, "Senior National Powerlifting Championships," *Iron Man* 42(November 1982): 52c-52f.

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40. Jan Todd, "Men's World Power Championships," *Iron Man* 41(March 1982): 49- 52.

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43. Jan Todd, "The Cash That Can't Be Checked," *The Powerlifter* 1(July 1981): 8-10.

44. Jan Todd, "Women's News," *The Powerlifter* 1(July 1981): 17-18.

45. Jan Todd, "Jim Grudzien—A Study in Persistence," *The Powerlifter* 1(July 1981): 20, 27.

46. Jan Todd, "The Women Wow the World," *The Powerlifter* 1(June 1981): 2-7.

47. Jan Todd, "Hubris and Happiness at Idaho Nationals," *The Powerlifter* 1(June 1981):10-14.

48. Jan Todd, "Gaugler Goes for the Gold," *The Powerlifter* 1(June 1981): 12-13.

49. Jan Todd, "Women's News," *The Powerlifter* 1(June 1981): 14.

50. Jan Todd, "Women's World," *The Powerlifter* 1(April/May 1981): 5.

51. Jan Todd, "Hawaii 1981," *The Powerlifter* 1(April/May 1981): 9, 26.

52. Jan Todd, "Anello—The Man and the Back," *The Powerlifter* 1(March 1981): 3-4.

53. Jan Todd, "Gayla, *The* Crane," *The Powerlifter* 1(March 1981): 12-13.

54. Jan Todd, "Ernie Gilbert," *The Powerlifter* 1(February 1981): 10-12, 27.

55. Jan Todd, "The Shoot Out at Arlington," *The Powerlifter* 1(January 1981): 6-12.

56. Jan Todd, "Women's World: A Proposal for the Organization of Women's Powerlifting, *The Powerlifter* 1(January 1981): 17-19.

H. Editorial Contributions, Abstract Reviewing, & Other Academic Contributions

2021-date Founder and organizer of Physical Cultures of the Body Conference, sponsored by Stark Center. The January 2024 conference ran over two days and featured both in-person and virtual presentations from physical culture scholars around the globe. Our 2026 Conference will be held on January 9 & 10.

2018-2025 Executive Editorial Board Member, *Kinesiology Review*, National Academy of Kinesiology.

2022-date Editorial Board Member, *International Journal of the History of Sport*.

1990-date Executive Editor and Co-Founder (with Terry Todd) of *Iron Game History: The Journal of Physical Culture*, a peer-reviewed academic journal searchable though both SportsDiscus (EBSCO) and the digital library of the Paul Ziffern Sport Resource Center (www.LA84. org) operated by the LA84 Foundation. See www.starkcenter.org for archival copies.

2017 Mentor/Advisor to North American Society for Sport History Graduate Essay Contest Winner Ben Pollack.

2015 Mentor/Advisor to North American Society for Sport Management Graduate Essay Contest Winner Florian Hemme.

2012 Mentor/Advisor to North American Society for Sport History Graduate Essay Contest Winner Dominic Morais.

1996-date Book and Article reviewer for: Penn State Press, Routledge Press, University of Illinois Press, University of Arkansas Press, and journals such as Journal of Sport History, International Journal of Sport History, Journal of Sport Management, Reviews in Kinesiology, Journal of Strength and Conditioning Research, and others.

2015-2017. Chair, National Conference Planning Committee and Abstract Reviewer, North American Society for Sport History; I also put sessions together thematically and designed the programs.

2012 Abstract Reviewer, for the International Convention on Science, Education, & Medicine in Sport in Glasgow, Scotland.

2007-2009 Chair, Publications Board, North American Society for Sport History.

2002-2005 Editorial Board, ACSM Health & Fitness Journal, American College of Sports Medicine.

1989 Contributor/Co-editor National Strength and Conditioning Association's Position Paper on Strength Training for Women, 1989. Published in two parts as: "Strength Training for Female Athletes, Part I, National Strength and Conditioning Association Journal 11(4) 1989: 43-55; and: "Strength Training for Female Athletes," Part II, National Strength and Conditioning Association Journal 11(5) 1989: 29-36.

Other Creative and Scholarly Activities

1. 2026 (May 20-25) Conference Organizer and Manager for North American Society for Sport History Annual Conference, AT&T Hotel and Conference Center, The University of Texas at Austin.

2. Directed the fifth annual Physical Culture of the Bodies Conference, January 2025.

3. Organized two Clyde Littlefield Lectures—September 2024 with Dr. Tolga Ozyurtcu on the history of UT Olympians; and the March 11, 2025 celebration of the release of *Stronger* by

Michael Joseph Gross held at the alumni Association with more than 200 people in attendance.

2. Designed and wrote text for two new exhibitions in Stark Center Galleries: "Women First!: A History of Women's Physical Activity and Sport at UT-Austin,"(2025) and "Jody Conradt: Longhorn Legend."(2024)

3. Curator: "What is the Stark Center," Exhibition in Stark Center lobby, Opened in October 2023.

4.Co-Curator, photographic exhibition "Coaching Greatness" a history of UT Football; Stark Center Sport Galleries, The University of Texas at Austin, Opened October 2019.

4.Co-Curator, photographic exhibition "Jabbin' and Grabbin" a history of boxing and wrestling; Stark Center Sport Galleries, The University of Texas at Austin, Spring 2017 to date.

5.Served as Program Chair for the North American Society for Sport History's Annual

Convention in 2016 and 2017.

6.Hosted the 1936 Berlin Olympics Exhibition in the Stark Center Galleries and sponsored a lecture series in conjunction with the exhibition in the summer and fall of 2016.

7.Co-Organizer with Donnie Maib of the UT Athletic Performance Clinic, University of Texas, May 17, 2015.

8.Co-Organizer with Donnie Maib of the UT Athletic Performance Clinic, University of Texas, May 24, 2014.

9.Curator (with Terry Todd) of "1914: A Perfect Season" Exhibition, Stark Center Galleries, September 2014 to date.

10. Curator (with Terry Todd) of "Muscle and Grace" Exhibition, Stark Center Galleries, May 2011 to date.

11. Consultant for *Guinness Book of Records* on Human Strength Records, 2014 to date.

12. Co-Organizer (with Daniel Keating) of "Take Charge Conference on Exercise Science", September 27, 2013, H.J. Lutcher Stark Center, University of Texas at Austin.

13. Co-Organizer (with Terry Todd) of "Remembering Austin Golf: An Evening with Ben Crenshaw and Tom Kite," in cooperation with Austin History Center, December 10, 2013, H.J. Lutcher Stark Center, University of Texas at Austin.

14. Co-Organizer (with Terry Todd) of "Basketball and American Culture Symposium" with Senator Bill Bradley, Alumni Center, University of Texas at Austin, November 29, 2012.

15. Director, "Our Body the Universe Within" Exhibition, Stark Center Galleries, April to October 2009.

17. Co-Chair of the Women's Studies Thematic Organizing Committee for 2000-2001. Our main event was a two-day symposium entitled "Olympia's Daughters: A Celebration of Women and Sport."

18. Historical Consultant: "Quest for Health, *"Modern Marvels* documentary aired in January of 1999 on the History Channel.

19. Historical Consultant: "Quest for Muscle," *Modern Marvels* documentary aired in January of 1999 on the History Channel.

20. Consultant on strength training, Angolan Olympic Committee, Luanda, Angola, Africa. 1997 -1999.

21. Historical Consultant: "Picturing the Modern Amazon: Representations of Today's Muscular Woman in Art and Writing," Exhibition and Book for the New Museum of Contemporary Art, New York City, New York. The show opened in March of 2000.

22. Historical Consultant: *National Geographic.* See "History of American Sport," *National Geographic*, July 1996.

23. Historical Consultant: Nike Corporation. During the summer of 1995, I helped Nike put together a material culture exhibit on gymnasium life in the 1920s and 1930s.

22. Historical Consultant: *Fit: Episodes in the History of the Body*, a feature-length documentary about the history of women's exercise. Funded through the National Endowment for the Humanities. Produced by Laurie Block, released in 1994.

Invited Lectures and Academic Presentations

1. Pending: Jan Todd, "Hiding In Plain Sight: The Murchison Stone's Jacobite History," Physical Cultures of the Body, January 9, 2026.
2. Pending: Jan Todd, **Invited Lecture**, "Title IX's Impact on Female Strength," Penn State University at Harrisburg, April 2026.

3. Jan Todd, **Invited Lecture**, "My Unexpected Career in Strength," East Tennessee State University, November 7, 2025

4. Jan Todd, "Preserving the History of Women's Rowing," North American Society for Sport History, Gatineau, Quebec, May 2025.

5. Jan Todd, "How Do I Train to Get Stronger?" Fan Mail and the Evolution of Early Powerlifting Training Methods," Physical Cultures of the Body, January 17, 2025.

6. Jan Todd, "Before and After Inside Powerlifting," North American Society for Sport History, Denver, CO, May 2024

7. Jan Todd, Reflections on Title IX and a Life in Sport," OSHER Lifetime Learning Institute, October 12, 2023, The University of Texas at Austin.

8. Jan Todd, Strongmen and Science: A History of Dynamometers and Strength Testing," International Society for History of Physical Education and Sport, Lausanne, Switzerland, July 12, 2023

9. Jan Todd, "Bodies that Mattered: Noble Savages, Classical Statues and the Evolution of Western Physical Education," North American Society for Sport History, Washington, DC, May 28, 2023.

10. Lucy Boucher and Jan Todd,* "Weightlifting is no Mug's Game, But a Science":

Thomas Inch and Scientific Lifting in Late Nineteenth and Early Twentieth Century Britain." North American Society for Sport History, Washington, DC, May 28, 2023.

11. Erin Crownover and Jan Todd,* "He Was Only a Negro": Henry Reeves, First Athletic Trainer of the Texas Longhorns, North American Society for Sport History, Washington, DC, May 29, 2023

12. Jan Todd, "The Strongman and the Scientist: Thomas Topham, Jean Theosophile Desagulier and the Early Efforts to Measure Strength," Lecture for History and Philosophy of Science Program, University of Texas, March 24, 2023.

13. Jan Todd, "The Measure of a Man: The Iron Game Contributions of Polymath David P. Willoughby," Physical Cultures of the Body Virtual Conference, Stark Center, The University of Texas, January 14, 2022.

14. Jan Todd, "Preserving Physical Culture," Lecture for History and Philosophy of Science Program, University of Texas, April 22, 2022.

15. Jan Todd, "Strength in the Long Seventies: The Impact of Inside Powerlifting," North American Society for Sport History, Chicago, Illinois, May 27, 2022.

16. Jan Todd, "Reflections on 'Bernarr Macfadden: Reformer of Feminine Form," NASSH 50th Anniversary Graduate Essay Winner Presentation,'" North American Society for Sport History, Chicago, Illinois, May 28, 2022.

17. Erin Crownover and Jan Todd, "Conversations Surrounding Race in Sport History: The Story of Henry Reeves," North American Society for Sport History, Chicago, Illinois, May 29, 2022.

18. Jan Todd, "Death and Gratitude: A Presidential Reflection," NASSH 50th Anniversary Presentation, North American Society for Sport History, Chicago, Illinois, May 28, 2022.

19. Lucy Boucher and Jan Todd, "The Mother of Physical Culture: Mary Macfadden and the Eugenic Legacy of the Physical Culture Family, North American Society for Sport History, Chicago, Illinois, May 28, 2022.

20. Erin Crownover and Jan Todd,* "Henry 'Doc' Reeves: First Athletic Trainer of the Longhorns," Physical Cultures of the Body Conference, Stark Center, The University of Texas, January 14, 2022.

21. Jan Todd, "Meditations on the Mystery of Minerva," Physical Cultures of the Body Conference, Stark Center, The University of Texas, January 15, 2021.

22. Jan Todd, "Weights and War: Thomas Delorme and Medical Rehabilitation During WWII," Invited Lecture for History and Philosophy of Science Program, University of Texas, March 5, 2021.

23. Jan Todd & Kristen Wilson, University of Texas at Austin, "'Fitness is More than Firm Muscles': The Life and Legacy of Paige Palmer, Ohio's First Lady of Fitness," North American Society for Sport History, Chicago, IL, May 2020.

24. Kendrea Austin and Jan Todd,* "The Hard and the Soft: The Early Promotion of Yoga for Athletes." North American Society for Sport History, Boise, Idaho, May 25, 2019. (Peer Reviewed).

25. Jan Todd, "Comments on Systems of Exercise," North American Society for Sport History, Boise, Idaho, May 25, 2019. (Peer Reviewed).

26. Ciera Jones and Jan Todd,* "Austin Playground Experiences in the 1940s and 1950s; A Culmination of City Planning, Leadership and Community Support." North American Society for Sport History, Boise, Idaho, May 26, 2019. (Peer Reviewed).

27. Jan Todd, "Documenting the Life of Strongman Arthur Saxon: A NASSH Quest." North American Society for Sport History, Boise, Idaho, May 27, 2019. (Peer Reviewed)

28. Jan Todd, "Intercollegiate Strength Associations: Testing and Measuring Human Performance in *Fin de Siècle* American Universities," North American Society for Sport History, University of Winnipeg, Winnipeg, Manitoba, May 26, 2018.

29. Jan Todd, "Comments on Body Pedagogies, Training and Sport," North American Society for Sport History, University of Winnipeg, Winnipeg, Manitoba, May 26, 2017. (Invited Commentary).

30. Jason Shurley and Jan Todd,* "Taking a Stand: The NSCA's Position Paper for Female Athletes and its Impact on Strength Training Research, 1990-2017." *Western Society for Kinesiology and Wellness Annual Convention*, 11 October 2017. (Peer Reviewed).

31. Jan Todd, "The Limits of Strength and Human Performance," National Academy of Kinesiology, Crystal City, Washington, D.C., September 16, 2017. (Invited Lecture).

32. Michael Brenneman and Jan Todd,* "Was it Drugs or Matveyev? Soviet Olympic Supremacy and the Introduction of Periodization," North American Society for Sport History, California State University at Fullerton, May 29, 2017. (Peer Reviewed).

33. Florian Hemme and Jan Todd,* "Shifting Institutional Logic in Public Recreation, A Modified Content Analysis," North American Society for Sport History, California State University at Fullerton, May 29, 2017. (Peer Reviewed).

34. Jan Todd, "Thomas Topham, Dr. John Thomas DeSaulnier's, and the Early Search for the Limits of Human Strength," North American Society for Sport History, California State University at Fullerton, May 29, 2017. (Peer Reviewed).

35. Florian Hemme, Matt Bowers, and Jan Todd *"A Longitudinal Multiple-case Study of Attention- based Sensemaking in Public Recreation." North American Society for Sport Management Annual Conference, Denver, CO., (June 2, 2017).

36. Hemme, F., Todd, J.S., & Bowers, M.T. (May/June 2017). "Change Readiness in Public Recreation: A Longitudinal Multiple-case Study. " North American Society for Sport Management Annual Conference, Denver, CO. (June 3, 2017).

37. Dan Rosenke and Jan Todd, "The Curious Case of Pro-hormones: An Analysis of Legislative History and Advertising Content," North American Society for Sport History, California State University at Fullerton, May 27, 2017.

38. Jan Todd, "Curating Worlds II," Panel Member, American Studies in the World Today Conference, The University of Texas at Austin, November 4, 2016.

39. Ben Pollack and Jan Todd,* "Mail Order Muscle: Advertising, Physical Culture Correspondence Courses, 1889-1929," North American Society for Sport History, Georgia Tech University, Atlanta, Georgia, May 28, 2016. (Peer Reviewed).

40. Jan Todd, "Dumbbells, Pulleys, and Muscle: American Gymnasiums and Weight Training in the Pre-Civil War Era," North American Society for Sport History, Georgia Tech University, Atlanta, Georgia, May 28, 2016. . (Peer Reviewed).

41. Dan Rosenke and Jan Todd, * "Dr. Robert Kerr: The Steroid Guru," North American Society for Sport History, Georgia Tech University, Atlanta, Georgia, May 28, 2016. . (Peer Reviewed)

42. Mickey Phillips and Jan Todd, * "Walter Camp: The Forgotten Physical Culture Entrepreneur, North American Society for Sport History, Georgia Tech University, Atlanta, Georgia, May 28, 2016. . (Peer Reviewed).

43. Jan Todd, "A Scandal and a Warning: The History of the 1983 Pan American Games Doping Control," North American Society for Sport History, Miami, Florida (May 2015). (Peer Reviewed.)

44. Benjamin Pollack & Jan Todd, * "Vic Tanny and the Beginning of the Commercial Gym Business, 1912-1985," North American Society for Sport History, Miami, Florida (May 2015). (Peer Reviewed.)

45. Dominic Morais & Jan Todd, * "Bob Hoffman, York Barbell and Building Brand Community" North American Society for Sport History, Miami, Florida (May 2015). (Peer Reviewed).

46. Mickey Phillips and Jan Todd, * "Walter Camp, Physical Culture and America's Preparation for World War I," North American Society for Sport History Annual Convention, Miami, Florida. (May 2015) (Peer Reviewed.)

47. Dan Rosenke and Jan Todd, * Autonomy and Biopower in the Anti-Doping Establishment: A 'Rogue Agent of Governmentality'," North American Society for Sport History Annual Convention, Miami, Florida. (May 2015) (Peer Reviewed.)

48. Florian Hemme and Jan Todd, * (May 2015). "To Go or Not to Go: A Historic-ethical Exploration of the 1936 Olympic Boycott Debate." . North American Society for Sport History Annual Convention, Miami, Florida. (May 2015) (Peer Reviewed.)

49. Florian Hemme, Dominic Morais and Jan Todd. * "Navigating the Niche: Conversations with Personal Trainers and Private Gym Owners, Popular Culture Association/American Culture Association, New Orleans, April 1-4, 2015. (Peer Reviewed.)

50. Jan Todd, "Reflections on the Emergence of Physical Culture(al) Studies," Lynne W. McCraw Lecture Series, University of Texas at Austin, September 26, 2014. (Invited Lecture)

51. Jan Todd, "Boxing, Beauty and Physical Culture: Vaudeville's Belle Gordon—Champion Lady Bag Puncher of the World," North American Society for Sport History, Glenwood Springs, Colorado, May 30, 2014. (Peer Reviewed.)

52. Tolga Ozyurtcu and Jan Todd, * "California Dreams, California Schemes, Joe Weider's Muscle Beach Myth," North American Society for Sport History, Glenwood Springs, Colorado, June 2, 2014. (Peer Reviewed.)

53. Ben Pollack and Jan Todd, * "Joe Dube and the 1968 Olympic Games: The Role of Training Systems in Olympic Weightlifting," North American Society for Sport History, Glenwood Springs, Colorado, June 2, 2014. (Peer Reviewed.)

54. Sam Twito and Jan Todd, * "A History of Indian Clubs: From Ancient Wrestling to American Physical Culture," North American Society for Sport History, Glenwood Springs, Colorado, June 2, 2014. (Peer Reviewed.)

55. Florian Hemme and Jan Todd, * "After Mat: The Post-Competitive Career of Wrestler and Philosopher George Hackenschmidt," North American Society for Sport History, Glenwood Springs, Colorado, June 2, 2014.

56. Dominic Morais and Jan Todd, * "Handling History: Using Material Culture in the Classroom," North American Society for Sport History, Glenwood Springs, Colorado, June 2, 2014.

57. Jan Todd, "Reflections on the Emergence of Physical Culture (Cultural) Studies and its Implications for Kinesiology," National Academy of Kinesiology Annual Meeting, Colorado Springs, Colorado, September 20, 2013. *Invited lecture.*

58. Jan Todd and Terry Todd, "Building Better Athletes: An Illustrated History,"

Collegiate Strength and Conditioning Coaches Conference, Kansas City, KS, May 9, 2013. *Invited lecture.*

59. Patti Phillips, Jan Todd and Meg Ritchie-Stone, "Empowering, Developing and Advancing a Successful Career in Athletics," Collegiate Strength and Conditioning Coaches Conference, Kansas City, KS, May 9, 2013. *Invited Panel Presentation.*

60. Jan Todd and Terry Todd, "The Science of Superhuman Strength," Science Study Break Lecture Series, Sponsored by UT Libraries, The University of Texas at Austin, November 7, 2012.

61. Dominic G. Morais and Jan Todd, * "Vanderbilt Vice: The 1985 Vanderbilt University Steroid Controversy," North American Society for Sport History, Halifax, Nova Scotia, May 27, 2013.

62. Jan Todd and Jason Shurley, "Thomas L. DeLorme: Weightlifting Physician and Father of Progressive Resistance Exercise," North American Society for Sport History, Halifax, Nova Scotia, May 26, 2013.

63. Tolga Ozyurtcu and Jan Todd, * "Prepare for the Weirdness: Get Ready for Cannibalism, Hunter S. Thompson at ESPN," North American Society for Sport History, Halifax, Nova Scotia, May 27, 2013

64. Ben Pollack and Jan Todd, * "The Old Lion is Awake at Last: Physical Culture in Britain on the Home Front and Front Lines During the Second World War," North American Society for Sport History, Halifax, Nova Scotia, May 25, 2013.

65. Dominic G. Morais, Matt Katz, and Jan Todd, * "Sandow's Followers: An Historical Case Study of Brand Community," *North American Society for Sport Management Conference*, *Austin, TX*, June 1, 2013. (Poster presentation)

66. Jan Todd, "Connecting Physical Culture to Physical Fitness," Signature Course Special Lecture, H.J. Lutcher Stark Center, The University of Texas, February 12, 2013.

67. Thomas M. Hunt and Jan Todd, * "The 1968 Oral History Project and the Institute for Olympic Studies at the H.J. Lutcher Stark Center for Physical Culture and Sports, University of Texas at Austin," First International Colloquium of the Olympic Studies and Research Centers, Centre for Olympic Studies and Research, Loughborough University, United Kingdom, July 24, 2012.

68. Jan Todd and Terry Todd, "Journalism, Sport and Doping: Reframing the Debate," International Convention on Science, Education and Medicine in Sport, Glasgow, Scotland, July 20, 2012. *Invited lecture.*

69. Jan Todd, "Roy McLean, Charlie Craven and the History of Strength and Conditioning at U.T." Department of Athletics Strength Staff Symposium, June 20,

2012.

70. Jan Todd, "Defining Physical Culture in Sport History," North American Society for Sport History, Berkeley, California, June 3, 2012.

71. Dominic G. Morais and Jan Todd, * "Branding Iron: An Examination of Eugen Sandow's Utilization of 'Modern' Marketing," *North American Society for Sport History Conference,* Berkley, CA, May 2012. (NASSH Graduate Essay Winner)

72. Jan Todd, "The Strength of Women: An Illustrated History," Warren Stewart Lecture, Old Dominion University, April 6, 2012. *Invited Lecture*

73. Jan Todd, "The Muscle Problem: Myths about Girls, Women, Strength and Sports," Keynote Address, First National Conference for Girls and Women in Sport and Physical Activity, University of North Carolina, Greensboro, October 21, 2012. *Invited Lecture*

74. Jan Todd, "A Critical Analysis of George Hackenschmidt's Philosophy of Sport and Physical Culture," International Association for the Philosophy of Sport, Rochester, New York, September 9, 2011.

75. Jan Todd, "Sig Klein's Steins and the German Turner Movement," Stein Collector's International: Lone Star Chapter," Stark Center, University of Texas, Austin, Texas, September 24, 2011.

76. Jan Todd, "The History of the Strength and Conditioning Profession," Department of Athletics Strength Staff Symposium, June 24, 2011.

77. Jan Todd, "Reconsidering the NCAA's Mission: A Response to Allen Sack," January 11, 2011, NCAA Scholarly Colloquium, San Antonio Texas.

78. Terry Todd & Jan Todd, "Strength and Conditioning; An Historical Perspective," NSCA Coaches Conference, Dallas, Texas, January 7, 2011. *Invited Lecture*

79. Jan Todd and Terry Todd, *Keynote Address*, "From Righteous Anger to Bored and Blasé: The Evolution of the Debate Over Doping in Academic and Popular Media," Doping Conference 2010, The University of Copenhagen, Copenhagen, Denmark, November 11, 2010.

80. Jan Todd, "The Weakness Myth: Reflections on Women and Strength," North American Society for Sport History, Orlando, Florida, May 31, 2010.

81. Jan Todd, "The Muscle Problem: Myths about Women, Strength and Sports," Joan S. Hult Women's History Distinguished Lecture, University of Maryland, March 31, 2010. *Invited lecture.*

82. Jan Todd, "Commencement Address," College of Education, The University of Texas, December 19, 2009. Invited Address.

83. Jan Todd, “Facility Planning: The Stark Center Story,” Texas State University, Dept. of Kinesiology, Class Lecture , November 10, 2009.

84. Jan Todd, “Before Musclebound: The Early History of Strength Training for Athletics,” North American Society for Sport History, Ashville, North Carolina, May 24, 2009.

85. Jan Todd, “The Legacy of Lutcher Stark,” University of Texas Board of Regents Meeting, Austin, Texas, November 2010. *Invited lecture*.

86. Jan Todd, “Research Methods in Sport History and Sport Management,” Texas State University, Invited Class Lecture, February 2, 2009.

87. Jan Todd, “Size Matters: Reflections on Muscle, Drugs and Sport” McCraw Lecture, October 2008, The University of Texas at Austin.

88. Jan Todd, “Size Matters: Reflections on Muscle, Drugs and Sport,” The Seward Staley Honor Address, North American Society for Sport History, Lake Placid, New York, May 24, 2008.

89. Jan Todd: “The Perfect Woman: Katie Sandwina and the Construction of Celebrity,” Third Meeting of the Transnational Scholars for the Study of Gender and Sport, Universita Degli Studi di Urbino ‘Carlo Bo’; Urbino, Italy, December 1, 2007.

90. Jan Todd, "Reconsidering the Career of Kati Sandwina," North American Society for Sport History, Lubbock, Texas, May 28, 2007. (Peer Reviewed.)

91. Jan Todd, “Women and Strength, an Illustrated History,” Mark Kodya Memorial Lecture, Kinesiology Colloquium, Penn State University, University Park, Pennsylvania, April 19, 2007. *Invited lecture.*

92. Jan Todd, “Constructing Katie Sandwina,” American Historical Association, Atlanta, Georgia, January 2007.

93. Jan Todd, “Sport, Doping and the Parallel Federation Solution: An Historio-Ethical Analysis,” International Association for Philosophy of Sport,” Niagara Falls, Ontario, Canada. September 2006. (Peer Reviewed.)

94. Jan Todd, “Hercules vs. Apollo: Bodybuilding Ideology in the Early Twentieth Century,” British Society for Sports History,” Lancaster, England, September 2006.

95. Jan Todd, "Weightlifting’s Polymath: The Amazing Career of David P. Willoughby," North American Society for Sport History, Glenwood Springs, Colorado, May 2006.

96. Jan Todd, "Muscle Beach: An Illustrated History," American Studies Program, Amherst College, Amherst, Massachusetts. March 19, 2006. *Invited Lecture* .

97. Jan Todd, "An Ideal for All Time: The History and Iconic Significance of the Farnese Hercules," North American Society for Sport History, Green Bay, Wisconsin, May 2005.

98. Kim Beckwith, Jan Todd and Roger Farrar, "Project Firepower," 3rd. Annual Conference on Girls' and Women's Physical Activity and Sport. Louisiana State University in Shreveport, February 4, 2005.

99. Jan Todd, "Chaos Can Have Gentle Beginnings: A History of the Impact of Drug Testing on Powerlifting," North American Society for Sport History, Asilomar, California, May 30, 2004.

100. Jan Todd, "Death of the Amazon: An Illustrated History of the Changing Ideal in Modern Women's Bodybuilding," Second International Conference on New Directions in the Humanities, Monash University, Prato, Italy, July 22, 2004.

101. Jan Todd, "Iron Maidens: An Illustrated History of Strength, Muscularity and American Women," American Studies Annual Lecture, Penn State University at Harrisburg, March 22, 2004. *Invited Lecture*.

102. Jan Todd and Terry Todd, "The Question of Doping in Parallel Forms of Sport," The Hastings Center for Ethics, Garrison, New York, October 16, 2004. *Invited Lecture*.

103. Jan Todd, "Ethical Issues in Sport and Doping," Philosophy Department, Texas State University, San Marcos, Texas, October 24, 2003. *Invited Lecture*.

104. Jan Todd, "The Culture of Drugs and Sport," Texas-Exes Alumni College, June 24, 2004, University of Texas at Austin. *Invited Lecture*.

105. Cortez-Cooper, M.Y., A.E. DeVan, A. Anton, R. Farrar, K. Beckwith, Jan Todd, and H. Tanaka. "The Effects of Strength Training on Arterial Stiffness in Young Women," slide lecture, American College of Sports Medicine, Indianapolis, Indiana, June 2, 2004.

106. Jan Todd, "Ironmaidens: An Illustrated History of Women and Strength Training, The Twelth Anderson Sport Performance Lecture, Department of Kinesiology, University of Texas at Arlington, Arlington, Texas, February 11, 2002. *Invited Lecture*.

107. Jan Todd, "Beware the Amazon: Women, Strength and Muscularity," Women's Studies Program, University of Houston, November 8, 2001. *Invited Lecture*.

108. Jan Todd , "Doping in Alternative Sport Cultures: A Multi-Disciplinary Report, "Research on Doping in Sport Symposium, Norwegian Research Council, Norwegian

University for Sport and Physical Education, Oslo, May 22, 2001. *Invited Lecture.*

109. Jan Todd, "Growing Up Strong: Pat McCormick, Relna McRae and Muscle Beach," North American Society for Sport History, University of Western Ontario, May 26, 2001.

110. Jan Todd, "Here Come the Amazons: An Illustrated History of Women and Weights," Georgia College and State University, Milledgeville, Georgia. March 19, 2001. *Invited lecture*.

111. Jan Todd, "Project Firepower: Strength Training for Female Firefighters," Ninth International Conference of Fire Service Women, Atlanta, Georgia, March 16, 2001.

112. Jan Todd, "Debunking the Frailty Myth: Women, Strength Training and the New Millennium," Annual Meeting of the Texas Chapter of the American College of Sports Medicine, Texas Christian University, Fort Worth, TX, February 24, 2001. *Invited Lecture*.

113. Jan Todd, "Historical Perspectives on Strength Training for Women," National Strength and Conditioning Association, Orlando, Florida, June 24, 2000. *Invited Lecture.*

114. Jan Todd, "Women and Strength," Pan American Powerlifting Symposium, Chicago, Illinois, April 5, 2000. *Invited Lecture.*

115. Jan Todd, "Past, Present and Future Perspectives on Strength Training for Female Athletes," New England Chapter of the American College of Sports Medicine, Concord, Massachusetts, March 2, 2000. *Keynote Address: Invited Lecture.*

116. Jan Todd, "Women, Exercise and the Quest for an Ideal Body," Palo Alto College, San Antonio, Texas. March 16, 2000. *Invited lecture.*

117. John Bartholomew, Chris Elrod, Jan Todd & Terry Todd, "Does Stress Reduce the Training Effect of Exercise?" American Psychological Association, Washington, D.C., 2000.

118. John Bartholomew, Justin Moore, Jan Todd & Chris Elrod, "Resistance Exercise and Positive Psychological States — a Dose Response Study," American College of Sports Medicine, Indianapolis, Indiana, June 2000.

119. Jan Todd, "The Body Business and American Women," Texas Association for Health, Physical Education, Recreation and Dance, Austin, Texas, December 3, 1999.

120. Jan Todd, "Bigger, Faster, Stronger: Sports and the Future," North Central College, Naperville, Illinois, October 20, 1999. *Invited Lecture*.

121. Jan Todd, "Women and Resistance Training," New Mexico State University, Sponsored by NCAA, September 16, 1999. *Invited lecture.*

122. Jan Todd, "Myths about Women, Strength and Muscularity," ACSM Annual Meeting, Seattle, Washington, June 4, 1999. (*This marked the first time that the ACSM held a research seminar on the history of exercise and sport science.)*

123. Jan Todd, "Reconsidering Antebellum Exercise: German Gymnastics and American Women," North American Society for Sport History, State College, PA, May 24, 1999.

124. Jan Todd, "Women and Weights: An Illustrated History," ACSM Fitness Summit, New Orleans, LA, April 18, 1999. *Keynote Address: Invited Lecture.*

125. Marcus W. Kilpatrick, John Bartholomew, Harold Riemer and Jan Todd, "Development of the Goal Orientation in Exercise Scale (GOES): Modification of the Task and Ego Orientation in Sport Questionnaire (TEOSQ)," North American Society for the Psychology and Sport of Physical Activity, Clearwater, Florida, 1999.

126. Jan Todd, "The Body Business: Remaking American Women," Krost Symposium on Sport and Society, Texas Lutheran University, Seguin, Texas, February 12, 1999. *Invited lecture.*

127. Jan Todd, "Evolution of Fitness Training," 3rd. Annual Wellness, Health and Athletic Performance Conference, Granberry, Texas, February 12, 1999. *Invited lecture.*

128. Jan Todd, "Bring on the Amazons:" Women, Strength and Muscularity" Presented as part of "Women and Health: Outside In—Women and the Gaze," Women's Studies Symposium, The University of Texas at Austin, September 25, 1998.

129. Jan Todd, "Women and Weights an Illustrated History," Lynn McCraw Departmental Lecture Series, Kinesiology and Health Education, The University of Texas at Austin, October 30, 1998.

130. Jan Todd, "Women and Weights: An Illustrated History," D.B. Dill Historical Lecture, American College of Sports Medicine Annual Meeting, Orlando, Florida, 5 June 1998. *Invited, Honor Address.*

131. Jan Todd, "Picturing Amazons: Journalism and Muscular Womanhood," North American Society for Sport History, University of Windsor, Windsor, Ontario, Canada, May 25, 1998.

132. Jan Todd and Terry Todd "Drugs and the Shape of the Future," Clinical Chemistry Conference, UT Southwestern Medical School, Dallas, Texas, June 18, 1998. *Invited lecture.*

133. Jan Todd, "Women's Exercise: An Historical Overview," 1998 Midwinter Conference of American Association of Oral and Maxillofacial Surgeons, Phoenix, Arizona, February 7, 1998. *Invited lecture.*

134. Jan Todd, "Personal Fitness Planning—Periodization," 1998 Midwinter Conference of American Association of Oral and Maxillofacial Surgeons, Phoenix, Arizona, February 7, 1998. *Invited lecture.*

135. Jan Todd, "Bring on the Amazons: The Media and Muscular Womanhood," Popular Culture and American Culture Association Annual Conference, Orlando, Florida, April 9, 1998.

136. Jan Todd, "Doping in International Sport: An Historical Overview," Amateur Athletic Foundation's Doping in Elite Sport Conference, Los Angeles, California, April 25, 1998. *Invited Paper.*

137. Jan Todd, "Special Considerations in the Strength Training of Female Athletes," American Orthopedic Foot and Ankle Association Pre-Olympic Congress, Atlanta, Georgia, June 13, 1996. *Invited lecture.*

138. Jan Todd, "Performers or Athletes? Vaudeville, Professional Strongwomen and the Emergence of the New Woman," North American Society for Sport History, Auburn University, Auburn, Alabama, May 23, 1996.

139. Jan Todd, "Beauty and Brawn: Professional Women Athletes at the Turn of the Century, "lecture as part of the Celebration of Women's History Month, Auburn University at Montgomery, Montgomery, Alabama, March 7, 1996.

140. Jan Todd, "Not for Men Only: An Illustrated History of Female Strength Artists, Boxers and Athletic Performers," Special Lecture at Bass Concert Hall, Department of Theatre and Dance, University of Texas at Austin, March 19, 1996. *Invited lecture.*

141. Jan Todd, "The Experimental Freshman Program—A Remembrance," Convocation Address, Mercer University, Macon, Georgia, January 24, 1995. *Invited lecture.*

142. Jan Todd, "The Legacy of Pudgy Stockton," North American Society for Sport History, Long Beach, California, May 28, 1995.

143. Jan Todd, "Bigger Bodies—Better Brains: The Nineteenth Century's Other Ideal of Womanhood," North American Society for Sport History, Saskatoon, Saskatchewan, Canada, May 30, 1994.

144. Jan Todd, "Women's Sport and Issues of Integrity in Athletics," Symposium: Issues of Integrity and Athletics, The University of Texas at Austin, April 7, 1994.

145. Jan Todd, "Who's Fit?' A Critique of Laurie Block's *Fit: Episodes in the History of the Body*,' North American Society for Sport History, Albuquerque, New Mexico, May 24, 1993.

146. Jan Todd, "An Overview of Resources in the Field of Weightlifting History," Oldetime Barbell and Strongman Association," Downtown Athletic Club, New York City, September 1992. *Invited lecture.*

147. Jan Todd, "Periodization Training for Female Athletes," New Jersey Athletic Association, Ocean City, New Jersey, June 1992. *Invited lecture.*

148. Jan Todd, "Beyond the Ivy Clad Walls: New Directions for the Study of Women's Sport History," North American Society for Sport History, Halifax, Nova Scotia, Canada, May 24, 1992.

149. Jan Todd, "Resources for the Historical Study of Physical Culture," North American Sport Library Information Network Annual Meeting, Kansas City, Missouri, November 1991.

150. Jan Todd, "Abbye Stockton, Bodybuilding Pioneer," Oldetime Barbell and Strongman Association, Downtown Athletic Club, New York, New York, September 1991.

151. Jan Todd, "San Antonio's Strong Lady: The Amazing Minerva," Texas State Historical Association, Dallas, Texas, March 8, 1991.

152. Jan Todd, "Sex, Gender and Drug Testing: A Twentieth Century Dilemma," History Academy of AAHPERD, New Orleans, Louisiana, March 31, 1990.

153. Jan Todd, "Girls Will Be Girls: Gender, Drug Testing and Women's Athletics," Iowa State.

154. University Endowed Lecture Series, Ames, Iowa, March 8, 1990. *Invited lecture.*

155. Jan Todd, "*The National Police Gazette* and New Directions for Women's Sport History," Women's Studies Lecture Series, Iowa State University, Ames Iowa, March 5, 1990. *Invited lecture.*

156. Jan Todd, "Strength Testing for Secondary Level Female Athletes," Secondary School Coaches Association, Ames, Iowa, March 5, 1990. *Invited lecture.*

157. Jan Todd, "The Feminine Mystique: The Interpretation of Femininity in an Athletic Context and the Impact of This Interpretation on Sex and Drug Testing for Female Athletes," North American Society for Sport History, Banff, Alberta, Canada, May 27, 1990.

158. Jan Todd, "Sport and Gender: A Platform for Propounding Male Dominance?" Symposium on Sport: Community, Race, Gender and Class, St. Lawrence University, Canton, New York, February 1, 1989.

159. Jan Todd, "Living Through Our Bodies—Sport and Performance Enhancing Drugs" Symposium on Sport: Community, Race, Gender and Class," St. Lawrence University, Canton, New York, February 1, 1989. *Invited lecture.*

160. Jan Todd, "Strength Training for Female Athletes," Department of Physical and Health Education, St. Lawrence University, Canton, New York, February 2, 1989. *Invited lecture.*

161. Jan Todd, "Anabolic Steroids: One Woman's Perspective," College of Pharmacy Symposium, University of Texas, Austin, Texas, February 27, 1989. *Invited lecture.*

162. Jan Todd, "Anabolic Steroids: One Woman's Perspective," College of Pharmacy Symposium, University of Texas, Austin, Texas, February 27, 1989. *Invited lecture.*

163. Jan Todd, "The Strong Lady in America: Professional Athletes and the *Police Gazette*," North American Society for Sport History, Clemson, South Carolina, May 27, 1989.

164. Jan Todd, "Strength Training for Female Athletes—Coaching Considerations," St. Edwards University, Austin, Texas, August 1, 1989. *Invited lecture.*

165. Jan Todd, "Barbells and Powderpuffs: A History of the Professional Strongwoman in America," Oldetime Barbell and Strongman Association Annual Meeting, Downtown Athletic Club, New York City, New York, October 14, 1989.

166. Stephen Horowitz, Jan Todd and Terry Todd, "The Effects of Weight Training on Quality of Life of University Students," The International Conference on Exercise, Fitness and Health, Toronto, Canada, June 1988.

167. Stephen Horowitz, Jan Todd and Terry Todd, "A Comparison of Weight Training Techniques on Physiological and Psychological Parameters of Male and Female University Students," National Strength and Conditioning Association Convention, Orlando, Florida, June 1988

168. Jan Todd, "Strength Training and the Female Athlete," Annual Meeting of the American Alliance of Health, Physical Education, Recreation and Dance, Kansas City, Missouri, April 9, 1988.

169. Stephen Horowitz, Jan Todd and Terry Todd, "Psychological Response of Males and Females to Different Weight Training Regimens." Annual Meeting of the American Alliance of Health, Physical Education, Recreation and Dance, Kansas City, Missouri, April 1988.

170. Jan Todd, "Against All Odds: The Origins of Strength Training for the Female

Athlete," North American Society for Sport History, Tucson, Arizona, May 21, 1988.

171. Stephen Horowitz, Jan Todd and Terry Todd, "A Comparison of Weight Training Techniques on Physiological Parameters of University Students," 1988 Annual mid-Winter ACSM Conference, Boyne Falls, Michigan, February 1988.

172. Jan Todd, "A Legacy of Strength," The Cultural Phenomenon of the Professional Strongwoman," North American Society for Sport History, Columbus, Ohio, May 23, 1987.

173. Jan Todd, "Special Considerations in Weight Training for Women," Nautilus Sports Medicine Conference, Dallas, Texas, April 22, 1987. *Invited lecture.*

174. Jan Todd, "Bernarr Macfadden: Reformer of Feminine Form," North American Society for Sport History, Vancouver Canada, May 25, 1986. (NASSH Graduate Student Essay Competition Winner for 1986.)

175. Jan Todd, "A History of Women's Weight Training," American Studies Women's Colloquium, University of Texas, Austin, Texas, July 1986.

176. Jan Todd, "*Physical Culture* Magazine and Its Influence on Early Twentieth Century Women," Sport Studies Society, University of Texas, Austin, Texas, May 1986.

177. Jan Todd, "Anabolic Steroids and Athletics," Texas High School Coaches Association, Austin, Texas, April 1985. *Invited lecture.*

178. Jan Todd, "Weight Training and Aging in Women—A Research Report," The University of Virginia, National Strength and Conditioning Association Regional Conference, March 1983. *Invited lecture.*

179. Jan Todd, "Personal Reflections on Weight Training," The University of Virginia, National Strength and Conditioning Association Regional Conference, March 1983. *Invited lecture.*

180. Jan Todd, "Weight Training and the Woman Athlete," Rutgers University, National Strength and Conditioning Coaches Association Regional Conference, April 1982. *Invited lecture.*

181. Jan Todd, "Power Training for Women Athletes," The University of Virginia, National Strength and Conditioning Association Regional Conference, March 1981. *Invited lecture.*

Grants and Outside Funding

Founder and Fundraiser (with Terry Todd) of/for The H. J. Lutcher Stark Center for Physical Culture and Sports, a research center in the Department of Kinesiology and Health Education. The construction of the Stark Center was made possible through two grants ($3.5M and $2M from the Nelda C. and H.J. Lutcher Stark Foundation of Orange, Texas.

After opening in 2009, the ongoing operating expenses of the Center have been supported by grants from Joe and Betty Weider ($2M);The Stark Foundation ($1.5M); The Clyde Littlefield Estate $3.1M; The Estate of Richard Hoffman $108K; the Hunt-Pierce Family, $200K; Teresa and Joe Long, $100K; Bill and Caity Henniger (Rogue Fitness) $800K; and numerous smaller donors. My husband and I played the seminal roles in securing these grants to build and operate the Stark Center.

Total to date is over $14M.

2025 $50,000 gift from private donor to support the Stark Center operations.

2025 $7500 gift from US Rowing Federation Alumni Association.

2024 $50,000 gift from private donor to support the renovation of the Third Floor of Bellmont for UT Spirit Squad

2024 (with assistance from Ian Tuski) $10M Gift from private donor to support the renovation of the Third Floor of Bellmont for UT Spirit Squad. Includes $250K gift for Stark Center.

2024 $6000 gift from Jack Gray to support Bellmont Lobby and Stark Center (with assistance from Ian Tuski).

2022 $50,000 grant from Anonymous Donor to Support Stark Center.

2021 $300,000 grant from Stark Foundation of Orange, Texas.

2021 $50,000 grant from Anonymous Donor to Support Stark Center.

2021 $100,000 grant from Rogue Fitness to Support Stark Center.

2021 $300,000 grant from Stark Foundation of Orange, Texas.

2020 $100,000 grant from Rogue Fitness to Support Stark Center.

2020 $300,000 grant from Stark Foundation of Orange, Texas.

2019 $3.1M gift from Estate of Clyde Rabb Littlefield to Support the Stark Center.

2019 $100,000 grant from Rogue Fitness to Support Stark Center.

2019 $300,000 grant from Stark Foundation of Orange, Texas.

2019 $15,000 grant from Exxon Mobile to Support Stark Center.

2018 $58,000 from multiple donors in Memory of Terry Todd.

2018 $100,000 grant from Rogue Fitness to Support Stark Center

2018 $300,000 grant from Stark Foundation of Orange, Texas

2018 $40,000 grant from donor to support Stark Center. (With Terry Todd)

2017 $100,000 grant from Hunt/ Pierce Family to Support Stark Center

2017 $300,000 grant from Stark Foundation of Orange, Texas

2017 $15,000 grant from Exxon Mobile to Support Stark Center

2017 $100,000 grant from Rogue Fitness to Support Stark Center

2016 $100,000 grant from Family of Paul Pierce to Support Stark Center

2016 $100,000 grant from Rogue Fitness to Support Stark Center

2016$1000 Grant from Sal Franchino to Support Stark Center

2016 $40,000 grant from donor to support Stark Center. (With Terry Todd)

2015 $100,000 grant from Rogue Fitness to Support Stark Center

2014 $40,000 grant from donor to support Stark Center. (With Terry Todd)

2014 $2500 from Sorinex Equipment Company to support Stark Center

2012-2014 Co-PI with Roger Farrar, City of Austin, "Remedial Strength Training Program for Austin Fire Department Training Academy Applicants," OSP Number, 201301269. Total Amount, $39,000.

2013 $40,000 grant from UT Athletics to support Digital Imaging Project at Stark Center.

2013 $60,000 grant from donor to support Stark Center. (With Terry Todd)

2012 $40,000 grant from UT Athletics to support Digital Imaging Project at Stark

Center.

2012 $10,000 grant from University of Texas, President's Office, to support Bill Bradley Symposium. (With Terry Todd)

2011 $40,000 grant from donor to support Stark Center. (With Terry Todd)

2010 $100,000 grant from Joe and Teresa Lozano Long of Austin, Texas, to support Stark Center. (With Terry Todd)

2009 $2,000,000 grant from The Nelda C. & H.J. Lutcher Stark Foundation for construction

2009 $40,000 grant from donor to support Stark Center. (With Terry Todd)

2008 $1,000,000 grant by Joe and Betty Weider (Weider Foundation) to support Weider Museum at the Stark Center. (With Terry Todd)

2008 $108,000 gift from Hoffman Family Foundation of Dallas, Texas to support Stark Center. (With Terry Todd)

2008 $51,000 grant from National Strength and Conditioning Association to support GRAs in Stark Center.

2008 $27,961 grant from City of Austin for Remedial Strength Training for Austin Fire Department Academy Applicants. (co-PI with Roger Farrar, through OSP). IRB Protocol Number: 2006-03-0101. Inclusive Dates: March 7, 2008 to March 6, 2009.

2006 $3,500,000 grant from the Nelda C. and H.J. Lutcher Stark Foundation of Orange, Texas (with Terry Todd). This grant was formally accepted by the Board of Regents at its November 2006 meeting and the funds from this grant are being used to build the H.J. Lutcher Stark Center for Physical Culture and Sports in the North End Zone Building.

2006 $15,158.15 grant from City of Austin (co-PI with Roger Farrar) to conduct research on the physical fitness requirements of female firefighter candidates. Original IRB Protocol #: 2001-10-0040. Renewal of previous grant. Active Dates: March 7, 2005 to March 6, 2007. Number: S050177,

2005 $30,018 grant from City of Austin (co-PI with Roger Farrar) to conduct research on the physical fitness requirements of female firefighter candidates Original IRB Protocol #: 2001-10-0040. Renewal of previous grant. Active Dates: March 7, 2005 to March 6, 2006. Number: S050177.

2005 $17,000: "Strongmen/Strongwomen" Utopia Grant, University of Texas at Austin. This grant, awarded after a review of competitive proposals from UT faculty members, was used to support two graduate students who began researching, gathering images, and writing copy for a Utopia website dedicated to the history of professional strength athletes

during the fall of 2004 and spring of 2005. $7,000 of these funds went directly to the Harry Ransom Center for the digitization of a rare scrapbook from the Todd-McLean Collection belonging to Professor Louis Attila, an early weight training celebrity. $10,000 came to the Department of Kinesiology and Health education to support the graduate students.

2004 $1,000,000 Endowment grant from Joe and Betty Weider to support the Todd-McLean Physical Culture Collection (with Terry Todd). This grant created the Weider Endowment, which is linked to our work with the Todd-McLean Physical Culture Collection.

2004 $5,000 "Longhorn Legacy: 100 Years of Football Programs" Utopia Grant, University of Texas at Austin. This grant, awarded after a review of competitive proposals from UT faculty members, was used to support graduate students who coordinated the gathering of images for this research-based website during the summer of 2004.

2003 $30,999 grant from City of Austin (co-PI with Roger Farrar) to conduct research on the physical fitness requirements of female firefighter candidates. Original IRB Protocol #: 2001-10-0040. Renewal of previous grant. Inclusive Dates: December 20, 2001 to December 19, 2003. Number: S020087, Amd 1.

2002 $29,986. 00 grant from City of Austin (co-PI with Roger Farrar) to conduct research on the physical fitness requirements of female firefighter candidates, IRB Protocol #: 2001-10-0040. Inclusive Dates: December 20, 2001 to December 19, 2002. Number: S020087

2001 $29,499. 80 grant from City of Austin (co-PI with Roger Farrar) to conduct research on the physical fitness requirements of female firefighter candidates, IRB Protocol #: 2001-10-0040. Inclusive Dates: October 9, 2000 to March 31, 2001. Number: 8301000527.

1998 $4,000. 00: Amateur Athletic Foundation of Los Angeles' Research Fellowship for research on Pudgy Stockton and Muscle Beach

1998 $8,400.00 grant from University of Texas Faculty Development Summer Research Award. (Not included in total estimate.)

1997 $4,275.00 grant from the New Museum of Contemporary Art in New York City to support research on the history of professional strongwomen in connection with the Museum's 2000 exhibition: "Picturing the Modern Amazon."

Advising and Thesis/Dissertation Supervision (Dissertation /Thesis Advisor Students Highlighted) in Department of Kinesiology & Health Education

1. Advisor, Jessica Luther, Ph.D. student in Physical Culture and Sport Studies, Admitted Fall 2018, Defended Dissertation on April 4, 2025.

2. Advisor, Todd Teutken, Ph.D. student in Physical Culture and Sport Studies, Admitted Fall 2022, ABD in 2024,

3. Advisor, Lucy Boucher, Ph.D. student in Physical Culture and Sport Studies, Admitted Fall 2021, ABD.

4. Dissertation Committee Member, Ryan Murtha, Physical Culture and Sport Studies, Graduated Summer 2023.

5. Advisor, Erin Crownover, Ph.D. student in Physical Culture and Sport Studies, Admitted Fall 2021, ABD.

6. Advisor, Kendrea Austin, Ph.D. student in Physical Culture and Sport Studies, Admitted Fall 2017, Graduated May 2021.

7. Advisor and Thesis Supervisor, Delia Weber, M.S. Student in Sport Management, Admitted Fall 2018, Graduated May 2020.

8. Advisor, Ciera Jones, Ph.D. student in Physical Culture and Sport Studies, Admitted Fall 2018, ABD (Currently enrolled.)

9. Dissertation Committee Member, Geoffrey Solares, Exercise Science, Dissertation Completed May 2019.

10. Dissertation Committee Member, Tanya Jones, Physical Culture and Sport Studies, Graduated Fall 2021.

11. Dissertation Committee Member, Andrew Hao, Physical Culture and Sport Studies, Graduated August 2020.

12. Dissertation Committee Member, Lauren Osmer, Physical Culture and Sport Studies, Graduated Fall 2020.

13. Dissertation Committee Member, Sam Schelfhout, Physical Culture and Sport Studies, Graduated Spring 2023.

14. Dissertation Committee Member, Alec Hurley, Physical Culture and Sport Studies, Graduated Summer 2022.

15. Dissertation Committee Member, Austin Duckworth, Physical Culture and Sport Studies, Graduated Summer 2018.

16. Advisor and Thesis Advisor, Se Jin Kim, Sport Management Masters, Admitted Fall 2015. Thesis Completed Summer 2017.

17. Advisor and Thesis Supervisor, Jeff Farr, Sport Management Masters, Admitted Fall 2013, Thesis Completed Spring 2016.

18. Advisor and Thesis Supervisor, Neil Anderson, Sport Management Masters, Admitted Fall 2013, Thesis Completed Spring 2016.

19. Master's Report Supervisor, Gianfranco Esposito, Sport Management Masters, Admitted Fall 2014, Thesis Completed Spring 2016.

20. Advisor and Dissertation Supervisor, Sebastian Giraldo, Ph.D. student in Sport Management; Graduated Fall 2016.

21. Advisor and Dissertation Supervisor, Dan Rosenke, Ph.D. student in Physical Culture and Sport Studies, Admitted August 2014; Graduated Summer 2020.

22. Advisor, Mickey Phillips, Ph.D. student in Physical Culture and Sport Studies, Admitted January 2014; ABD; Graduated Summer 2024.

23. Advisor and Dissertation Supervisor. Florian Hemme, Ph.D. student in Sport Management, Admitted, Fall 2013 (Recipient, University Recruiting Fellowship & COE Continuing Fellowship); Graduated Spring 2017.

24. Advisor and Dissertation Supervisor: Ben Pollack. Physical Culture and Sport Studies, Admitted Fall 2012. (Recipient, Bill Powers Presidential Fellowship, University Continuing Fellowship), Graduated 2018.

25. Advisor and Dissertation Supervisor: Dominic Morais. Interdisciplinary Ph.D. in Sport Studies. Admitted August 2011. (Recipient, Bill Powers Presidential Fellowship & College Continuing Fellowship for 2013-2014); Graduated Summer 2015.

26. Advisor and Dissertation Supervisor: Tolga Ozyurtcu. Interdisciplinary Ph.D. in Sport Studies. Graduated August 2014.

27. Advisor and Dissertation Supervisor, Baker Harrell. Interdisciplinary Ph.D. in Sport Studies. Graduated August 2014.

28. Dissertation Committee Member, Matt Katz, Sport Management. Graduated May 2014.

29. Advisor and Thesis Supervisor, Sam Twito, Sport Management Masters, Admitted Fall 2013. (Holder: Texas New Scholars Award for 2013-2015); Thesis Completed December 2015.

30. Advisor and Thesis Supervisor, Taylor Brown, Sport Management Masters,

Admitted Fall 2013. (Holder: Texas New Scholars Award for 2013-2015); Thesis Completed May 2015.

31. Dissertation Committee Member, Seth Kessler, Sport Management. Graduated Fall 2015.

32. Dissertation Committee Member, Gloria Wu, Sport Management. Graduated Fall 2015.

33. Dissertation Committee Member, George Kioussis, Physical Culture and Sport Studies. Graduated Summer 2015.

34. Advisor and Thesis Supervisor, Joung Wook Lee, Sport Management, Thesis completed August 2014.

35. Advisor (2014) and Thesis Second Reader, Toshi Ogura, Sport Management, Thesis completed August 2014.

36. Dissertation Committee Member, So Youn Lim, Sport Management. Dissertation Completed May 2015.

37. Dissertation Committee Member, Scott Jedlicka, Sport Management. Dissertation completed August 2014

38. Dissertation Committee Member, Joyce Olushola, Sport Management. Dissertation completed December 2013.

39. Advisor and Masters Report Supervisor, Katherine Reifurth, Sport Management, Graduated December 2013.

40. Advisor and Dissertation Supervisor: Jason Shurley. Interdisciplinary Ph.D. in Sport Studies. Dissertation Completed May 2013.

41. Master's Thesis Reader, Desiree Harguess, Sport Management. Thesis completed in May 2012.

42. Master's Thesis Reader, Tolga Ozyurtcu, MA student in Sport Management. Thesis completed in May 2010.

43. Dissertation Committee Member, Matthew Bowers, Sport Management, Dissertation completed in May 2010.

44. Thesis Supervisor and Advisor, Darren Kelly. Sport Management. Thesis completed in May 2009.

45. Dissertation Committee Member, Matthew Stults Kohlemain, Exercise and Sport Psychology. Dissertation completed in May 2009.

46. Advisor and Dissertation Supervisor, Nicholas M Bourne. Interdisciplinary Ph.D. in Sport Studies. Dissertation completed in July 2008.

47. Dissertation Committee Member, Jarrod Schenewark, Sport Management, Dissertation completed in May 2008.

48. Advisor and Dissertation Supervisor, Thomas M. Hunt. Interdisciplinary Ph.D. in Sport Studies. Dissertation completed in July 2007.

49. Thesis Supervisor and Advisor, Tessa Nichols. MA student in Sport Management. Thesis completed in December 2007.

50. Thesis Supervisor and Advisor, Jane Winkel. MA student in Sport Management. Thesis completed in May 2007.

51. Dissertation Committee Member, Joe Ciccolo, Exercise and Sport Psychology. Dissertation completed in Spring 2006.

52. Advisor and Dissertation Supervisor, Kimberly Ayn Beckwith. Interdisciplinary Ph.D. in Sport Studies. Dissertation completed in August 2005.

53. Advisor and Dissertation Supervisor: Pamela J. Wuestenberg. Interdisciplinary Ph.D. in Sport Studies. Dissertation Completed in August 2003.

54. Dissertation Committee Member, Marcus Kilpatrick, Health Education. Dissertation completed in 1999.

55. Second Reader, Chris Elrod, MA student in Exercise and Sport Psychology. Thesis completed in May 1999.

Graduate Advising and Thesis/Dissertation Supervision in Department *outside* Kinesiology and Health Education

1. Graham Hudson, Royal College of Art and Loughborough University, England. In Viva Examiner, Dissertation Defended in October, 2025. 2025.
2. Dissertation Committee Member, Kristin Wilson, American Civilization Program, Dissertation Defended in November 2025.
3. Thesis, Second Reader, Kristin Wilson, American Civilization Program, Thesis Completed Spring 2020.
4. Dissertation Committee Member, Victoria Felker, The University of British Columbia. Currently Enrolled.

5. Dissertation Committee Member, Ava Purkiss, Department of History, The University of Texas at Austin. Dissertation Completed Spring 2016.

6. Dissertation Committee Member, Thomas Hackett, Interdisciplinary/American Civilization Program, The University of Texas at Austin. Withdrew, 2014.

7. Master's Thesis Co-Chair, Grant Abston, Journalism. Thesis completed in May 2011.

8. Dissertation Committee Member, Allison Wright Munro, American Civilization Program, The University of Texas at Austin. Graduation Spring 2010.

9. Dissertation Committee Member, Ben Lisle, American Civilization Program, The University of Texas at Austin. Graduation in Spring 2009.

10. Co-Chair, Master's Thesis, Rachel Citron, Women and Gender Studies. Graduation in Spring 2009.

11. Dissertation Committee Member, Dominic Padurano, Department of History, Rutgers University, New Jersey. Dissertation Completed in Spring 2007.

12. Dissertation Committee Member, Nancy Semin, American Civilization Program, The University of Texas at Austin. Dissertation Completed in 2006.

13. Dissertation Committee Member, Alice Shukalo, American Civilization Program, The University of Texas at Austin. Dissertation Completed in 2005.

14. Dissertation Committee Member, Susan Green, Higher Ed Administration, The University of Texas at Austin. Dissertation Completed in 2004.

15. Dissertation Committee Member, James Harley, Department of Theater and Dance, The University of Texas at Austin. Dissertation completed in 2001.

16. Dissertation Committee Member, Carolyn de la Pena, American Civilization Program, The University of Texas at Austin. Dissertation completed in 2001.

17. Dissertation Committee Member, David Crocker Trott, Higher Ed. Administration, The University of Texas at Austin. Dissertation completed in 1996.

18. I also served on the comprehensive exam committee for Benita Heikansen (2002), Ben Lisle (2006) and Kristen Wilson (2021) in the American Civilization Program, The University of Texas at Austin.

Plan II Thesis Supervision:

1. Plan II Honors Thesis Supervisor, Jane Buel, Graduated Spring 2019.
2. Plan II Honors Thesis Supervisor, Nicole Nagel, Spring 2016.
3. Plan II Honors Thesis, Committee Member, Brooke Ginsburg, May 2004.

Service, Professional Engagement & Honors

Professional Memberships

1986-date	North American Society for Sport History (NASSH)
2011-date	National Academy of Kinesiology, Fellow 511
1985-date	National Strength and Conditioning Association
1986-2020	SHAPE (Formerly American Alliance for Health, Physical Education, Recreation and Dance)
2006-date	North American Society for Sport Management
1986-2013	National Association for Sport and Physical Education
1986-2015	Texas Association for Health, Physical Education, Recreation and Dance
1998-2013	American Studies Association
1998-2020	American College of Sports Medicine
2001-2002	Popular Culture Association
1994-2002	North American Sport Library Information Network
2001-2011	American Studies Association of Texas
2006-2011	American Historical Association
2006-2020	International Association for Sport Philosophy
2008-2018	American Archivists Association
2011-date	National Academy of Kinesiology (Member Number 511)

Philanthropic Associations

1992-date	Chancellor's Council, The University of Texas at Austin
1992-date	Littlefield Society, The University of Texas at Austin
2006-date	Texas Leadership Society, The University of Texas at Austin.

Service to Professional Associations

2025-2026	Conference organizer for North American Society for Sport History 2026 Conference.
March 2026	Conference Organizer for NSCA Southwestern Clinic, March 2026.

2019-2021	Past-President, North American Society for Sport History (NASSH)
2019-2021	Chair, Distinguished Lectures and Honors Committee, NASSH
2018-date	Executive Board Member, *Kinesiology Review,* National Academy of Kinesiology
2017-2019	President, NASSH
2017-2021	National Academy of Kinesiology Nominations Committee
2017-2019	Chair, Graduate Essay Committee NASSH
2017-2019	Chair, Dissertation Travel Grant Committee NASSH
2015-2017	President-Elect: NASSH
2015-2017	Chair, NASSH Program Committee
2015-2017	NASSH Graduate Scholarship Committee
2016-2017	National Academy of Kinesiology Nominations Committee
2014	Organizer/Host, National Academy of Kinesiology Meeting, University of Texas, September 2014.
2013	Co-organizer of North American Society for Sport Management Conference, Austin, Texas, May 28-June 1, 2013.
2008-2014	Member, Time and Site Committee, North American Society for Sport History
2011	Organizer of 2011 Conference for the North American Society for Sport History, University of Texas at Austin.
2010	Young Scholar Award Committee, American Kinesiology Association.
2009-2011	Member, Distinguished Lectures Committee, NASSH
2008-2010	Member, Publications Board, NASSH
2007-2008	Chair, Publications Board, North American Society for Sport History (NASSH)
2007-2008	Member, National Association for Sport and Physical Education (NASPE) Professional Preparation and Research Steering Committee

2007-2008	Chair, NASPE Sport History, Philosophy, and Sociology Academy Committee
2006-2007	President, NASPE History Academy
2004-2007	Member, Publications Board, NASSH
2002-2007	Book Award Committee, NASSH
2001-2007	Member, NASSH Time and Site Committee
1999-2001	Member at Large, NASSH Executive Board
1998-2000	Member, Graduate Essay Review Committee, NASSH
1993-1997	Chair, NASSH Time and Site Committee
1993-1996	Book Award Committee, NASSH
1993-2000	Executive Board, North American Sport Library Information Network
1987-1993	Women's Advisory Committee, National Strength & Conditioning Assoc.

Significant University Service

2023-date	Appointed as "Building Advocate" by UT President Hartzell for Bellmont Renovation Project.
2023-2024	Serving on three building projects related to renovations in Bellmont Hall.
2024	Assisted Athletics and President's Office on the June 2024 SEC celebration.
2020-2021	College of Education Whole Communities, Whole Health Faculty Search Committee
2016-2017	Faculty Building Oversight Committee
2016-2017	Faculty Media and Technology Committee
2013 Fall	Acting Chair, University of Texas Faculty Calendar Advisory Committee
2011-2013	Member, University of Texas Faculty Calendar Advisory Committee
2009-2012	College of Education, Promotion and Tenure Committee

2008-2009	Chair, Faculty Advisory Committee on Budgets (campus-wide)
2008-2009	Faculty Representative to Tuition Policy Advisory Committee
2006-2008	Member, Faculty Advisory Committee on Budgets
2002-2010	College of Education Undergraduate Advisory Committee
2005-2007	Member at Large, Faculty Council
2000-2007	Faculty Building Advisory Committee (FBAC)
2000-2002	Undergraduate Curriculum Committee, Center for Women's and Gender Studies
2001-2004	Gregory Pool Construction Oversight Committee-FBAC Representative
2003-2004	Connexus-Bridging Disciplines Committee & Teaching Faculty
2003-2004	Recreational Sports Advisory Committee
1998-2002	Member at Large, Faculty Council
2002-2004	Presidential Committee on On-Campus Parking (Ad- Hoc)
2003-2004	University Day Care Center Construction Oversight Committee
1999-2000	Vice Chair, Recreational Sports Advisory Committee
1999-2002	Steering Committee, Center for Women's and Gender Studies

Significant Departmental Service

2024-date	Chair, Kinesiology and Health Education; Chair KHE Budget Council.
2009-date	Director of H.J. Lutcher Stark Center for Physical Culture and Sports
2022-2024	Interim Chair, Kinesiology and Health Education
2013-2022	Area Coordinator for Sport Management (grad and undergrad) and Physical Culture and Sport Studies graduate and undergrad programs
2020	Chair, Dean's Advisory Committee to Choose New Chair of Kinesiology and Health Education
2018-2019	Chair, Faculty Search Committee for Physical Culture and Sports Studies

2018-2020	Member, Undergraduate Advisory Committee
2015-2020	Chair, Post-Tenure and Third Year Faculty Review Committee
2016-2017	Merit Review Committee; chair of service (2016) and Scholarship (2017)
2015-2016	Dean's Advisory Search Committee for Department Chair
2013-date	Management Team, Department of Kinesiology and Health Education
2013-2014	Coordinated book display and other aspects of Bellmont Seventh Floor Renovations
2013-2014	Search Committee Chair, Tenure Track Position in Sport Management
2013-2014	Search Committee Chair, Clinical Assistant Professor Position in Sport Management
2012-2021	Chair, Hall of Honor Committee & Organizer of Hall of Honor Reception and Historical Materials
2012-2013	Chair, Post-Tenure and Third Year Faculty Review Committee
2012-2013	Chair, Regents Tenure-Track Annual Faculty Review Committee
2012-2013	Chair, Merit Service Committee
2005-2009	SACS Coordinator for Department of Kinesiology and Health Education. This job involved working with faculty to create SACS Accreditation plans for five majors and four graduate programs annually and collecting data.
2001-2009	Chair, Undergraduate Advisory Committee (UAC) and Undergraduate Advisor. I also directed the efforts to reform the Undergraduate Curriculum. The new curriculum received departmental approval in April of 2007 and was approved by the College of Education at its meeting in May of 2007.
2009-2010	McCraw Lecture Series Coordinator
2009-2011	Post Tenure Review Committee, Department of Kinesiology.

2008-2010	Member, Kinesiology & Health Education, Hall of Honor Committee 2009-2010
2008-2010	Merit Teaching Committee, Kinesiology and Health Education
2008	Chair, Faculty Search Committee for Physical Culture and Sports
2005-date	Chair, Strategic Plan Goal Four: Curriculum Review and Reform Committee 2001-date
2005-date	Budget Council, Department of Kinesiology and Health Education
2001-2009	Management Team, Department of Kinesiology and Health Education
2001-date	Graduate Studies Committee, Department of Kinesiology and Health Education
2001-date	Sport Management Advisory Committee

Honors, Awards and Professional Recognition

July 2025: National Strength and Conditioning Association's Lifetime Achievement Award for Scholarly Impact (Al Roy Award).

May 2025 North American Society for Sport History Roberta Park Award for Scholarly Distinction

May 2025 Feature Story in New York Times at: https://www.nytimes.com/2025/05/26/well/move/jan-todd-strength-training.html

June 2024 Cover Story in *Texas Leader* Magazine for my work with Stark Center. This is the UT Development magazine.

March 2025 Featured (more than 100 pages) in Michael Josph Gross's book new book Stronger (Dutton Publishing, Released in March 2025.

2020 Graduate Teaching Award Winner, Department of Kinesiology and Health Education, UT-Austin.

2020 Runner-up for NASSH Book Award for Jason Shurley, Jan Todd & Terry Todd, *Strength Coaching in America: A History of the Innovation that Transformed Sports.* (University of Texas Press, December 2019).

2019 Lifetime Achievement Award Presented by the Arnold Sports Festival, Columbus, Ohio, March 2019

2019 Selected by *Alcalde* Magazine for the 2019 "Faculty Members Who Are a 10" special issue.

2018 Induction to The International Sports Hall of Fame, Columbus, Ohio.

2015 Elected to Six-Year Term as President Elect, President, and Past President of the North American Society for Sport History. Began serving in May 2016.

2013 North American Society for Sport History Honor Award for Contributions to the Field of Sport History.

2013 Selected to appear in *Game-Changers* television series for University of Texas at Austin. Aired in August 2013.

2012 Gary A. Dudley Manuscript Excellence Award, National Strength and Conditioning Association for: Todd, J, Shurley, J, and Todd, T, "Thomas L. DeLorme and the Science of Progressive Resistance Exercise." *Journal of Strength and Conditioning Research* 26(11) (November 2012): 2913-2923.

2011 Elected as Fellow (#511), National Academy of Kinesiology.

2010 Chosen by ACSM for inclusion in their "Distinguished Leaders in Sports Medicine and Exercise Science" series. April 2010.

2010 Joan S. Hult Women's History Distinguished Lecturer, "The Muscle Problem: Myths about Women, Strength and Sports," University of Maryland, March 31, 2010.

2009 Inducted into National Fitness Hall of Fame, Chicago, Illinois.

2008 Selected as the 2008 Seward Staley Honor Lecturer for the North American Society for Sport History. Address delivered in Lake Placid, New York, on May 24, 2008.

2008 Recipient Oscar Heidenstam Lifetime Achievement Award, London, England, for contributions to the field of physical education.

2008 Inducted, inaugural class, Plant City High School Hall of Honor, Plant City, Florida.

2006 Elected President of the History Research Academy of NASPE/AAHPERD.

2006 Chosen by Elections Committee to run for Presidency of the North American Society for Sport History.

2004-date Appointed as the Fellow in the Roy J. McLean Fellowship in Sport History, Kinesiology and Health Education, The College of Education, The University of Texas at Austin.

2004 Inducted, Inaugural Class, USAPL Women's Powerlifting Hall of Fame.

2001 Runner-up, Gilbert Teaching Excellence Award in Women's Studies, The University of Texas at Austin.

2001 Outstanding Service Award, Center for Women's Studies, The University of Texas at Austin

2000 Nominated for Robert W. Hamilton Book Award in 2000 for *Physical Culture and the Body Beautiful.*

2000 Finalist, Friar's Society Undergraduate Teaching Excellence Award, The University of Texas at Austin.

2000 Profiled on Discovery Health Channel's *FitTeam Power Hour*, a documentary about notable women athletes and their training.

2000 John Grimek Award for contributions to the study of strength training and physical culture, Italian Bodybuilding Federation, Sapri, Italy, July 10, 2000.

2000 Lifetime Achievement Award presented by the Pan American Powerlifting Federation, Chicago, Illinois.

1999 Featured in *Health* magazine for work in the field of strength training and sport history. See: Ann Japenga, "Strong Woman," *Health*, November/December 1999.

1999 Finalist, Friar's Society Undergraduate Teaching Excellence Award, The University of Texas at Austin.

1998 Featured in *Lingua Franca* (October 1998) as one of the rising scholars in the emerging field of body culture/body studies. See: "Bodies that Matter."

1998 D. B. Dill Historical Lecturer for the 1998 Annual Meeting of the American College of Sports Medicine in Orlando, Florida.

1995 Nominated by Department of American Studies at the University of Texas for the Ralph Henry Gabriel Award for best dissertation by a graduate student in the field of American Studies.

1995 Nominated by Department of American Studies at the University of Texas for the University Dissertation Prize. Each doctoral program at UT may nominate one dissertation per year.

1995 Convocation Speaker, Mercer University, Macon, Georgia, January 25, 1995.

1992 One of eight women athlete/coaches nominated by Women's Sports Foundation for induction into International Women's Sports Hall of Fame. (Not inducted.)

1992 Lifetime Achievement Award, Oldetime Barbell and Strongman Association, September 1992.

1989 President's Award, National Strength and Conditioning Association, for contributions to the profession. June 1989.

1987 Graduate Student Essay Winner, North American Society for Sport History, 1986.

1981 First woman inducted into International Powerlifting Hall of Fame.

Courses Taught at The University of Texas at Austin

Undergraduate Courses:

PED 106: Weight Training
KIN 119: Conditioning Core Course
KIN 219S Movement Analysis: Individual Activities
UGS 302 Sport and Society
KIN 352 Sport and Ethics
KIN 351W Philosophy of Sport and Physical Activity
KIN 352 (KIN 349) History of Sport and Physical Activity
KIN35W Sport, Fitness and the Media
KIN 352 History of Physical Culture
KIN 352W Women and Sport
KIN 347 Historical and Ethical Issues in Physical Culture and Sports (Core course)

Graduate Courses:

KIN 395 Ethics and Sport
KIN 395 Critical Issues in American Sport History
KIN 395 History of Sport and Business
KIN 395 History of Physical Culture and Alternative Medicine
KIN 395 History of Exercise Science and Sports Medicine
Kin 395 History of Strength and Strength Training