Brian K. Farr, M.A., LAT, ATC, CSCS
Kinesiology and Health Education

EDUCATION

M.A., Health, Physical Education, & Recreation, The Ohio State University, Columbus, OH 1996
Non-thesis program. M.A. awarded following comprehensive examinations; Advisor: Deborah Tannehill, PhD

B.S., Physical Education & Exercise Science, Michigan State University, East Lansing, MI 1993

PROFESSIONAL APPOINTMENTS

The University of Texas at Austin, Austin, TX 2002–present
Department of Kinesiology and Health Education
Director, Athletic Training Program
Clinical Professor 2023-present
Clinical Associate Professor 2018-2023
Senior Lecturer 2013–2018
Lecturer 2002–2013

- Created and developed the Athletic Training Program and Bachelor of Science in Athletic Training degree program
- Directed nationally accredited undergraduate athletic training program
- Led the program through initial and continued candidacy and accreditation
- Teach undergraduate courses
- Advise undergraduate students
- Provide service to the university, community, and profession

The University of Texas at Austin, Austin, TX 1999-2002
Department of Intercollegiate Athletics
Head Athletic Trainer, Men's Basketball and Spirit Squads
Assistant Athletic Trainer, Football
Lecturer, Department of Kinesiology & Health Education
Coordinator, Athletic Training Internship Program

- Designed undergraduate athletic training curriculum
- Coordinated athletic training students' education and clinical experiences
- Provided professional and academic advising to undergraduate and graduate students

Oklahoma State University, Stillwater, OK 1997-1999
Assistant Coordinator of Sports Medicine
Adjunct Clinical Assistant Professor, College of Education

Columbus Chill Hockey Club, Columbus, OH 1996-1997
Head Athletic Trainer & Strength and Conditioning Director for professional ice hockey team.

Scottish Claymores Football Club, Edinburgh, Scotland 1996
Assistant Athletic Trainer for World League of American Football (NFL Europe) professional football team.

PUBLICATIONS

Peer-Reviewed Journal Articles

1. Liu, T., Swank, A.M., Funk, D.C., **Farr, B.K**. (2007). Effects of Short-Term Application of Prophylactic Knee Brace on Balance for Athletes with Uninjured Knees. *Applied Research in Coaching and Athletics Annual*, *22,* 77-96.

2. Craven C, **Farr B.**, Liu T, Nigrini C, Funk D, Swank A (2004). The Temporal Efficacy of Ankle Taping Verse Brace on Restriction of Ankle Inversion Over an Extended Period of Activity. *Applied Research in Coaching and Athletics Annual*, *19,* 52-65.
3. Funk, D.C., Swank, A.M., Mikla, B., Fagen, T., **Farr, B.K** (2003). Impact of Prior Exercise on Hamstring Flexibility: A Comparison of PNF and Static Stretching Routines. *Journal of Strength & Conditioning Research*. *17*(3), 489-492.

Book Chapters:

1. **Farr, B.K.,** Nguyen, D., Stephenson, K., Rogers, T., Stevens, F.R., Jasko, J.J. (2017). Ankle Sprains. In C.E. Giangarra, R.C. Manske, S.B. Brotzman (Eds.), *Clinical Orthopedic Rehabilitation – A Team Approach* 4th ed. (255-272). Philadelphia, PA: Elsevier.
2. **Farr, B.K.,** Nguyen, D., Stephenson, K., Rogers, T., Stevens, F.R., (2011). Ankle Sprains. In S.B. Brotzman, R.C. Manske (Eds.), *Clinical Orthopedic Rehabilitation – An Evidence-Based Approach* 3rd ed. (315-331). Philadelphia, PA: Elsevier.

Op-Eds and Non-Peer-Reviewed Articles

Farr, B.K. (2014, March 31). MLB decides to cover all bases. *Houston Chronicle.* 700 words. https://www.houstonchronicle.com/opinion/outlook/article/MLB-decides-to-cover-all-bases-5365475.php?t=11ecfba2dd

AWARDS AND HONORS

2026 Hall of Fame, Southwest Athletic Trainers' Association
2025 Texas 10 Teaching Award, Texas Exes Alcalde
2022 Hall of Honor, Texas State Athletic Trainers' Association
2021 Teaching Excellence Award, Department of Kinesiology and Health Education
2019 Most Distinguished Athletic Trainer, National Athletic Trainers' Association
2019 Most Distinguished Athletic Trainer, Southwest Athletic Trainers' Association
2016 Athletic Trainer Service Award, National Athletic Trainers' Association
2012 Teaching Excellence Award, Department of Kinesiology and Health Education

PRESENTATIONS

Invited Talks

1. Tarleton State University, Stephensville, TX. *Leaders in Athletic Training Power Panel.* November 2025.
2. White Settlement ISD, Ft. Worth, TX. *Manual Therapy Techniques for Ankle Dysfunction.* September 2024
3. Instrument Assisted Soft-Tissue Mobilization Techniques, Angelo State University, San Angelo, TX. April 2023.
4. Instrument Assisted Soft-Tissue Mobilization Techniques, Fort Bend ISD. Sugar Land, TX. August 2022.
5. Topical Analgesics. School of Allied Health, Oklahoma State University. Tulsa, OK. October 2017.
6. Sports Injuries and the Tactical Operator. Travis County EMS Tactical Medics Seminar. Austin, TX. August 2014
7. Concussions and Exertional Heat Illness in Youth Football. Central Texas American Youth Football Coaches Education. Austin, TX. August 2013
8. Management of Critically Injured Athletes – Working with EMS. Longhorns' Lecture Series for Continuing Education. Austin, TX. July 2012
9. Concussions in Youth Soccer. Pflugerville Area Youth Soccer League Coaches Education. Pflugerville, TX. September 2012
10. Athletic Training and Sports Medicine. Heritage Youth and Family Services, September 2012.
11. Best Practices for the Assessment and Management of Concussions. Longhorns' Lecture Series for Continuing Education. Austin, TX. November 2011.
12. Injury Taping Techniques. Department of Physical Therapy, Texas Women's University. Denton, TX. May 2010.
13. Manual Therapy Techniques for the Knee. Department of Kinesiology and Exercise Science, University of Mary Hardin-Baylor. Belton, TX. April 2009.
14. Manual Therapy Techniques for Treating Ankle Sprains. Department of Kinesiology and Exercise Science, University of Mary Hardin-Baylor. Belton, TX. April 2008.

15. Prevention and Rehabilitation of Exercise Related Injuries. KIN 310 – Physiological Basis of Conditioning, May 2004**.**
16. Preventing and Treating PT Related Injuries. University of Texas at Austin Naval ROTC, March 2004.
17. Treating Sports Related Injuries. UT Systems "Lunch & Learn" Series, October 2003.
18. Musculoskeletal Injuries in Sports. Massage Therapy Institute of Oklahoma, 1998,
19. Dealing with Injuries in High School Athletics. Ohio High School Coaches' Association. Columbus, OH. August 1995.
20. Dealing with Injuries in High School Athletics. Ohio High School Coaches' Association. Columbus, OH. August 1994.

Conference Presentations

1. Joint Mobilization Techniques for the Shoulder Girdle. Southwest Athletic Trainers' Association Clinical Symposium. Frisco, TX. July 2025
2. Advanced Track Session Fascial Distortion Model. National Athletic Trainers' Association Clinical Symposia. New Orleans, LA. June 2024
3. Mobilization and Manipulation Techniques for the Spine. Great Lakes Athletic Trainers' Association Clinical Symposium. Chicago, IL. March 2024.
4. Manual Therapy Techniques for Ankle Dysfunction, Great Lakes Athletic Trainers' Association Clinical Symposium. Chicago, IL. March 2024.
5. Manual Therapy Techniques for Ankle Dysfunction, Southwest Athletic Trainers' Association Clinical Symposium. Arlington, TX. July 2023.
6. Advanced Track Session Manual Therapy for the Spine – Thrust and Non-Thrust Techniques. National Athletic Trainers' Association Clinical Symposia. Indianapolis, IN. June 2023.
7. Mobilization and Manipulation Techniques for the Thoracic Spine. Southwest Athletic Trainers' Association Clinical Symposium. Arlington, TX. July 2022.
8. Advanced Track Session Getting a "Leg Up" on Treating Ankle Dysfunction, A Broad-based Manual Therapy Approach. National Athletic Trainers' Association Clinical Symposia. Philadelphia, PA. June 2022.
9. Providing Athletic Training Services to Paralympic Athletes. National Athletic Trainers' Association Clinical Symposia. Philadelphia, PA. June 2022.
10. Advanced Track Session Manual Therapy Techniques for the Management of Ankle Sprains. National Athletic Trainers' Association Clinical Symposia. Atlanta, GA. June 2020. (Conference Cancelled).
11. Exertional Testing and Beyond. Concussion Health Summit. Austin, TX. September 2019.
12. Creating Athletic Training Specialties and Specialty Certifications. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. Arlington, TX. July 2019.
13. Improving Shoulder Range of Motion: Instrument-Assisted Soft Tissue Mobilization Techniques for Increasing Functional Ability. National Athletic Trainers' Association Annual Symposia. Las Vegas, NV. June 2019.
14. Managing Cervical Spine Injured Athletes – Updated Recommendations. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2019
15. Athletic Training. Panel on Sports Medicine, Texas Chapter of the American Council on Sports Medicine. Austin, TX. March 2018.
16. Shoulder Assessment Techniques. Texas Chapter of the American Council on Sports Medicine. Austin, TX. March 2018.
17. Manual Therapy Techniques for Treating Ankle Sprains. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. San Marcos, TX. July 2017.
18. On-field Management of Concussions – Best Practices. Dell Children's Medical Center Annual Concussion Conference, April 2015.
19. Manual Therapy Techniques for Treating Ankle Sprains. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2015.
20. Airway Management Techniques for the Athletic Trainer. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. Frisco, TX. July 2014.
21. Tendonopathy – What do we really know about it? An update. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2014.
22. The Evidence Behind Topical Analgesics. Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2013.

23. Tendonopathy – What do we really know about it? Sports Medicine Associates of San Antonio Annual Sports Medicine Conference. San Antonio, TX. January 2012.
24. Manual Therapy Techniques for the Upper Extremity. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. Arlington, TX. July 2011.
25. Manual Therapy Techniques for Treating Ankle Sprains. UT Health Science Center at San Antonio 37th Annual Sports Medicine Symposium. Austin, TX. February 2010.
26. Concussions in Sports. Texas Private School Coaches Association State Convention. Austin, TX. June 2009.
27. Anatomy of the Shoulder Central Texas Sports Medicine Workshop. Georgetown, TX. January 2007.
28. Sports Related Head Injuries. Central Texas Sports Medicine Workshop. Georgetown, TX. January 2006.
29. Assessment of Injuries to the Ankle and Lower Leg. Central Texas Sports Medicine Workshop. Georgetown, TX. November 2004
30. Concussion Assessment & Return to Play Criteria. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium. Arlington, TX. July 2004.
31. Athletic Training Academic Update. Southwest Regional College & University Sports Medicine Meeting. Austin, TX. May 2004.
32. Heat Related Illnesses. Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, July 2003.
33. Current Trends in Bracing. East Texas Sports Medicine Seminar. Tyler TX. July 2002.
34. Injuries in Professional Ice Hockey. Ohio Athletic Trainers' Association State Meeting. Columbus OH. January 1996.

ADVISING AND STUDENT-RELATED SERVICE

Dissertation Committees
Christine Powell, Ph.D. in Movement Science, 2020. (Member)

Undergraduate Honors Thesis
Tyler Joseph, Plan II Honors, 2012 (2nd Reader).

Other Mentorship
Program Advising:

1. Faculty Advisor, Longhorn Athletic Training Students' Association, 2004–present
2. Primary academic and professional mentor to students enrolled in the Athletic Training Program, 2002-present
3. Director (2002-2008) and Co-Director (2008-present), Athletic Training Program Directed Observation/Pre-Athletic Training Student Program, 2002-present

ADMINISTRATIVE AND PROFESSIONAL SERVICE

Departmental Service
1. Member, Department of Kinesiology and Health Education Management Team, 2015-2018, 2025-present
2. Co-Chair, Department of Kinesiology and Health Education Hall of Honor Committee, 2024-2025
3. Chair, Athletic Training and Sport & Exercise Coaching Group, 2023-present
4. Member, Department of Kinesiology and Health Education Committee Review Committee, 2022-2023
5. Member, Department of Kinesiology and Health Education Faculty Hiring Committee, 2021, 2023
6. Member, Ad-Hoc Committee to review anatomy course, 2021
7. Chair, Department of Kinesiology and Health Education Strategic Plan Undergraduate Degree Program Revision Committee, 2020-2023
8. Member, Department of Kinesiology and Health Education Hall of Honor Committee, 2020-2023
9. Chair, Department of Kinesiology and Health Education Faculty Hiring Committee, 2020
10. Peer Evaluator, Department of Kinesiology and Health Education, 2019
11. Member, Department of Kinesiology and Health Education Rehabilitation and Movement Science Group, 2018-2023
12. Peer Evaluator, Department of Kinesiology and Health Education, 2018
13. Chair, Ad-Hoc Committee on Non-Tenure Track Faculty Appointments, 2018

14. Member, Ad-Hoc Committee to review anatomy course, 2018
15. Member, Ad-Hoc Committee for external review, 2018
16. Area Coordinator, Department of Kinesiology and Health Education Applied Movement Science Cognate, 2016-present
17. Chair, Department of Kinesiology and Health Education Faculty Hiring Committee, 2016
18. Peer Evaluator, Department of Kinesiology and Health Education, 2015
19. Peer Evaluator, Department of Kinesiology and Health Education, 2014
20. Peer Teaching Evaluator, Department of Kinesiology and Health Education 2013-present
21. Chair, Department of Kinesiology and Health Education Faculty Hiring Committee, 2011
22. Chair, Department of Kinesiology and Health Education Faculty Hiring Committee, 2010
23. Chair (2013–2015) and Member (2008–2012), Department of Kinesiology and Health Education Departmental Review Committee, 2008-2015
24. Director and Founder, Longhorns Lecture Series for Continuing Education, 2007-2020
25. Director, Athletic Training Program High School Sunday, 2004–2020
26. Member and Group Chair, Department of Kinesiology and Health Education Faculty Merit Review Committee, 2004–2020
27. Author, Athletic Training Program Alumni Newsletter, 2004–present
28. Member, Department of Kinesiology and Health Education Exercise Science Group, 2003-2018
29. Chair (2015–2018) and Member (2002–2015, 2018-2024), Department of Kinesiology and Health Education Undergraduate Advisory Committee, 2002-2024
30. Chair, Athletic Training Program Self-Study Committee, 2002–2025
31. Chair, Athletic Training Program Admissions Committee, 2002–present
32. Chair, Athletic Training Program Retention Committee, 2002–present
33. Co-Director and Co-Founder, Longhorns Sports Medicine Camp, 2002–present
34. Chair, Athletic Training Program SACS Committee, 2002–2018
35. Chair, Athletic Training Program Undergraduate Major Advisory Committee, 2002–2018
36. Director (2002-2008) and Co-Director (2008-present), Athletic Training Program Directed Observation/Pre-Athletic Training Student Program, 2002-present
37. Program Director, Department of Kinesiology and Health Education Athletic Training Program, 2002–present

College Service

1. Member, College of Education Undergraduate Committee, 2020-present
2. Member, College of Education Fall 2020 Planning Committee, 2020
3. Faculty, Education Council Student-Professor Luncheon, 2019
4. Member, College of Education Undergraduate Committee, 2015-2018
5. Member, College of Education SACS Committee, 2012-2018

University Service

1. University Representative, Texas Higher Education Coordinating Board Course Revision Workgroup in Kinesiology/Exercise Science 2023-present
2. Facilitator, Center for Health Interprofessional Practice and Education Day 2023-present
3. University Representative, Texas Transfer Advisory Committee's Discipline Specific Subcommittee for the Field of Kinesiology/Exercise Science 2022-present
4. Member, Physical Activities Facilities Assignment Committee (PAFAC), 2021-2022
5. Member, Lab/Performance/Studio Task Force, 2020
6. Affiliate, Center for Health Interprofessional Practice and Education, 2018-present
7. Faculty, Eyes on Teaching, 2017-2019
8. Member, University Health Services Medical Fee Advisory Committee, 2006–2007

External Service

1. Outside Reviewer of Promotion and Tenure Applications:
    a. University of Buffalo School of Public Health & Health Professions, review for promotion to Clinical Professor, 2025
    b. Indiana University School of Public Health, review for promotion to Clinical Associate Professor, 2022
    c. Indiana University School of Public Health, review for promotion to Clinical Associate Professor, 2019

2. Invited Reviewer, International Journal of Athletic Therapy & Training. Reviewed multiple journal article submissions for potential inclusion in the journal. 2024-present
3. Invited Reviewer, Medicine and Science in Sports & Exercise. Reviewed multiple journal article submissions for potential inclusion in the journal. 2024 - present
4. Invited Reviewer, Translational Journal of the American College of Sports Medicine. Reviewed multiple journal article submissions for potential inclusion in the journal. 2024-present
5. Mentor, American Corporate Partners for Veterans, 2014-2018
6. Reviewer for *Conditioning and Strength for Human Performance*, by T.J. Chandler TJ & L.E. Brown. Philadelphia, PA: Lippincott Williams & Wilkins. 2008
7. Reviewer for *Emergency Trauma Management for Athletic Trainers*, by M.G. Miller & D.C. Berry.
8. Philadelphia, PA: Wolters Kluwer Health. 2007
9. Reviewer for *Therapeutic Modalities, The Art and Science*, by K.I. Knight & D.O. Draper. Philadelphia, PA: Lippincott Williams & Wilkins. 2007

Local Service

1. Guest Lecturer, Sport Related Concussions. School of Undergraduate Studies, UGS 302 Brain Injuries from WWI to the NFL. The University of Texas at Austin. Austin, TX. November 2019, 2020, 2021, 2022, 2023, 2024, 2025
2. Member, Ascension Seton – Dell Systems Sports Performance Committee, 2019
3. Co-Director and Co-Founder, Central Texas Sports Medicine Workshop, 2004-2007
4. Guest Lecturer, Preventing and Treating PT Related Injuries. Naval ROTC, University of Texas at Austin. Austin, TX. March 2004
5. Guest Lecturer, Treating Sports Related Injuries. UT Systems "Lunch & Learn" Series, University of Texas at Austin. Austin, TX. October 2003

Professional Service

National

1. Vice-Chair (2026-present) and Member, National Athletic Trainers' Association District Secretary-Treasurer Committee, 2023-present
2. Reviewer, National Athletic Trainers' Association Convention Program Committee, 2022-present
3. Member, National Athletic Trainers' Association Athletic Trainer Service Award Committee, 2021- 2025
4. Member, National Athletic Trainers' Association Comprehensive Internationalization Self-study Task Force, 2019-2021
5. Member, National Athletic Trainers' Association International Conference Group, 2019-2021
6. Member, Board of Certification Specialty Certification Council, 2018-2024
7. District 6 Representative, National Athletic Trainers' Association Executive Committee on Education, 2016-2020
8. Member, National Athletic Trainers' Association, Board of Athletic Training Specialties Taskforce, 2016-2018
9. Site Visitor, Commission on Accreditation of Athletic Training Education, 2013-2020
10. Exam Item Writer, Mentor, and Reviewer, Board of Certification Exam Development Committee, 2011-present
11. Reviewer, National Athletic Trainers' Association Convention Program Committee, 2009-2014
12. Session Moderator, National Athletic Trainers' Association Annual Meeting and Clinical Symposia, 2009
13. Reviewer, Board of Certification Home Study Continuing Education Program, 2001-2015

Regional/District:

1. Treasurer/CFO, Southwest Athletic Trainers' Association 2023-present
2. Co-Chair, Southwest Athletic Trainers' Association Finance Committee, 2023-present
3. Member, Southwest Athletic Trainers' Association Most Distinguished Athletic Trainer Selection Committee, 2021-present
4. Session Moderator, Southwest Athletic Trainers' Association Annual Meeting and Clinical Symposium, 2018, 2017, 2015, 2014
5. Board Member, Southwest Athletic Trainers' Association Executive Board, 2014-2016
6. Member, Southwest Athletic Trainers' Association Annual Symposium Education Program Planning Committee, 2014 – 2018
7. Exam Item Writer, Southwest Athletic Trainers' Association Student Quiz Bowl, 2013
8. Member, Southwest Athletic Trainers' Association Public Relations Committee 2007-10

9. Member, Southwest Athletic Trainers' Association Student Research & Education Committee 2006-09

State/Local:

1. Member, Texas State Athletic Trainers' Association Apprentice Program Endorsement Committee, 2020-present
2. Member, Texas State Athletic Trainers' Association Task Force on State Licensure Reform, 2016-2023
3. Texas State Representative, SWATA Executive Board, 2014 – 2016
4. Secretary-Treasurer, Texas State Athletic Trainers' Association Board of Directors, 2011-2015
5. Texas State Representative, NATA State Association Advisory Committee, 2011-2016
6. Director, Texas State Athletic Trainers' Association - Region 8, 2010-2016
7. Member, Texas State Athletic Trainers' Association Budget Committee, 2010-11, 2015
8. Member, Texas State Athletic Trainers' Association Website Committee, 2010-11
9. Medical Consultant and Athletic Trainer, Texas USA Wrestling, 2006-2015

Professional Clinical Service (serving as a healthcare provider)

1. Cedar Creek High School, 2024-present
   Contracted with CCHS to provide athletic training care for middle school, freshman, junior varsity, and varsity student-athletes at multiple events. Conducted a weekly manual therapy clinic for CCHS athletes.
2. U.S.A. Volleyball Men's National Sitting/Paralympic Team, 2012, 2015-present
   Selected by USA Sitting Volleyball to serve as the athletic trainer for the US National Team and Developmental Program during national and international training camps and competitions including: 2025 World Cup, 2023 ParaPan-Am Zonal Championships, 2022 World Championships, 2022 WPV Dutch Tournament, 2020 Men's Final Paralympic Qualification Tournament, 2019 ParaPan-Am Games, 2018 Super 6 World Tournament, 2012 WOVD Intercontinental Cup, and multiple US Open Tournaments.
3. The University of Texas Department of Intercollegiate Athletics, Austin, TX. 2013-2016
   Assisted Division of Sports Medicine and Athletic Training's medical staff with game day field observation and concussion monitoring at home football games.
4. United States Olympic Committee Sports Medicine Staff. ParaPan-American Games. Guadalajara, Mexico. 2011.
   Selected by USOC to serve as an athletic trainer for Team USA athletes and for USA Sitting Volleyball Men's National Team.
5. United States Olympic Training Center. Colorado Springs, CO. 2007
   Athletic trainer with USOC Sport Performance and Sports Medicine Volunteer Program
6. The University of Texas Department of Intercollegiate Athletics, Austin, TX. 2002-present
   Assisted Division of Sports Medicine and Athletic Training's medical staff with medical coverage of multiple NCAA and UIL sanctioned events (e.g. Texas Relays, NCAA tournaments, UIL championships) (2002-current) and game day field observation and concussion monitoring at home football games. (2013-16)
7. U.S. Olympic Training Center, Lake Placid, NY. 1996
   Athletic training intern
8. U.S.A. Field Hockey Men's National Team, Lucknow, India. 1996
   Selected by USA Field Hockey to serve as the athletic trainer for Team USA Field Hockey for Indira Gandhi International Tournament
9. Mechanicsburg High School, Mechanicsburg, OH. 1994 – 1995
   Head football athletic trainer (volunteer)
10. Detroit Lions Football Team, Pontiac, MI. 1993
    Intern athletic trainer

Professional Memberships

1. American Fascial Distortion Model Association, 2024-present
2. Central Texas Athletic Trainers' Society, 2005-2015
3. Southwest Athletic Trainers' Association 2002-present
4. National Academy of Sports Medicine, 2002-2018
5. American College of Sports Medicine, 2002-2018
6. Texas State Athletic Trainers' Association, 2001-present
7. National Strength and Conditioning Association, 1992-present
8. National Athletic Trainers' Association, 1991-present

Professional Credentialing

1. Texas Dept. of Licensing and Regulation - Licensed Athletic Trainer (LAT) 2015-present
2. Texas Dept. of State Health Services - Licensed Athletic Trainer (LAT) 2000-2015
3. National Strength & Conditioning Association - Certified Strength & Conditioning Specialist (CSCS) 1999-present
4. Oklahoma Medical Board – Licensed Athletic Trainer (LAT) 1997-2000
5. Board of Certification - Certified Athletic Trainer (ATC) 1994-present
6. Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board - Licensed Athletic Trainer (LAT) 1994-98

Continuing Education

1. SWATA Clinical Symposium, 2026
2. NATA Annual Meeting and Clinical Symposia, 2026
3. SWATA Clinical Symposium, 2025
4. NATA Annual Meeting and Clinical Symposia, 2025
5. Fascial Distortion Model (Module 3), 2024
6. Fascial Distortion Model (Module 2), 2024
7. Fascial Distortion Model World Congress, 2024
8. SWATA Clinical Symposium, 2024
9. NATA Annual Meeting and Clinical Symposia, 2024
10. SWATA Clinical Symposium, 2023
11. NATA Annual Meeting and Clinical Symposia, 2023
12. SWATA Clinical Symposium, 2022
13. NATA Annual Meeting and Clinical Symposia, 2022
14. Fascial Distortion Model (Module 1), 2022
15. NATA Annual Meeting and Clinical Symposia (Virtual), 2021
16. Functional Movement Systems, Selective Functional Movement Assessment, 2020
17. Functional Movement Systems, Functional Movement Screen, 2020
18. Functional Movement Systems, Y-Balance Screen, 2020
19. Manual Therapies for Chronic Ankle Instability: An Update on the Evidence, 2020
20. Concussion Health Summit, 2019
21. SWATA Clinical Symposium, 2019
22. NATA Annual Meeting and Clinical Symposia, 2019
23. Fascial Distortion Model, 2019
24. Institute for Athlete Regeneration Sports Manual Therapy Certification, 2019
25. CAATE Accreditation Conference, 2018
26. SWATA Clinical Symposium, 2018
27. NATA Annual Meeting and Clinical Symposia, 2018
28. Reflexive Pattern Therapy - Dry Needling, 2018
29. SWATA Clinical Symposium, 2017
30. NATA Annual Meeting and Clinical Symposia, 2017
31. Evidence Based Practice in the Management of Sport Related Concussion 2017
32. HawkGrips Instrument Assisted Soft Tissue Manipulation Level I and Level II 2017
33. NATA Education Council Educators' Conference, 2017
34. Fascial Distortion Model, 2016
35. Myofascial Decompression/Cupping, 2016
36. SWATA Clinical Symposium, 2016
37. NATA Annual Meeting and Clinical Symposia, 2016
38. Positional Release Therapy, 2016
39. CAATE Accreditation Conference, 2015
40. SWATA Clinical Symposium, 2015

41. NATA Annual Meeting and Clinical Symposia, 2015
42. Movement System Impairment Syndromes of the Lumbar Spine and Hip: Interactions and Evidence, 2015
43. Dell Children's Medical Center Annual Concussion Conference, 2015
44. Spinal Manipulation, 2015
45. Rod Walters' Athletic Training Educational Seminar, 2015
46. Spinal Manipulation, 2014
47. NATA Annual Meeting and Clinical Symposia, 2014
48. Dynamic Neuromuscular Stabilization: Its role in sports rehabilitation and athletic performance, 2014
49. CAATE Administrators Workshop, 2014
50. SWATA Clinical Symposium, 2014
51. Baylor Institute for Rehabilitation, Evidence Based Practice in Sports Medicine: Tools for Clinical Application, 2014
52. Current and Future Directions of Sport Concussion Management, 2014
53. NATA Annual Meeting and Clinical Symposia, 2013
54. NATA Education Council Educators' Conference, 2013
55. SWATA Clinical Symposium, 2013
56. Nutritional Considerations for the High School Aged Athlete, 2013
57. A New View of Injuries: The Use of Diagnostic Ultrasound for Athletic Trainers, 2013
58. 3M Sports Casting Workshop, 2013
59. Graston Technique M1 Training 2013
60. NATA Annual Meeting and Clinical Symposia, 2012
61. SWATA Clinical Symposium, 2012
62. Sudden Death in the Athlete, 2012
63. Concussion Management and HB 2038, 2012
64. Sports Vision Enhancement, 2012
65. NATA Annual Meeting and Clinical Symposia, 2011
66. NATA Education Council Educators' Conference, 2011
67. SWATA Clinical Symposium, 2011
68. Effective Assessment and Management of Concussions, 2011
69. Enhancing Treatment Outcomes with Therapeutic Modalities, 2010
70. NATA Annual Meeting and Clinical Symposia, 2010
71. Differential Diagnosis and Treatment of the Hip, 2010
72. General Medical Conditions – Does this athlete need to see a physician? 2010
73. SWATA Clinical Symposium, 2010
74. NATA Annual Meeting and Clinical Symposia, 2009
75. Assessment and Treatment of the Sacro Iliac Joint, 2009
76. SWATA Clinical Symposium, 2009
77. NATA Education Council Educators' Conference, 2009
78. Central Texas Athletic Trainers' Society Annual Meeting, 2009
79. University of Mary Hardin-Baylor Athletic Training Workshop, 2009
80. NATA Annual Meeting and Clinical Symposia, 2008
81. Low Back Pain: Combining Structural and Functional Approaches for Optimal Outcomes, 2008
82. SWATA Clinical Symposium, 2008
83. Central Texas Athletic Trainers' Society Annual Meeting, 2008
84. SWATA Clinical Symposium, 2007
85. NATA Annual Meeting and Clinical Symposia, 2007
86. NATA Education Council Educators' Conference, 2007
87. Central Texas Athletic Trainers Sports Medicine Workshop 2007
88. SWATA Clinical Symposium, 2006
89. Neural Tension and Mobility: Evaluation and Treatment, 2006
90. NATA Annual Meeting and Clinical Symposia, 2006
91. Muscle Energy Techniques for the Sacroiliac Joint, 2006

92. Effective Examination and Treatment of Common Shoulder Injuries, 2006
93. Techniques of Evaluation & Manual Therapy for the Spine – Level II, 2006
94. NATA Annual Meeting and Clinical Symposia, 2005
95. Proprioceptive Neuromuscular Facilitation, 2005
96. Techniques of Evaluation & Manual Therapy for the Spine – Level I, 2005
97. NATA Education Council Educators' Conference, 2005
98. SWATA Clinical Symposium, 2004
99. NATA Annual Meeting and Clinical Symposia, 2004
100. NATA Clinical Instructor Educator Seminar, 2004
101. Myofascial Release: State of the Art Tissue Mobilization, 2004
102. College & University Sports Medicine Meeting, 2004
103. NATA Annual Meeting and Clinical Symposia, 2003
104. Joint Mobilization Techniques, 2003
105. SWATA Clinical Symposium, 2003
106. Big XII Medical Aspects of Sport, 2003
107. NATA Education Council Educators' Conference, 2003
108. Approved Clinical Instructor Workshop, 2002
109. NATA Annual Meeting and Clinical Symposia, 2002
110. Big XII Medical Aspects of Sport, 2002
111. Sports Flexibility Seminar, 2001
112. NATA Annual Meeting and Clinical Symposia, 2001
113. Muscle Energy Techniques, 2001
114. Big XII Medical Aspects of Sport, 2001
115. SWATA Clinical Symposium, 2000
116. NATA Annual Meeting and Clinical Symposia, 2000
117. Movement Impairment Syndromes, 2000
118. Big XII Medical Aspects of Sport, 2000
119. JRC-AT Entry-Level Developmental Workshop, 2000
120. NATA Annual Meeting and Clinical Symposia, 1999
121. Current Concepts of Electrical Stimulation, 1999
122. Big XII Medical Aspects of Sport, 1999
123. NATA Annual Meeting and Clinical Symposia, 1998
124. Big XII Medical Aspects of Sport, 1998
125. NATA Annual Meeting and Clinical Symposia, 1997
126. Big XII Medical Aspects of Sport, 1997
127. Current Concepts in Sports Medicine, 1996
128. NATA Annual Meeting and Clinical Symposia, 1995
129. Ohio State University Sports Medicine Center Workshop, 1995
130. NATA Annual Meeting and Clinical Symposia, 1994
131. G.L.A.T.A. Clinical Symposium, 1994
132. Ohio State University Sports Medicine Center Workshop, 1994
133. NATA Annual Meeting and Clinical Symposia, 1993
134. NATA Annual Meeting and Clinical Symposia, 1992