Patricia Chen

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Department of Educational Psychology, The University of Texas at Austin

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EDUCATION

2015 PhD, Social Psychology, University of Michigan, Ann Arbor

Motivational Mindsets About Change: Integrating Lay Theories of Personal and Situational Malleability; Advisor: Phoebe C. Ellsworth

2015 Graduate Teacher Certificate, Horace H. Rackham School of Graduate Studies & Center for Research on Learning and Teaching, University of Michigan, Ann Arbor

2012 M.A. Social Psychology, University of Michigan, Ann Arbor

2010 B.Sc. Psychology & B.Sc. Organizational Studies with *Double Major Highest Distinction and Highest Honors*, University of Michigan, Ann Arbor

Yin and Yang Theory of Competition: Social Comparison and Evaluation Apprehension Reciprocally Drive Competitive Motivation;
Advisor: Stephen M. Garcia

PROFESSIONAL APPOINTMENTS

2026-present Associate Professor
Department of Educational Psychology
College of Education
The University of Texas at Austin

2023-2026 Assistant Professor
Department of Educational Psychology
College of Education
The University of Texas at Austin

2019-2022 Deputy Director
Institute for Applied Learning Sciences and Educational Technology
National University of Singapore

2017-2022 Assistant Professor
Department of Psychology
National University of Singapore

2015-2017 Postdoctoral Researcher
Stanford University

RESEARCH INTERESTS

I am interested in the mindsets and behaviors that facilitate goal achievement and mental health. My research combines theory-building with psychologically wise intervention design to promote the adoption of adaptive mindsets and behaviors that support learning and growth, performance, and well-being at scale.

Topics of expertise: self-regulation, motivation, mindsets, social psychological interventions

AWARDS AND HONORS

2026	Daniel M. Wegner Theoretical Innovation Prize, The Society for Personality and Social Psychology (Mid-career award for a single outstanding contribution that provides the most innovative theoretical contribution to personality and social psychology within a given year)
2024	Outstanding Poster Award, AERA Studying and Self-Regulated Learning Special Interest Group (1 recipient per year for the top poster presentation)
2019	National Research Foundation Fellowship, Singapore (awarded by the Singapore Prime Minister's Office to outstanding early career researchers with breakthrough research ideas)
2015	Postdoctoral Research Fellowship, Stanford University Department of Pediatrics
2014	Pat Gurin Lecture Award, University of Michigan (1 award to the top research submission per area in the University of Michigan Department of Psychology: USD$200 and research lecture)
2013	Barbour Scholarship, University of Michigan (scholarship of USD$19,690 fully covering tuition and stipend, given to women of the "highest academic and professional caliber from the area formerly known as the Orient")
2013	Young Scientist Poster Award for "The Yin and Yang of Competition: Synergistic Effects of Social Comparison and Evaluation Apprehension in Competitive Motivation," Society for the Science of Motivation
2013	Student Research Award Honorable Mention, Association for Psychological Science Student Caucus
2012	Philip Brickman Memorial Prize for Best Graduate Research in Social Psychology, University of Michigan (University of Michigan best research paper in social psychology)
2012	Nomination for Outstanding Graduate Student Instructor Award, University of Michigan
2013, 2012	Institute for Social Research-Rackham Summer Training Award, Institute for Social Research & Rackham Graduate School, University of Michigan
2011-2012	Rackham International Student Fellowship, University of Michigan (USD$10,000 to the top 25 international graduate students throughout the university, nominated by department)
2011	Ruth C. Hamill Graduate Student Research Award, University of Michigan (1 recipient per year for the top research proposal in Social Psychology)

2010-2015 Rackham Graduate Fellowship, University of Michigan
(Full tuition support for 5 years of graduate study)

2010 W.B. Pillsbury Prize Competition for outstanding research performance in experimental psychology, University of Michigan

2010 Virginia L. Voss Memorial Award for excellence in academic writing, University of Michigan

PUBLICATIONS

Google Scholar Profile: https://tinyurl.com/patriciachengooglescholar
h-index: 16; i10-index: 19; citations: 1,529
Note: [*]shared first-authorship; [+]senior authorship; student collaborators' names are in italics

Peer-Reviewed Journal Articles

29. **Chen, P.***, *Chua, K. Q.*, Lim, H. Y., Hoe, Y. S., Teo, Q. K.*, Walton, G. M., & Dweck, C. S. (2025). A Strategic Mindset Enhances Children's Generation of Effective Strategies and Delay of Gratification Across Tasks. *Developmental Psychology, 62*(3), 544–556. https://doi.org/10.1037/dev0001916

28. Chai, V. E., Converse, B. A., Garcia, S. M., & **Chen, P.**[+] (2026). Amicable rivalries and hostile rivalries: Divergent profiles of motivation and unethical conduct. *Journal of Applied Psychology.* Advance online publication. https://doi-org.ezproxy.lib.utexas.edu/10.1037/ apl0001353

27. Preece, D. A., Mehta, A., Wurgaft, D., Levy, C., Spink, K. M., *Teo, Q. K., Jiang, Y.*, Ong, D. C., **Chen, P.**, Bratman, G. N., & Gross, J. J. (2026). Alexithymia and ill-being and well-being: The role of emotion regulation. *Emotion.* Advance online publication. https://doi.org/10.1037/emo0001674

26. *Goldstein, M. G., Santana, M.*, Claro, S., Ong, X. L., & **Chen, P.**[+] (2026). Parental autonomy support predicts adolescents' strategic mindset, which relates to self-regulation and academic achievement in Chile. *Social Psychology of Education, 29*(24). https://doi.org/10.1007/s11218-026-10189-y

25. **Chen, P.** (2025). Asking Better Questions: Strategic Self-Questioning as a Psychologically Wise Intervention. *Perspectives on Psychological Science*, *21*(1), 80-95. https://doi.org/10.1177/17456916251383825
***Awarded the Daniel M. Wegner Theoretical Innovation Prize from The Society for Personality and Social Psychology**

24. **Chen, P.**, *Teo, Q. K., Foo, D. X. Y., Jiang, Y., Sun, L., Ong, X. L., Neo, D., Pereira, D. J. H.*, Tan, B., *Chua, K. Q., Gan. J. X. F.*, & Ong, D. C. (2025). A Strategic Mindset Predicts and Promotes Effective Learning and Academic

Performance. *Nature Publishing Group (npj) Science of Learning, 10*(74). https://doi.org/10.1038/s41539-025-00367-6

23. *Teo, Q.K.*, **Chen, P.**$^{+}$, Fujita, K., & Scholer, A. (2025). Metamotivational Knowledge of Construal Level Predicts Singaporean Students' Academic Performance. *Social Psychology of Education, 28*(175). https://doi.org/10.1007/s11218-025-10132-7

22. Maciejovsky, B., *Teekathananont, G.*, **Chen, P.**, & Garcia, S. M. (2025). Standard-Based Entitlement: How Relative Performance Disclosure Affects Pay Requests. *Journal of Business Ethics.* https://doi.org/10.1007/s10551-025-05995-x

21. *Teo, D.W.H.* & **Chen, P.**$^{+}$ (2024). Effort and Strategy Attributions Motivate Distinct Responses to Failure. *Learning and Motivation, 86*, 101963. https://doi.org/10.1016/j.lmot.2024.101963

20. Ruggeri, K., Stock, F., Haslam, S.A. *et al.* (2024). A synthesis of evidence for policy from behavioural science during COVID-19. *Nature, 625*, 134–147. https://doi.org/10.1038/s41586-023-06840-9

19. *Ng, J. C., Teo, Q. K.*, & **Chen, P.**$^{+}$ (2023). A Teacher Strategic Mindset Predicts Efficacious and Effective Teaching. *Educational Psychology, 43*(9), 1008-1026. https://doi.org/10.1080/01443410.2023.2278399

18. *Neo, D.** & **Chen, P.***$^{+}$ (2023). Leave to Fight Another Day: Having the option to switch promotes a persistence tradeoff. *Motivation Science, 9*(2), 131-143. https://doi.org/10.1037/mot0000291

17. *Loke, Y. M.*, Lim, S., Rukmini, A. V., **Chen, P.**, Wang, J. C. K., & Gooley, J. J. (2023). Development and testing of the Sleep Health And Wellness Questionnaire (SHAWQ) in adolescents and university students: Composite SHAWQ scores are associated with sleep problems, depression symptoms, and academic performance. *Frontiers in Sleep, 2*. https://doi.org/10.3389/frsle.2023.1188424

16. **Chen, P.**, *Teo, D. W. H., Foo, D. X. Y.*, Derry, H. A., Hayward, B. T., Schulz, K. W., Hayward, C. McKay, T. A., & Ong, D. C. (2022). Real-World Effectiveness of a Social-Psychological Intervention Translated from Controlled Trials to Classrooms. *Nature Publishing Group (npj) Science of Learning, 7*, 20. https://doi.org/10.1038/s41539-022-00135-w

15. Ruggeri, K., Panin, A., Vdovic, M., Abdul-Salaam, N., Amatya, J., Amatya, K., … **Chen, P.**, … Garcia-Garzon, E. (2022). The globalizability of temporal discounting. *Nature Human Behaviour, 6*, 1386-1397. https://doi.org/10.1038/s41562-022-01392-w

14. *Weisz, E.*, **Chen, P.**, *Ong, D. C., Carlson, R. W., Clark, M. D.*, & Zaki, J. (2022). A Brief Intervention to Motivate Empathy Among Middle School Students. *Journal of Experimental Psychology: General, 151*(12), 3144–3153. https://doi-org.ezproxy.lib.utexas.edu/10.1037/xge0001249

13. **Chen, P**.*, Ong, D. C.*, *Ng, J. C.*, & Coppola, B. C. (2021). Explore, Exploit, and Prune in the Classroom: Strategic Resource Management Behaviors Predict Performance. *AERA Open, 7*. https://doi.org/10.1177/2332858420986180

12. O'Keefe, P. A., Lee, H. Y., & **Chen, P**. (2021). Changing Students' Beliefs About Learning Can Unveil Their Potential. *Policy Insights from the Behavioral and Brain Sciences, 8*(1), 84-91. https://doi.org/10.1177/2372732220984173

11. **Chen, P.**, *Lin, Y., Pereira, D. J. H.*, O'Keefe, P. A., & Yates, J. F. (2021). Fanning the flames of passion: A develop mindset predicts strategy-use intentions to cultivate passion. *Frontiers in Psychology, 12*, 634903. https://doi.org/10.3389/fpsyg.2021.634903

10. O'Keefe, P. A., Horberg, E. J., **Chen, P.**, & Savani, K. (2021). Should you pursue your passion as a career? Cultural differences in the emphasis on passion in career decisions. *Journal of Organizational Behavior, 43*(9), 1475-1495. https://doi.org/10.1002/job.2552

9. **Chen, P.**, *Powers, J. T., Katragadda, K. R.*, Cohen, G. L., & Dweck, C. S. (2020). A strategic mindset: An orientation toward strategic behaviour during goal pursuit. *Proceedings of the National Academy of Sciences*, *117*(25)*,* 14066-14072. https://doi.org/10.1073/pnas.2002529117

8. *Chwyl, C.*[*], **Chen, P.**[*], & Zaki, J. (2020). Beliefs about Self-Compassion: Implications for Coping and Self-Improvement. *Personality and Social Psychology Bulletin, 47*(9), 1327-1342. https://doi.org/10.1177/0146167220965303

7. **Chen, P.**, *Lee, F.*, & Lim, S. (2020). Loving Thy Work: Developing a Holistic Measure of Work Passion. *European Journal of Work and Organizational Psychology, 29*, 140-158. https://doi.org/10.1080/1359432X.2019.1703680

6. Garcia, S. M., Weaver, K., & **Chen, P**. (2019). The Status Signals Paradox. *Social Psychological and Personality Science, 10*, 690-696. https://doi.org/10.1177/1948550618783712

5. **Chen, P.**, *Chavez, O., Ong, D. C.*, & Gunderson, B. (2017). Strategic Resource Use for Learning: A Self-Administered Intervention That Guides Self-Reflection on Effective Resource Use Enhances Academic Performance. *Psychological Science, 28*(6), 774-785. https://doi.org/10.1177/0956797617696456

4. **Chen, P**., Ellsworth, P.C., & Schwarz, N. (2015). Finding A Fit or Developing It: Lay Theories about Passion for Work. *Personality and Social Psychology Bulletin, 41*(10), 1411-1424. https://doi.org/10.1177/0146167215596988

3. *Huberth, M.*, **Chen, P.**, Tritz, J., & McKay, T.A. (2015). E^2Coach: Computer-tailored Student Support in Introductory Physics. *PLOS One*, *10*(9): e0137001. https://doi.org/10.1371/journal.pone.0137001

2. Garcia, S.M., **Chen, P.**, & *Gordon, M.* (2014). The Letter Versus The Spirit of The Law: A Lay Perspective on Culpability. *Judgment and Decision Making, 9*(5), 479-490. https://doi.org/10.1017/S1930297500006835

1. **Chen, P.**, *Myers, C.G.*, Kopelman, S., & Garcia, S.M. (2012). The Hierarchical Face: Higher rankings lead to less cooperative looks. *Journal of Applied Psychology, 97*(2), 479-486. https://doi.org/10.1037/a0026308

Peer-Reviewed Book Chapters

4. **Chen, P.**, & *Teo, Q. K.* (2024). A Strategic Mindset for Learning and Life. In D. H. W. Loong, A. Jamaludin, & A. A. Rahman (Eds.), *Applying the Science of Learning to Education - An Insight into the Mechanisms that Shape Learning* (pp. 99-112). Springer Nature Pte Ltd.

3. **Chen, P.**, Garcia, S. M., *Chai, V. C.*, & Gonzalez, R. (2021). Comparing and Being Compared: A Dual Process Framework of Competition. In S. R. Thye & E. J. Lawler (Eds.), *Advances in Group Processes, Volume 38* (pp. 143-164). Emerald Publishing.

2. **Chen, P.** (2020). The Strategic Resource Use Intervention. In G. M. Walton & A. Crum (Eds.), *Handbook on Wise Interventions: How Social Psychology Can Help People Change* (pp. 166-188). Guilford Press.

1. **Chen, P.**, & Ellsworth, P. C. (2019). Lay Theories of How Passion for Work is Achieved. In R. J. Vallerand & N. Houlfort (Eds.), *Passion for Work: Theory, Research, and Applications* (pp. 139-168). Oxford University Press.

Articles in Peer-Reviewed Conference Proceedings

1. Ong, D. C., *Asaba, M., Lim, H. Y.*, **Chen, P.**, & Gweon, H. (2021). "If only Santa had one more present": Exploring the development of near-miss counterfactual reasoning. In *Proceedings of the 43rd Annual Meeting of the Cognitive Science Society, 43.* Permalink: https://escholarship.org/uc/item/9jd3r25t

Op-eds and Non-Peer-Reviewed Articles

2. **Chen, P.** (Dec 2017). Will You Keep Your New Year's Resolutions? Easier Said Than Done. *Channel News Asia.* URL: https://www.channelnewsasia.com/commentary/commentary-will-you-keep-your-new-years-resolutions-easier-said-done-985231

1. **Chen., P.** (2017, Summer). A Self-Administered Strategic Resource Use Intervention Promotes Academic Achievement among College Students. *The Studying & Self-Regulated Learning SIG Newsletter*, 22.

Works Under Review

4. *Teo, Q.K.*, *Fan, Y. H.*, & **Chen, P.**[+] (Under review). Synergizing Growth and Strategic Mindsets to Promote Learning and Achievement.

3. *Fan, Y. H.*, *Rutten, L.,* Whittaker, T., **Chen, P.** [+] (R&R). Strategically Regulating Motivation Toward Success: How motivation regulation profiles relate to academic motivation, achievement, and self-regulated learning strategies.

2. **Chen, P.**, *Rutten, L., Woznicki, N., Fan, Y. H.*, Derry, H. A., Hayward, B. T., Hayward, C., Murray, E., & Ong, D. C. (Under review). Scaling Strategic Resource Use: A Sustained Evaluation of the Long-Term Effectiveness of a Social Psychological Intervention in Real-World Classrooms.

1. Schuetze, B., *Ng, J. C., Teo, Q. K.*, Yan, V. X., & **Chen, P.**[+] (Under review). Teachers' Strategy Attributions and Growth Mindset Predict and Promote the Teaching of Self-Regulated Learning.

Works in Preparation

9. **Chen, P.**, Ong, D. C*., Fan, Y. H.*, *Teo, Q. K., Jiang, Y., Mehta, A.*, Gross, J. J., & Dweck, C. S. (3 studies and full draft complete, adding additional field intervention study). Emotion Regulation and Mental Health: The Role of a Strategic Mindset.

8. *Jiang, Y., Pereira, D. J. H.*, & **Chen, P.**[+] (Under revision). Mind Over Matter Makes For a Happier Worker: A Develop Mindset Buffers Job Satisfaction When Reality at Work Falls Short of Expectations.

7. *Teo, Q. K.*, Lee, H. Y., & **Chen, P.**[+] (Fully drafted, co-author editing phase). Growth Mindset Buffers Against Internalizing Symptoms Among School-Aged Students in Singapore: The Moderating Role of Academic Stress.

6. *Fan, Y. H.*, *Shen, J. Y.,* Whittaker, T., **Chen, P.** [+] (Editing). Dynamic Motivation Regulation: Stability, predictors, and outcomes of motivation regulation profiles.

5. *Chin, S.*, Muenks, K., & **Chen, P.**[+] (Editing). The Role of Teachers' Strategic Mindset in Effective Teaching Practices.

4. *Sun, L.*, Goh, C. J., Krishnan, P., & **Chen, P.** [+] (Writing up). A Strategic Mindset Predicts and Enables People to Better Navigate an Uncertain Job Market.

3. Ong, D. C., Jospe, K., Reddan, M., Wu, Z., Kahhale, I., **Chen, P.**, Perry, A., & Zaki, J. (In revision). People optimally and flexibly process emotional information across multiple modalities.

2. *Ong, X. L.*, Hong, R. Y., Kom, D., Liew, P. C., & **Chen, P.**$^{+}$ (Under revision). Associations Among Noncognitive Attributes: Do They Share a Common Core?

1. **Chen, P.***, *Chai, V. E.**, Garcia, S. M., *Gersh, T. D.*, & Gonzalez, R. (Under revision). Comparing and Being Compared in Competitive Motivation.

SELECTED MEDIA COVERAGE OF RESEARCH

Center for Academic Innovation, University of Michigan. September 21, 2022. "Exam Playbook Improves Student Performance in Real-World Course Settings" (https://ai.umich.edu/blog-posts/exam-playbook-improves-student-performance-in-real-world-course-settings/).

BBC Worklife. July 2020. "The mindset you need to succeed at every goal" (https://www.bbc.com/worklife/article/20200722-the-mindset-you-need-to-succeed-at-every-goal).

Quartz. July 2020. "A former student of "growth mindset" scholar Carol Dweck has identified a new mindset for success" (https://qz.com/work/1883138/an-ex-student-of-carol-dweck-identified-a-new-mindset-for-success/)

Chief. August 2020. Strategic Mindset, the Sister of Growth Mindset, is Here to Stay (https://chief.com/articles/strategic-mindset)

Quartz. May 2017. "A Stanford researcher's 15-minute study hack lifts B+ students into the As" (https://qz.com/978273/a-stanford-professors-15-minute-study-hack-improves-test-grades-by-a-third-of-a-grade/).

The Wall Street Journal. Aug 2017. "Before You Study, Ask for Help" (https://www.wsj.com/articles/the-smarter-ways-to-study-1502810531).

Fortune. Dec 2015. "Following your passion is not the only path to success" (http://fortune.com/2015/12/02/passion-job-satisfaction-success/).

The Washington Post. Nov 2015. "The problem with following your passion" (https://www.washingtonpost.com/news/on-leadership/wp/2015/11/06/the-problem-with-following-your-passion).

Los Angeles Times. Nov 2015. "Having a passion for your work may be overrated as a key to success" (http://www.latimes.com/business/la-fi-on-leadership-passion-20151122-story.html).

Business Insider: Strategy. Aug 2015. "Psychologists just debunked the idea that you have to find the perfect job fit to be happy at work" (http://www.businessinsider.com/passion-for-work-is-achieved-two-ways-2015-8).

CNNMoney. Oct 2012. "Saying no to the boss: Why it's essential" (http://management.fortune.cnn.com/2012/10/19/saying-no-to-the-boss-why-its-essential).

Business Insider. Dec 2011. "How can you pick the highest ranked people out of photos?" (http://www.businessinsider.com/how-can-you-pick-the-highest-ranked-people-out-of-photos-2011-12).

Boston Globe. Nov 2011. "Bring your Ivy League game face" (http://www.bostonglobe.com/ideas/2011/11/27/what-makes-kids-smoke/uIFRwGSjUdI2jTw87Ozi9K/story.html).

RESEARCH FUNDING

Principal Investigator Role on External Grants
(PI on over USD$2.4M in grants)

Completed:

Sponsor: National Research Foundation, Singapore
Project Title: Scalable Interventions to Cultivate Strategically Self-Regulated Learners
Funding period: 2019-2022
(the grant was originally awarded for 2019-2024. I submitted an "early completion" termination because I was leaving Singapore for The University of Texas at Austin, and was not permitted to take the grant out of Singapore)
Principal Investigator: Chen, P.
Total funding: USD$1,680,571 (SGD$2,250,620.16)

Completed:

Sponsor: Workforce Development Applied Research Fund
Project Title: Changing Mindsets to Enable Workers to Thrive in an Uncertain Job Market
Funding period: 2021-2022
Principal Investigator: Chen, P.
Co-PI/Co-Is: Tan, B. & Sun, L.
Total funding: USD$426,129 (SGD$570,672)

Completed:

Sponsor: Singapore Millennium Foundation
Project Title: Scalable Mindset Interventions to Nurture Strategic, Self-Regulated Learners
Funding period: 2018-2022
Principal Investigator: Chen, P.
Total funding: USD$335,999 (SGD$449,970)

Under Review:

Sponsor: National Science Foundation
Project Title: CAREER: Strategic by Design: Using AI-Powered Coaches to Foster Metacognitive Self-Regulation for Learning and Well-Being
Funding period: 2027-2032
Principal Investigator: Chen, P.
Total funding requested: USD$799,549
Status: Under review

Collaborator, Key Personnel, or Consultant Role on External Grants

(Collaborator on over USD$5M in grants)

Completed:

Sponsor: Ministry of Education, Singapore
Project Title: Paving the Way Towards Lifewide and Lifelong Learning: Exploring and Fostering Metacognition for Learning and Transfer
Funding period: 2021-2025
Principal Investigator: Lee, N. H., National Institute for Education, Singapore
Co-PI/Co-Is: Caleon, I., Tay, L. Y., Teo, W. P., Ng, D.
Total funding: USD$1,492,644 (SGD$1,998,949)

Completed:

Sponsor: Social Science Research Council, Singapore
Project Title: Advantage of the Future Economy: Role of Universal Mindsets
Funding period: 2020-2023
Principal Investigator: Savani, K., Nanyang Business School, Nanyang Technological University
Total funding: USD$453,355 (SGD$607,133)

Completed:

Sponsor: Social Science Research Council, Singapore
Project Title: Research on Innovating in a Digital Economy (RIDE)
Funding period: 2018-2022
Principal Investigator: Teo, H. H., Department of Information Systems and Analytics, School of Computing, National University of Singapore
Co-PI/Co-Is: Goh, K. Y., Hahn, J., Heng, C. S., Huang, K. W., Jiang, Z., Kankanhalli, A., Tan, B., Tan, C. H., Wei, K. K., Wright, J.
Total funding: USD$3,396,207 (SGD$4,548,200)

Principal Investigator Role on Internal Research Grants

Completed:

Sponsor: Institute for the Application of Learning Sciences and Educational Technology, National University of Singapore
Project Title: Enhancing Teaching by Changing Teacher Mindsets
Funding period: 2020-2022
Principal Investigator: Chen, P.
Total funding: USD$15,053 (SGD$20,160)

Completed:

Sponsor: Humanities and Social Sciences, National University of Singapore
Project Title: Leveraging Technology to create Scalable, Class-Customized Strategic Learning Interventions
Funding period: 2018-2019
Principal Investigator: Chen, P.
Total funding: USD$14,934 (SGD$20,000)

Completed:

Sponsor: Ministry of Education, Singapore
Project Title: Strategic Self-Regulation and Motivational Mindsets
Funding period: 2017-2020
Principal Investigator: Chen, P.
Role and contribution of candidate: PI
Total funding: USD$134,409 (SGD$180,000)

Grants Obtained During Graduate School

Completed:

Rackham Predoctoral Research Grant	2013
Interdisciplinary Committee on Organizational Studies Small Grant Competition	2012
Rackham Graduate Student Research Grant	2012
Rackham Conference Travel Grant	2011 - 2014

PRESENTATIONS

Invited Talks

Chen, P. (2026). *The Science of Motivation for Success.* INSPIRE, Nanyang Technological University, Singapore.

Chen, P., (2026). *Asking Better Questions: Strategic Questioning as a Psychologically Wise Intervention.* Invited opening talk at the Intervention Science Preconference, The Society for Personality and Social Psychology, Chicago, IL.

Chen, P., (2025). *A Strategic Mindset Supports Effective Strategy Use and Goal Achievement.* Motivation Lab, New York University, New York, NY.

Chen, P., (2025). *A Strategic Mindset Supports Effective Strategy Use for Learning, Self-Regulation, and Performance*. Dana Center Launch Years Convening, The University of Texas at Austin, Austin, TX.

Chen, P., (2024). *A Strategic Mindset Supports Effective Learning and Achievement*. Learning and The Brain Conference, San Francisco, CA.

Chen, P., (2024). *Developing A Strategic Mindset and Effective Learning Strategies for Success*. INSPIRE, Nanyang Technological University, Singapore.

Chen, P., (2024). *A Strategic Mindset Supports Effective Learning and Achievement*. Senior Specialist Talk, Ministry of Education, Singapore.

Chen, P., (2024). *A Strategic Mindset Enhances Children's Generation of Effective Strategies and Delay of Gratification Across Tasks*. Preschool Education Branch, Ministry of Education, Singapore.

Chen, P. (2024). *A Strategic Mindset Predicts and Promotes Effective Learning and Performance*. Mindsets for Inclusive Learning Environments in STEM (MILES) Symposium, Austin, TX.

Chen, P., (2024). *A Strategic Mindset Enhances Children's Generation of Effective Strategies and Delay of Gratification Across Tasks*. Centre for Research in Child Development, Office of Education Research, National Institute of Education, Singapore.

Chen, P., (2024). *A Strategic Mindset Supports Effective Strategy Use and Goal Achievement.* National Institute of Education*,* Singapore.

Chen, P. (2023). *What Can I Try: A Strategic Mindset Facilitates Effective Delay of Gratification Across Situations*. Social Psychology Brown Bag Invited Talk, Department of Psychology, The University of Texas at Austin, Austin, TX.

Chen, P. (2023). *What Can I Try: A Habit of Strategizing Facilitates Effective Delay of Gratification Across Situations*. Developmental Psychology Brown Bag Invited Talk, Department of Psychology, The University of Texas at Austin, Austin, TX.

Chen, P. (2023). *What Can I Try: A Habit of Strategizing Facilitates Effective Delay of Gratification Across Situations.* HDCLS Colloquium Invited Talk, College of Education, The University of Texas at Austin, Austin, TX.

Chen, P., (2023). *Real-World Effectiveness of a Psychological Intervention Translated from Controlled Trials to Classrooms*. AIM Research Talk Series, University of Michigan, Ann Arbor, MI.

Chen, P., (2022). *From Controlled Trials to Classrooms: Using Psychological Research and Interventions to Promote Strategic Learning at Scale.* RTSC-MMN Divisions, Ministry of Education, Singapore.

Chen, P. (2021). *Strategic Goal Pursuit*. Organizational Studies & Department of Psychology Invited Talk, Organizational Studies & Department of Psychology, The University of Michigan, Ann Arbor, MI.

Chen, P. (2021). *Strategic Self-Regulation for Learning and Life*. HDCLS Colloquium Invited Talk, College of Education, The University of Texas at Austin, Austin, TX.

Chen, P. (2021). *Strategic Goal Pursuit*. Department of Psychology Invited Talk, Department of Psychology, The University of Waterloo, Canada.

Chen, P. (2021). *From Lab to Desk: Natural Use and Effectiveness of the Exam Playbook.* ECoach Summer Summit, University of Michigan, Ann Arbor, MI.

Chen, P. (2020). *Nurturing Strategic Learners*. Ministry of Education, Singapore. (Talk attended by the Director General of Education, Ministry of Education, Singapore)

Chen, P. (2020). *Leveraging Psychological Wisdom to Promote Strategic Thinking and Behavior.* Science of Learning Series, National Institute of Education, Singapore.

Chen, P. (2019). *Exam Playbook: From Field Test to Free Resource.* ECoach Expansion Symposium Invited Talk, University of Michigan, Ann Arbor, MI.

Chen, P. (2019). *Small Stones Make Big Ripples: Psychologically wise interventions to impact education at scale.* Board of Trustees Lunch Talk, National University of Singapore, Singapore.

Chen, P. (2017). *One Village's Journey: Research-Practice Symbiosis in Creating a Successful Psychological Intervention for Education.* Investigating Translational Education Research Lecture Series, Digital Innovation Greenhouse, Ann Arbor, MI.

Chen, P. (2017). *Well-Directed Effort: Fostering Strategic Self-Regulation for Effective Goal Pursuit.* Invited talk in the Motivation Lab, University of Michigan, Ann Arbor, MI.

Chen, P. (2017). *Well-Directed Effort: Fostering Strategic Self-Regulation for Effective Goal Pursuit.* Invited talk in the Gehring Human Brain Electrophysiology Lab, University of Michigan, Ann Arbor, MI.

Chen, P. (2016). *Finding A Fit or Developing It: Lay Theories about Passion for Work.* Invited talk at the Affective Sciences Seminar, Department of Psychology, Stanford University, Stanford, CA.

Chen, P. (2016). *Well-Directed Effort: Fostering Strategic Self-Regulation for Effective Goal Pursuit*. Invited talk at the Department of Psychology, National University of Singapore, Singapore.

Chen, P., Ellsworth, P.C., & Schwarz, N. (2014). *Finding A Fit or Developing It: Lay Theories about Passion for Work*. Invited talk at The Duckworth Lab, University of Pennsylvania, Philadelphia, PA.

Chen, P., Ellsworth, P.C., & Schwarz, N. (2014). *Finding A Fit or Developing It: Lay Theories about Passion for Work.* University of Michigan Decision Consortium, Ann Arbor, MI.

Chen, P., Schwarz, N., & Ellsworth, P. C. (2014). *When Quitters Don't Quite Quit: Putting Lay Theories into Context*. Pat Gurin Distinguished Lectures, University of Michigan, Ann Arbor, MI.
(Talk presented as part of receiving the Pat Gurin Lecture award)

Chen, P. (2014). *Negotiating Genuinely Workshop*. Invited workshop on negotiations for the Oakland County School Purchasing Officials (OCSPO), Oakland, MI.

Chen, P., Schwarz, N., Ellsworth, P. C. (2013). *When Quitters Don't Quite Quit: Putting Lay Theories into Context.* University of Michigan Decision Consortium, Ann Arbor, MI.

Chen, P., Schwarz, N. (2011*). The Expert's Bias: Metacognitive Experiences in Medical Decision-Making*. University of Michigan Decision Consortium, Ann Arbor, MI.

Conference Symposia as Main Organizer or Co-Organizer

Note: These often include giving a conference paper talk as part of the symposia, which I have included below the symposium information where applicable.

Symposium: Exploring the Optimal Use of Motivation Regulation Strategies for Academic Success
Co-organizer: Yang-Hsin Fan (The University of Texas at Austin), David Miele (Boston College)

Symposium: Motivating Effective Strategy Use Through Interventions
Co-organizer: Matthew L. Bernacki (University of North Carolina – Chapel Hill)

Chen, P., *Teo, Q. K., Neo, D., Sun, L., Jiang, Y., Ong, X. L., Foo, D. X. Y.*, & Ong, D. C. (2025). *A Strategic Mindset Intervention Heterogeneously Promotes Effective Strategy Use and Achievement.* American Educational Research Association Annual Meeting, Denver, CO.

Symposium: Rubber meets road: Social-psychological interventions focused on motivating effective strategies
Co-organizer: Cameron Hecht (Rutgers University)

Chen, P., *Teo, Q. K., Neo, D., Sun, L., Jiang, Y., Ong, X. L., Foo, D. X. Y.*, & Ong, D. C. (2025). *A Strategic Mindset Supports Effective Strategies and Performance in Adolescence*. Society for Personality and Social Psychology Annual Convention, Denver, CO.

Symposium: Cultivating Learners Ready for the Future
Co-organizer: Sun Lining (National University of Singapore)

Chen, P., *Neo, D., Teo, Q. K., Chua, X. H., Foo, D. X. Y., Sun, L., Jiang, Y., Ong, X. L., Iyer, N.*, & Ong, D. C. (2022). *A Strategic Mindset That Predicts Flexibility and Effective Methods for Learning and Achievement.* Society for Personality and Social Psychology Annual Convention, Virtual.

Symposium: Being Strategic: Making People More Strategic at Managing Their Learning, Motivation, and Performance (Conference cancelled due to covid-19, symposium proceeded online through webinar)

Chen, P., *Powers, J. T., Katragadda, K. R.*, Cohen, G. L., & Dweck, C. S. (2020). *A Strategic Mindset.* Association for Psychological Science Annual Convention, Chicago, IL.

Symposium: Beyond Sheer Will: The Strategic Regulation of Motivation in Goal Pursuit
Co-organizer: Lile Jia (National University of Singapore)

Chen, P., *Powers, J. T., Katragadda, K. R.,* Cohen, G. L., & Dweck, C. S. (2019). *A Strategic Mindset.* Society for the Science of Motivation Conference. Washington, DC.

Symposium: Psychological Interventions for Behavior Change and Goal Achievement

Chen, P., *Chavez, O., Ong, D. C.*, & Gunderson, B. (2018). *Strategically-Directed Effort: Self-Reflective Resource Use Promotes Better Academic Outcomes.* Association for Psychological Science Annual Convention, San Francisco, CA.

Symposium: The Self-Regulation of Motivation and Interventions that Enable It

Chen, P., *Lin, Y.*, & Frank, J. F. (2018). *Controlling Your Passions: Mindsets Influence the Strategies People Use to Regulate Their Passion During Goal Pursuit.* Society for the Study of Motivation Conference, San Francisco, CA.

Symposium: Motivating Change Within and Without
Co-organizer: Kentaro Fujita (The Ohio State University)

Chen, P., *McBrairty, A., Lin, Y.*, & Laurin, K. (2015). *Adapting to Things You Cannot Change, and Changing the Things You Can*. Society for the Science of Motivation Conference, New York, NY.

Symposium: More Ways that Mindsets Matter: New Perspectives in Lay Theory Research
Co-organizer: Anne Wilson (Wilfrid Laurier University)

Chen, P., Schwarz, N., & Ellsworth, P. C. (2014). *When Quitters Don't Quite Quit: Putting Implicit Theories into Context.* Society for the Science of Motivation Conference, San Francisco, CA.

Conference Presentations

Note: These are invited research talks as part of other Chairs' symposium sessions, excluding those already mentioned in Conference Symposia section which I was the Chair/Co-Chair.

Chen, P. (2026). *Scaling Strategic Resource Use: Evaluating the Translational Effectiveness of the Exam Playbook Intervention.* American Educational Research Association Annual Meeting, Los Angeles, CA.

Fan, Y. H., Shen, J. Y., & Chen, P. (2026). *Dynamic Motivation Regulation: Stability, Predictors, and Outcomes of Motivation Regulation Profiles Among Sixth-Grade Students.* American Educational Research Association Annual Meeting, Los Angeles, CA.

Maciejovsky, B., Teekathananont, G., Chen, P., & Garcia, S. M. (2025). *Standard-Based Entitlement: How Relative Performance Disclosure Affects Pay Requests.* Academy of Management. Copenhagen, Denmark.

Chen, P., (2024). *A Strategic Mindset Supports Effective Learning and Achievement.* Learning & the Brain Conference. San Francisco, CA.

Chen, P., (2024). *From Controlled Trials to Classrooms: Analyzing the Translational Effectiveness of a Social-Psychological Intervention "in the Wild*". Intervention Science Preconference, Society for Personality and Social Psychology Annual Conference. Washington, DC.

Chai, V. E., Chen, P., Converse, B., & Garcia, S. M. (2024). *Rivals with Benefits: Amicable Rivals Motivate Without Encouraging Unethical Behavior*. Can a Rivalry Ever End? Merging Micro and Macro Management Perspectives Symposium, Academy of Management, Chicago, IL.

Chai, V. E., Chen, P., Converse, B., & Garcia, S. M. (2024). *Amicable Rivalry: Competitive Relationships that Increase Motivation Without Compromising Ethicality*. International Association for Conflict Management*,* Singapore.

Rutten, L., Chen, P., *Woznicki, N.*, Hayward, C., Murray, E., Derry, H. A., Hayward, B. T., & Ong, D. C. (2024). *Effectiveness of a Self-Administered Strategic Resource Use Intervention During and Out of COVID-19*. American Educational Research Association Annual Meeting, Philadelphia, PA.

Teo, Q. K., Lee, H. Y., & Chen, P. (2023). *Growth Mindset Buffers Against Academic Stress-induced Internalizing Symptoms Among School-aged Students in Singapore.* Educational Research Association of Singapore & World Education Research Association, Singapore.

Chen, P., *Teo, Q. K., Neo, D., Pereira, D. J. H., Foo, D. X. Y., Sun, L., Ong, X. L., Jiang, Y., Chua, X. H., Iyer, N.*, Dweck, C. S., & Ong, D. C. (2023). *A Strategic Mindset Matters for Effective Learning and Achievement.* Exploring the Role of Metamotivational Beliefs on Self-Regulation during Goal Pursuit Symposium, Association for Psychological Science, Washington, DC.

Chen, P., (2022). *From Controlled Trials to Classrooms: Analyzing the Translational Effectiveness of a Social-Psychological Intervention "in the Wild"*. Self-Regulated Learning Interventions Within Schools and Other Contexts Symposium, AERA, Virtual.

Sun, L., Chen, P., & Tan, B. (2022). *Treat Life as an Experiment: An Experimental Mindset Predicts the Navigation of an Uncertain Job Market.* Flash Talk, Association for Psychological Science, Chicago, IL.

Chai, V. E., Chen, P., & Garcia, S. M. (2022). *Rivals with Benefits: Friendly Rivals Motivate Without Encouraging Unethical Behavior.* Unveiling Variations in 'the Other': How Relationships Drive Intergroup and Interpersonal Dynamics Symposium, Academy of Management, Hybrid format, Seattle, WA.

Chen, P., (2021). *Fanning the Flames of Passion: A Develop Mindset of Passion Predicts*

Strategy Use Intentions to Cultivate Passion. Passion Symposium, Society for Personality and Social Psychology, Virtual.

Chen, P., (2021). *A Strategic Mindset: An Orientation Toward Being Metacognitive During Goal Pursuit.* Expanding the Role of Metamotivational Knowledge in Academic Self-Regulation, AERA, Virtual.

Chen, P., (2021). *Explore, Exploit, and Prune in the Classroom: Strategic Resource Management Behaviors Predict Performance*. Contextualizing Knowledge and Decision-Making in Strategic Learning, AERA, Virtual.

Chen, P., (2021). *A Strategic Mindset Makes People Metacognitively Wiser.* The Science of Wisdom in the Face of World's Social Challenges, Asian Association of Social Psychology, Seoul, Korea.

Jia, L., *Neo, D.*, & Chen, P. (2019). *Planned Indulgence in Temptation Sustains Motivation in Long-Term Goal Pursuit.* Society for the Science of Motivation Conference, Washington, DC.

Chen, P. (2018). *Research-Practice Symbiosis in Using Psychological Interventions for Institutional Change. Flash Talk.* The Social and Personality Psychology of Scaling Up Preconference, Society for Personality and Social Psychology, Atlanta, GA.

Ong, D. C., Chen, P., *Chavez, O.*, & Gunderson, B. (2018) *Strategically-Directed Effort: Self-Reflective Resource Use Promotes Better Academic Outcomes*. Data Blitz talk. Society for the Science of Motivation Conference, San Francisco, CA.

Chen, P., Ellsworth, P.C., & Schwarz, N. (2016). *Finding A Fit or Developing It: Lay Theories about Passion for Work*. Society for the Science of Motivation Conference, Chicago, IL.

Chen, P., Garcia, S.M., Gonzalez, R., & *Gersh, T.* (2014). *Comparing and Being Compared in Competitive Motivation.* Academy of Management, Philadelphia, PA.

Chen, P., Garcia, S.M., Gonzalez, R., & *Gersh, T.* (2014). *Comparing and Being Compared in Competitive Motivation*. International Association for Conflict Management, Leiden, the Netherlands.

Chen, P., Schwarz, N., & Ellsworth, P. C. (2014). *When Quitters Don't Quite Quit: Putting Lay Theories into Context.* Midwestern Psychological Association Conference, Chicago, IL.

Garcia, S.M., Chen, P., & *Gordon, M.* (2014). *The Letter Versus The Spirit of The Law: A Lay Perspective on Culpability.* American Psychology-Law Society, New Orleans, LA.

Chen, P., Schwarz, N., & Ellsworth, P.C. (2014). *When Quitters Don't Quite Quit: Putting Lay Theories into Context.* Common-Sense Beliefs and Lay Theories Preconference, Society for Personality and Social Psychology, Austin, TX.

Chen, P., *Myers, C.G.*, Kopelman, S., & Garcia, S.M. (2012). *Your Rank is Written on Your Face: Higher Rankings Lead to Less Cooperative Looks.* Nonverbal Preconference, Society for Personality and Social Psychology, San Diego, CA.

TEACHING EXPERIENCE

- Social Psychology (EDP 382C graduate seminar)
- Psychologically Wise Interventions (EDP 382C graduate seminar)
- Advanced Social Psychology (PL4207 undergraduate Honors seminar)
- Motivation and Behavior Change (PL5309/PL5309R upperclass undergraduate and graduate seminar)
- Motivation and Self-Regulation (PL6885 graduate seminar)
- Cognition, Human Learning, and Motivation (EDP/ALD 320 undergraduate class)
- Industrial and Organizational Psychology (PL3239 undergraduate class)
- Psychology of Influence (Honors 135 freshman Honors Program seminar)
- Negotiating Genuinely Workshop

Graduate Student Instructor/Teaching Assistant

- Introduction to Social Psychology (Psych 280)
- Social Cognition (Psych 487)

Guest Lectures

- Psychology of Design (emotional design & choice architecture; 2012)
- Attraction and Relationships (2012)

STUDENT ADVISING AND STUDENT-RELATED SERVICE

Students' Honors and Awards

2024 Qiao Kang Teo (Ph.D. student): Best Poster Award at the Intervention Science Preconference of the Society for Personality and Social Psychology Conference, San Diego, CA.

2023 Qiao Kang Teo (Ph.D. student): ERAS Conference Student Research Paper Prize at the ERAS-WERA Conference in Singapore.

2016 Christina Chwyl (Honors Thesis co-mentored advisee): Firestone Medal for Excellence in Undergraduate Research at Stanford University.

Postdoc Advising

Sun Lining, Ph.D.

Xiang Ling Ong, Ph.D.

Doctoral Dissertation Advising (Primary Advisor)

Yang-Hsin Fan, The University of Texas at Austin, 2024-present.

Seulki K. Chin, The University of Texas at Austin, 2024-present.

Qiao Kang Teo, National University of Singapore, 2019-2024.

Yifan Jiang, National University of Singapore, 2019-2024.

Jessica C. Ng, National University of Singapore, 2017-2022.

Dissertation or Qualifying Process (QP) Committee Member

Luke Rutten, Ph.D. in Educational Psychology, The University of Texas at Austin, 2025
(QP Committee Member & Dissertation Committee Member)

Stephanie D. Rea, Ph.D. in Educational Psychology, The University of Texas at Austin, 2025
(Dissertation Committee Member)

Patrick James, Ph.D. in Counseling Psychology, The University of Texas at Austin, 2025
(QP Committee Member)

Caroline Weppner, Ph.D. in Counseling Psychology, The University of Texas at Austin, 2024-2025 (QP Committee Member & Dissertation Committee Member)

Jee Yun Park, Ph.D., in Communications, The University of Texas at Austin, 2024-2025
(Comprehensive Exam & Dissertation Committee Member)

Masters Research Advising (Primary Advisor and Thesis Committee Chair)

Valentino E. Chai, Master of Social Sciences (Psychology),
National University of Singapore, 2022
- Currently Ph.D. student at Stanford Graduate School of Business, Stanford University

Damien Soon Wei Xiang, Master of Social Sciences (Psychology),
National University of Singapore, 2021
- Currently Ph.D. student in Business Economics at the University of Cambridge, UK

Don J. H. Pereira, Master of Social Sciences (Psychology),
National University of Singapore, 2021

Delphinna Neo, Master of Social Sciences (Psychology),
National University of Singapore, 2021

Adeline Chia Hui Ning, Master of Social Sciences (Clinical),
National University of Singapore, 2019

Masters Thesis Committee Member

Miranda G. Goldstein, The University of Texas at Austin, 2024

Emilio Delboy, The University of Texas at Austin, 2023

Undergraduate Honors Theses (Primary Advisor)

Iyer Niveditha, Zhenglong Wong, Xi Hui Chua, Natalya Jia Yu Wickramsuriya, Davin Fong, Xin Ying Ng, Don J. H. Pereira, Christina Chwyl, Gladys Tan, Alexander McBrairty

Full-Time, Post-Baccalaureate Research Assistants Advising

Daniel X. F. Foo, Xi Hui Chua, Hui Yan Lim, Joyce Lim Kian Ying, Sharon Hoe, ChangJun Goh, Pradeep Krishnan

ADMINISTRATIVE AND PROFESSIONAL SERVICE

Professional Service

Editorial Service: Editorial Board Member

Social Psychological and Personality Science, 2022 - present

Ad-Hoc Editorial Service: Selected List of Ad-Hoc Reviewing

Proceedings of the National Academy of Sciences

Journal of Personality and Social Psychology

Psychological Science

Personality and Social Psychology Bulletin

Journal of Experimental Psychology: General

Educational Psychology Review

Motivation Science

Learning and Instruction

Cerebral Cortex

Conference Program Committee & Reviewing

Program Committee, Society for the Science of Motivation Conference, 2019

Young Scientist Poster Award Reviewer, Society for the Science of Motivation, 2014, 2015

International Association for Conflict Management Conference reviewer, 2014

Professional Memberships

American Educational Research Association

Society for the Science of Motivation

Society for Personality and Social Psychology

Association for Psychological Science

University Service

2026	Accountability by Design Working Group, Center for Teaching and Learning & McCombs Office of Instructional Innovation, The University of Texas at Austin
2019-2022	Deputy Director, Institute for Applied Learning Sciences and Educational Technology, National University of Singapore
2020, 2021	University Internal Grant Reviewer and Grant Review Committee Member for Singapore Ministry of Education Tier 2 Grants, National University of Singapore
2017-2022	Research Theme Lead, Institute for Applied Learning Sciences and Educational Technology, National University of Singapore
2019	National Research Foundation Grant Terms Committee
2014	Preparatory Initiative Planning Team Social/ Affective Dynamics Advisor, University of Michigan (Advisory role on UM committee responsible for planning an initiative for academically disadvantaged students to navigate Business School pre-requisites and applications)
2012-2013	Asian/ Asian American Psychology Student Association Co-Chair, University of Michigan
2011	I-Connect Ambassador (responsible for facilitating the integration of international graduate students and helping them adjust to life and studies in America)

College Service

2026	Dean's Promising Scholars Committee, College of Education, The University of Texas at Austin
2025	College of Education Dean's Distinguished Professional-Track Committee Member, College of Education, The University of Texas at Austin
2024	College of Education Alumni Awards Committee, College of Education, The University of Texas at Austin

Departmental Service

2026	Professional Track Faculty Search, Department of Educational Psychology, The University of Texas at Austin
2026	Peer Teaching Observer, Department of Educational Psychology, The University of Texas at Austin
2023-present	Graduate Studies Committee, Department of Educational Psychology, The University of Texas at Austin
2025	Faculty Teaching Review Committee Chair, Department of Educational Psychology, College of Education, The University of Texas at Austin
2025	Human Development, Culture, and Learning Sciences Student Research Award Committee Co-Chair, Department of Educational Psychology, College of Education, The University of Texas at Austin
2020-2021	Graduate Committee, Department of Psychology, National University of Singapore
2017-2020	Departmental Ethics Research Committee, Department of Psychology, National University of Singapore
2013-2014	Psychology Department Executive Committee Student Member, Department of Psychology, University of Michigan (1 of 2 graduate students selected annually to serve on the Psychology Executive Committee with faculty from each area of psychology. The Executive Council makes department-wide decisions concerning faculty and staff hires, promotions, graduate student affairs, VIP speaker events, etc.)
2013-2014	Psychology Departmental Associate of the Graduate Student Council, Department of Psychology, University of Michigan (1 of 2 graduate students selected annually to attend Department Faculty meetings)
2014	Graduate Student Panel Moderator to help orient incoming Psychology Ph.D. students to the department, Department of Psychology, University of Michigan
2013	Social Psychology Area Admissions Committee, Department of Psychology, University of Michigan
2012	Social Psychology Department Recruitment Committee, University of Michigan

National and Community Service

Note: some of these have been mentioned in earlier sections, but I am highlighting selected examples here to illustrate my service to the nation and to the communities that I am a part of.

- *"Scalable Interventions to Cultivate Strategically Self-Directed Learners."* Research sharing (virtual) organized and presented by me and my Ph.D. student, Qiao Kang Teo, to invited Secondary School leaders, Ministry of Education representatives, and researchers from the National Institute of Education, Singapore, 2024.
- *"A Strategic Mindset Supports Effective Learning and Achievement*." Invited research talk at Learning and the Brain Conference that I gave to educators and clinicians from around the USA, San Francisco, CA, 2024.

- *"From Controlled Trials to Classrooms: Using Psychological Research and Interventions to Promote Strategic Learning at Scale."* Invited research sharing to the RTSC-MMN Divisions, Ministry of Education, Singapore, 2022.
- *"Cultivating Self-Directed Students with the Skill, Will, and Self-Regulation to Learn."* Research sharing (virtual) organized and presented by my grant research team to invited Primary School leaders, Ministry of Education representatives, and researchers from the National Institute of Education, Singapore, 2022.
- *"Cultivating Self-Directed Students with the Skill, Will, and Self-Regulation to Learn."* Research sharing (virtual) organized and presented by my grant research team to invited Secondary School leaders, Ministry of Education representatives, and researchers from the National Institute of Education, Singapore, 2021.
- *"Nurturing Strategic Learners*." Invited research talk presented to the Director General of Education, policy leaders, researchers, and civil servants at the Ministry of Education, Singapore, 2020.